

WOODWAY®

For The Long Run®

Curve LTG Firmware Update for I-Phone



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1 Firmware Update for F63 Control Panel

1.1 Downloading SUNRISE-OTA app

1. Download the “sunrise-ota” app using the link below.

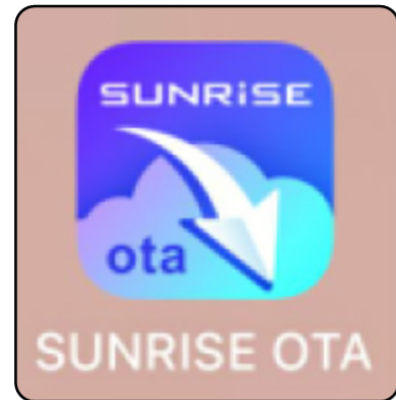
I-Phone - <https://apps.apple.com/us/app/sunrise-ota/id1492668461>

Download the “SUNRISE OTA” from APP Store and install to the cell phone or portable device with Bluetooth.

Make sure the cell phone or portable device can receive email

NOTE: The update program file will be sent to the email as an *.bin format email attachment.

The anplus-ota app icon is as shown.

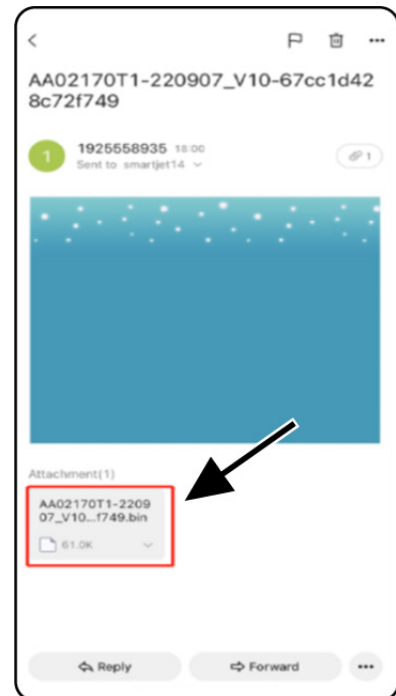


1.2 Download File and Save to Device.

Open the email that was sent with the update .bin file and save the file to the phone, or in some cases the .bin file may be saved directly to the sunrise-ota app

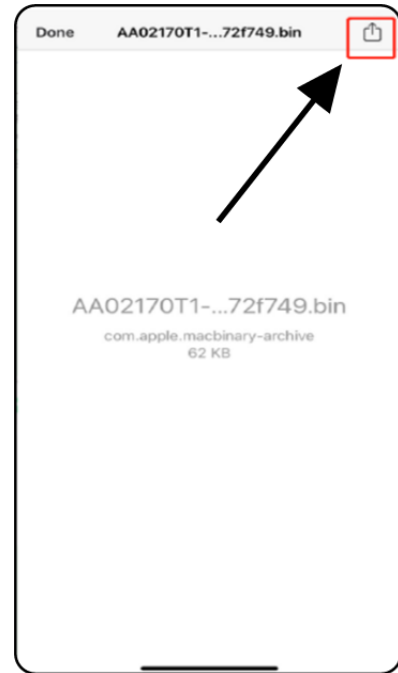
1. Open your email app on the cell phone or portable device, locate the email with the *.bin attachment.

Click the attachment.

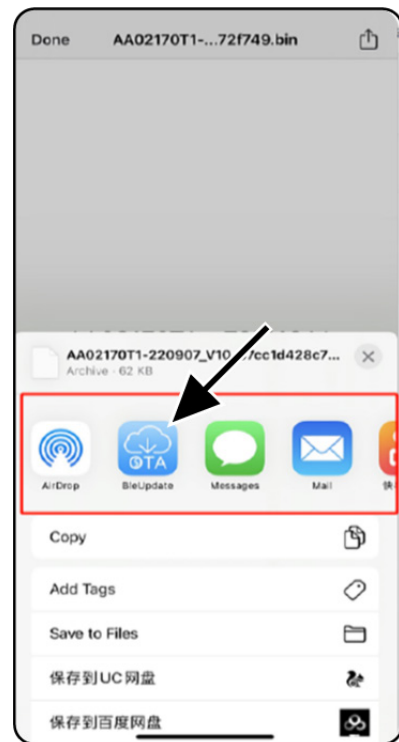


2. Click the arrow key in the upper right corner, as shown, to access the share list and then share to Sunrise app.

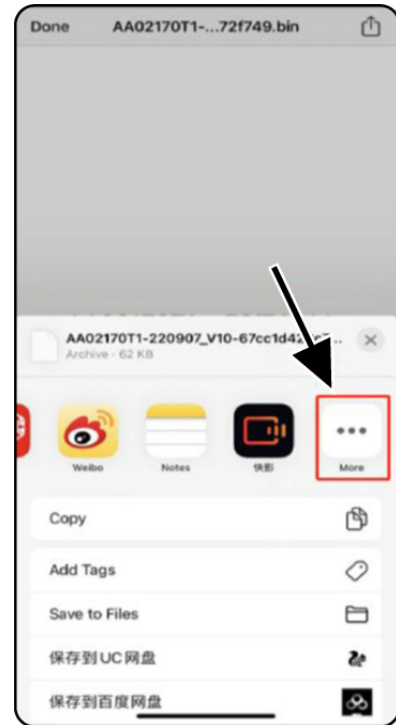
(Different email app may have different screen.)



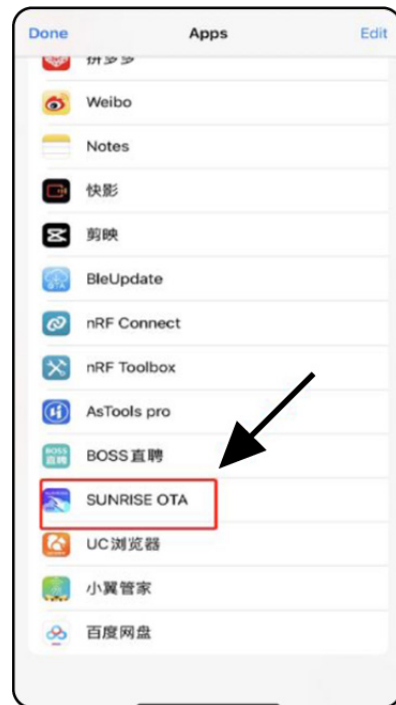
3. Access the share list and then share to Sunrise app.



4. Depending on the i-Phone version you may have to scroll to the “More” tab and select.



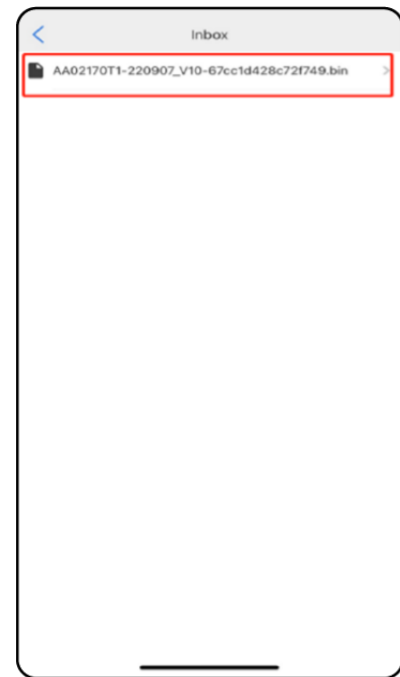
5. Then scroll to find the Sunrise OTA .app and select.



6. When the .app is selected the screen will automatically switch to the Sunrise app inbox screen.

When the sharing is complete, the .bin file appear in the SUNRISE APP inbox.

Click on the updated file to load in.



3 Setting the Treadmill Into Program Mode

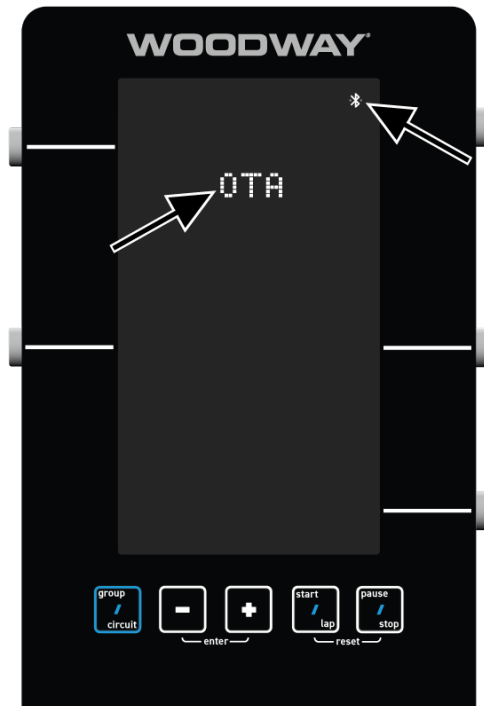
NOTICE

NOTICE: In order to install the update the treadmill belt surface must remain moving the entire time!! (at least 1 mile per hour)
 During the upload process the Control Panel / Display is powered by the generator.
 The upload procedure takes approximately 4-5 minutes.

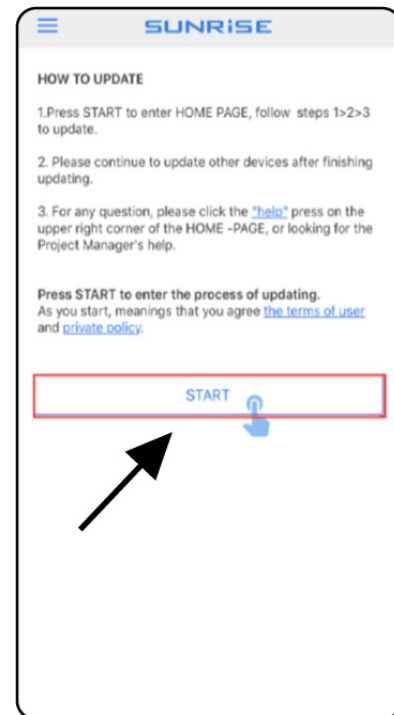
1. With the Treadmill belt moving and the display active, press and hold these three buttons simultaneously "Minus" / "Plus" and "Pause/Stop"



2. Continue holding the three buttons until the center of the "Information Hub" displays OTA (Over The Air) and the Bluetooth icon in the upper right corner.

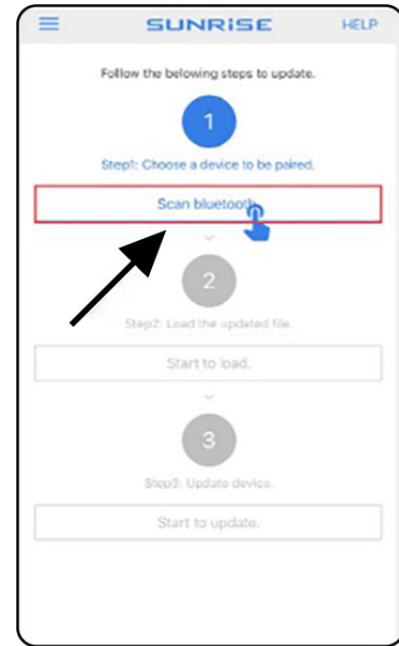


3. Open the "SUNRISE OTA " APP and click the " START " button to enter the OTA process.

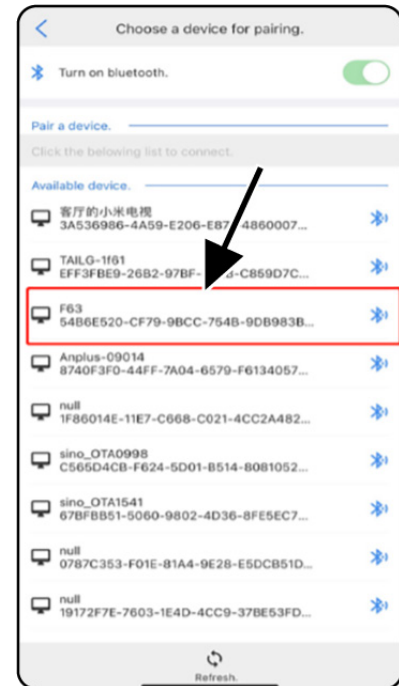


2 Bluetooth Pairing

1. "Choose a device to be paired"
Click the "SCAN BLUETOOTH" button.
Make sure Bluetooth on the cell phone or portable device is turned on.

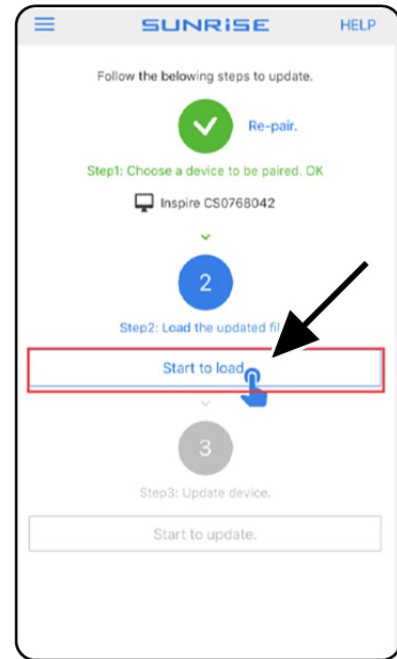


2. After pressing the "SCAN BLUETOOTH" the screen will load with all surrounding Bluetooth devices within range. If the treadmill is not found click the "Refresh" key below to re-scan.
Once found the Console's Bluetooth name as "F63" in the device list.
It will rescan for 10 seconds, until the rescan countdown to 0 can connect to Bluetooth devices.



3. When Bluetooth connection is successful, the Screen will revert to the SUNRISE app screen.
The top step will display in green showing that the device has been paired.

4. Press the "START TO LOAD" button, find the program to update in the cell phone or portable device, as shown.



5. Find the program to update in the inbox, and select it.



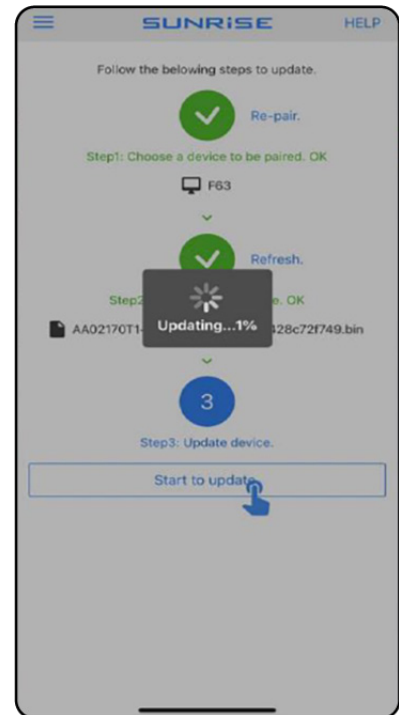
6. Press the “Start to Update”



7. The app displays the updating progress.
Wait approximately 3-4 minutes and make sure the Console is powered the entire time.

When the app shows “100%” updated, the screen reverts back to the original screen.

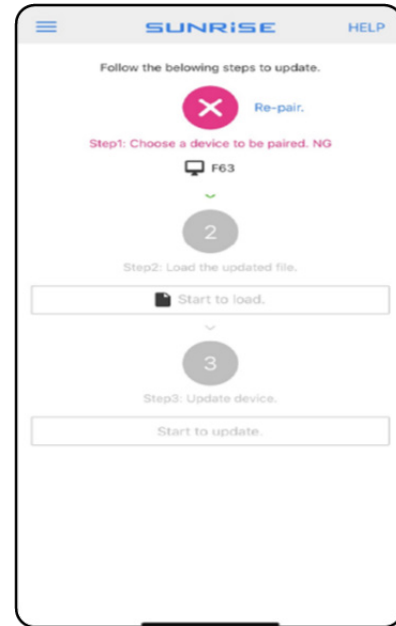
Meanwhile the console beeps and automatically restarts.



- When the app shows “100%” updated, the screen reverts back to the original SUNRISE .app screen.

LTG console beeps and automatically restarts.

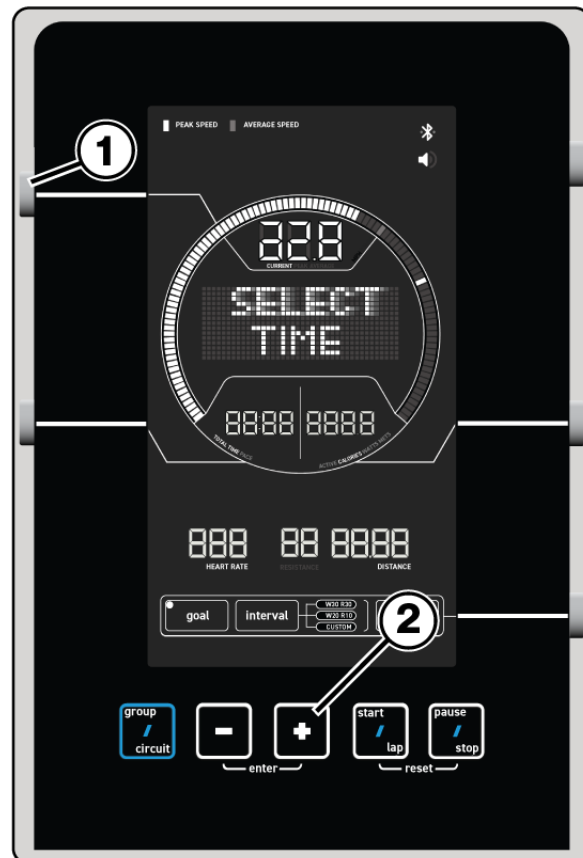
Update is complete.



- To confirm the update the user may enter the control console into “Default Menu”.

Press and hold both the **“Speed Data Toggle” (1)** and the **“(+) HUB Navigation Button” (2)** for 5 Seconds.

Use the + button to navigate through the menu options until the 12th selection is reached.



When the 12th default is reached the screen will display "About LTG.V2.06."

