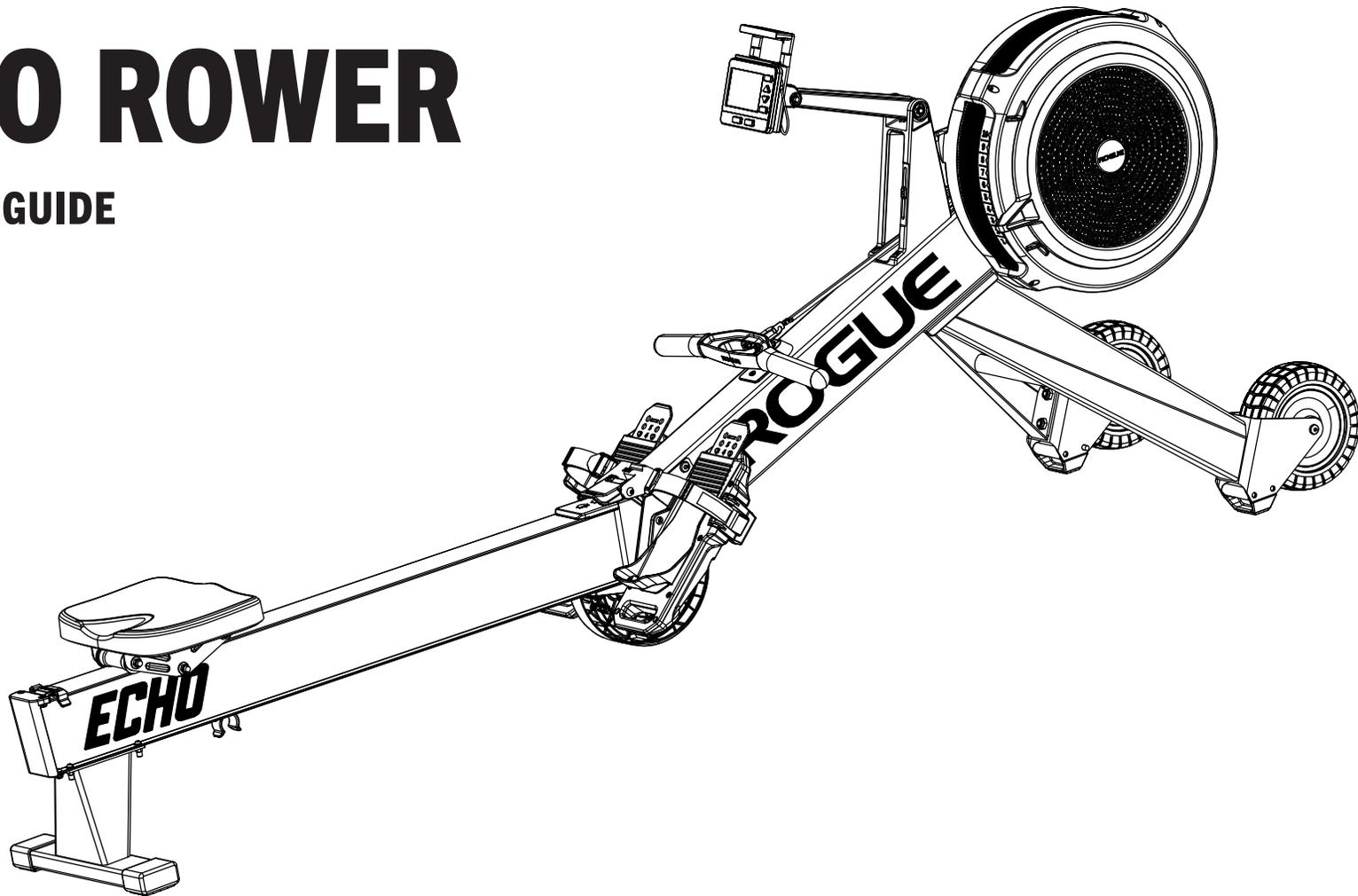


ROGUE® ECHO ROWER

ASSEMBLY GUIDE



IMPORTANT SAFETY INFORMATION

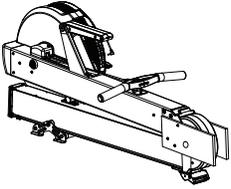
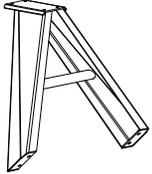
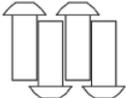
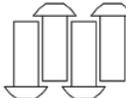
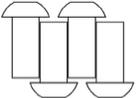
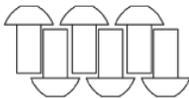
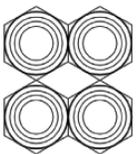
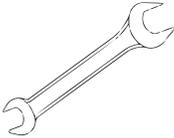
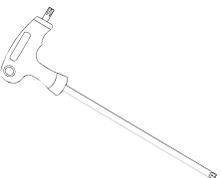
WARNING:

MISUSE OF THIS CAN RESULT IN SEVERE INJURY.

Both Rogue Fitness and buyer disclaim any express or implied warranty, including, without limitation, warranties or merchantability and/or fitness for a particular purpose with respect to the equipment. Buyer assumes all liability to use of equipment.

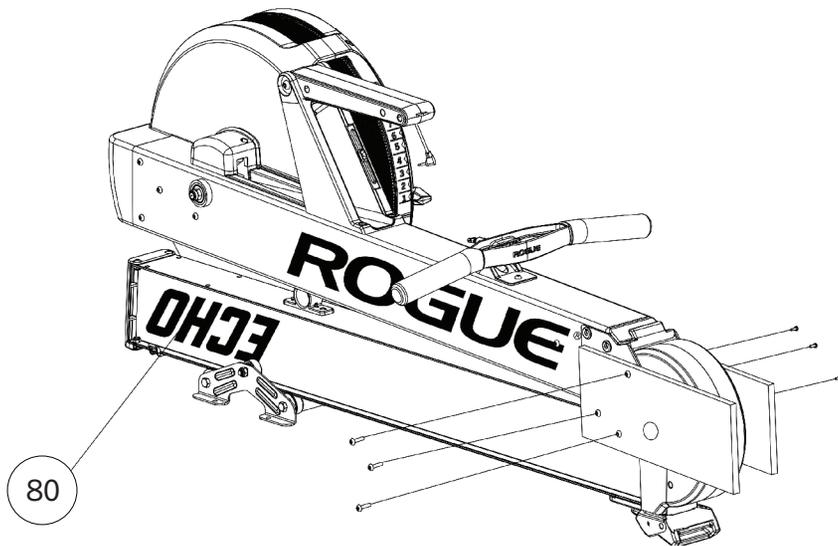
PARTS AND TOOLS

Note images are not shown at scale

80 Qty: 1x  Rower Main Frame	56 Qty: 1x  Front Foot Assembly	78 Qty: 1x  Front Wheel (left)	77 Qty: 1x  Front Wheel (right)	119 Qty: 1x  Seat spacer	108 Qty: 1x  Rear Foot
95 Qty: 1x  Pedal (left)	90 Qty: 1x  Pedal (right)	123 Qty: 1x  Seat	74 Qty: 1x  Console	111 Qty: 4x  Rear Foot Bolts	20 Qty: 4x  Seat Cushion Bolts
57 Qty: 4x  Front Leg Bolts	83 Qty: 6x  Pedal Bolts	32 Qty: 4x  Front Wheel Nuts	Qty: 1x  Wrench	Qty: 1x  6mm Hex Key/ Allen Wrench	Qty: 1x  T27 Torx Wrench

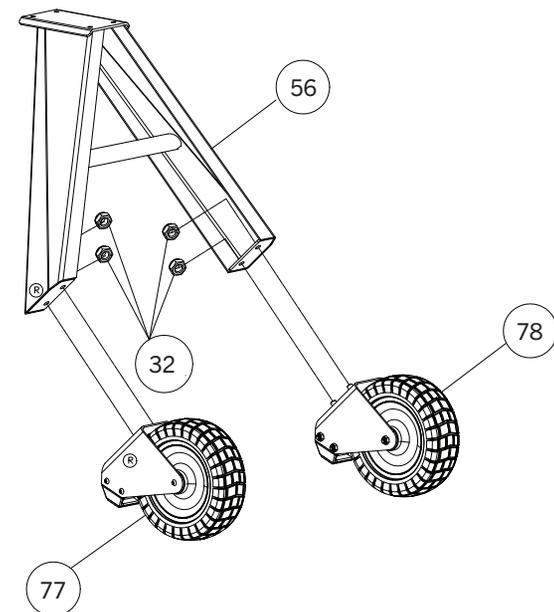
STEP 1

- TAKE OUT THE FRAME (PART 80).
- USE THE T27 TORX WRENCH TO REMOVE THE 6 SCREWS ON THE PROTECTION BOARD. THESE ARE NO LONGER REQUIRED AND CAN BE SAFELY DISPOSED OF.



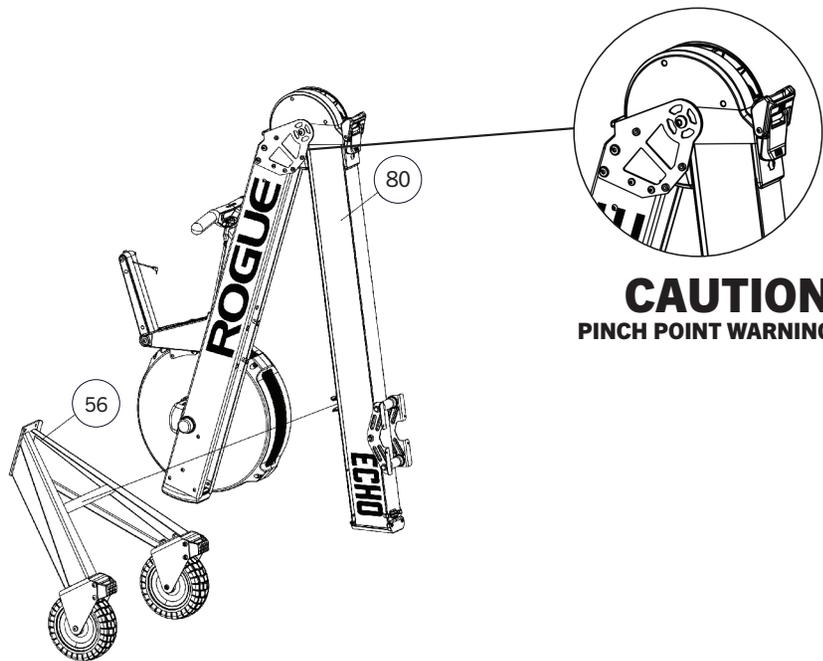
STEP 2

- FIX THE LEFT (PART 77) AND RIGHT (PART 78) TURF TIRE WHEELS ONTO THE FRONT FOOT ASSEMBLY (PART 56) USING THE FOUR FRONT WHEEL NUTS (PART 32) AND THE 17MM WRENCH.



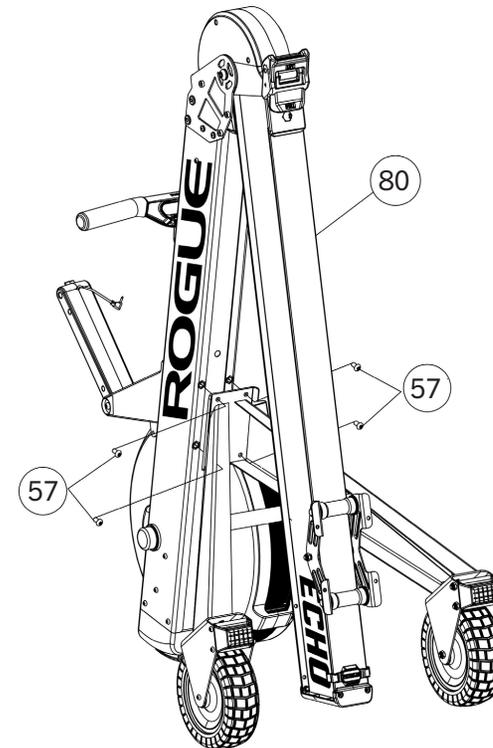
STEP 3 - A

- IT IS RECOMMENDED TO USE TWO PEOPLE FOR THIS STEP.
- STAND THE FRAME VERTICALLY THEN CAREFULLY RELEASE THE LOCKING CLIP AND SPREAD THE ENDS OF THE ROWER MAIN FRAME APART BY 12" (30CM).
- INSERT THE ROUND CROSS BAR OF THE FRONT LEG ASSEMBLY (PART 56) INTO THE PLASTIC RECEIVER BASE ON THE ROWER MAIN FRAME (PART 80) SLOWLY CLOSE THE ROWER BACK UP UNTIL THE BOLT HOLES OF THE FRONT LEG ASSEMBLY ALIGN WITH THE HOLES IN THE MAIN FRAME (UNDERNEATH THE "R" OF ROGUE ON THE LEFT HAND SIDE).



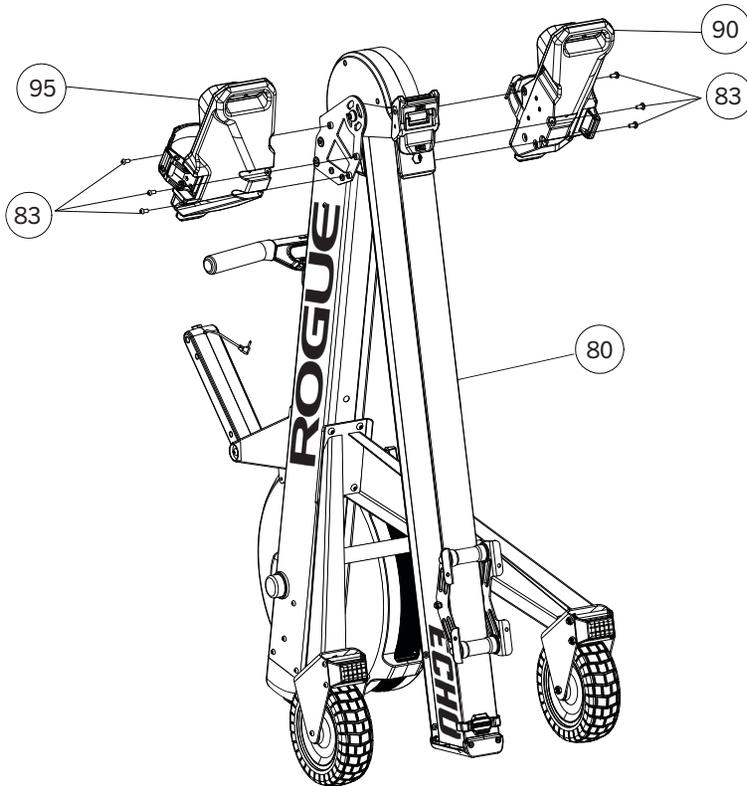
STEP 3 - B

- KEEPING THE ROWER FRAME VERTICAL, USE THE 6MM HEX KEY TO SECURE THE FRONT LEG ASSEMBLY (PART 56) TO THE MAIN FRAME (PART 80) WITH THE FOUR FRONT LEG BOLTS (PART 57).



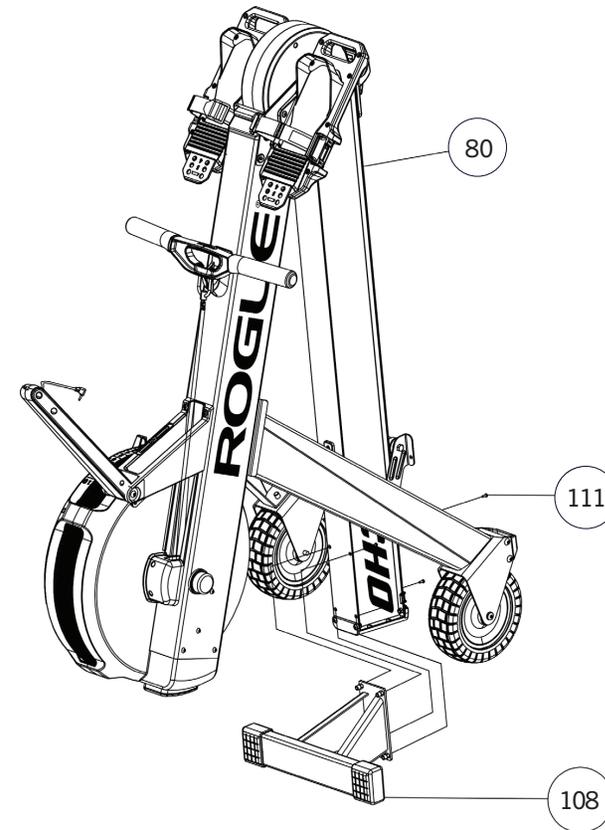
STEP 4

- USE THE PROVIDED T-HANDLE T27 TORX TOOL TO SECURE THE LEFT (PART 95) AND RIGHT (PART 90) PEDALS TO THE ROWER MAIN FRAME (PART 80) WITH 3 PEDAL BOLTS (PART 83) ON EACH SIDE.
- TIGHTEN ALL 6 BOLTS UNTIL THEY STOP TURNING FREELY AND THE HEAD IS FULLY SEATED. THEN TURN EACH BOLT AN ADDITIONAL 1/8 TO 1/4 TURN OR 120–140 IN-LBS OF TORQUE IF YOU HAVE A TORQUE WRENCH.



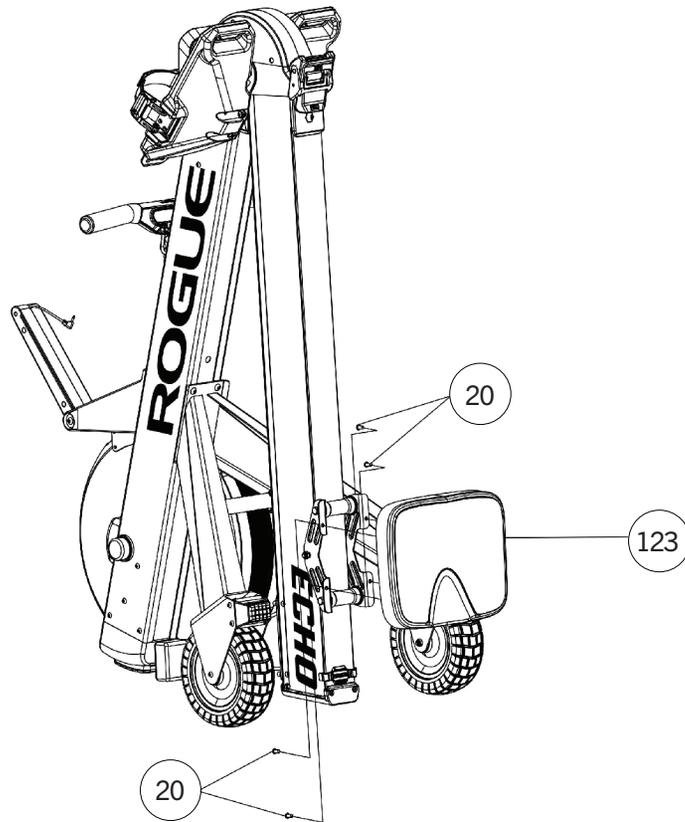
STEP 5

- SECURE THE REAR FOOT ASSEMBLY (PART 108) TO THE ROWER MAIN FRAME (PART 80) WITH THE FOUR REAR FOOT BOLTS (PART 111) USING THE T27 TORX WRENCH.



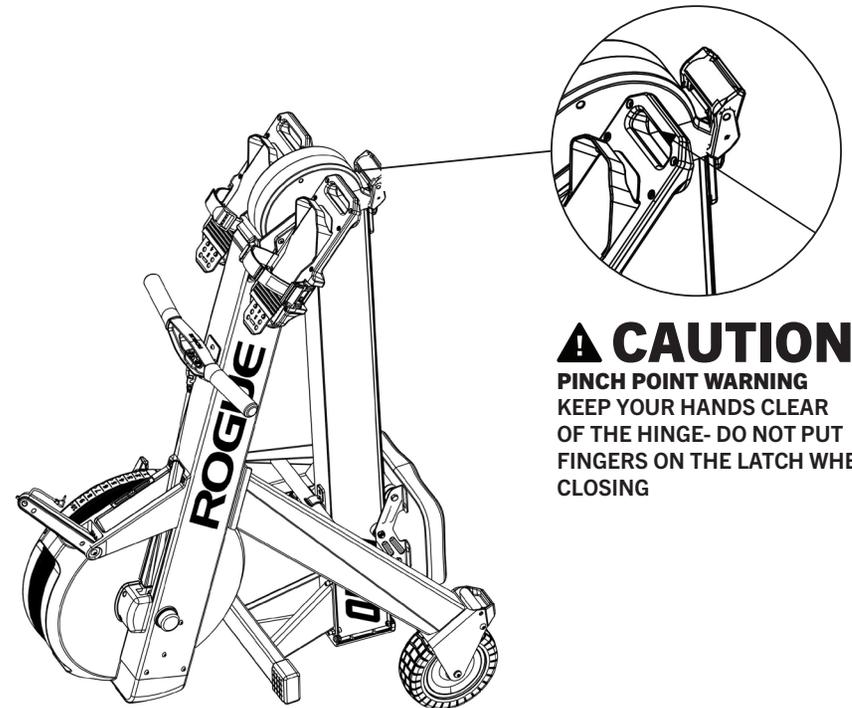
STEP 6

- SECURE THE SEAT CUSHION (PART 123) TO THE SEAT BRACKET ASSEMBLY ON THE ROWER MAIN FRAME (PART 80) WITH THE FOUR SEAT CUSHION BOLTS (PART 20) USING THE T27 TORX WRENCH.
- SEE ORIENTATION IN IMAGE FOR CORRECT SEAT ALIGNMENT (PART 123).



STEP 7

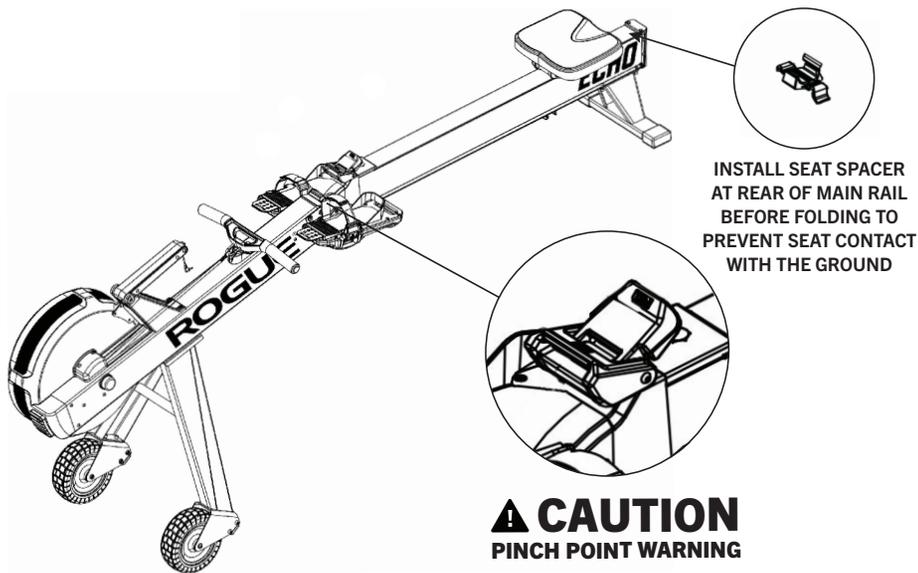
- CAREFULLY UNFOLD THE WHOLE UNIT BY PLACING A FOOT AT THE REAR OF ONE OF THE TIRES, SLOWLY OPENING THE ROWER OUT INTO A HORIZONTAL POSITION.
- AS YOU UNFOLD, GUIDE SEAT FORWARD TO ENSURE IT DOES NOT FALL OR SLAM INTO THE REAR OF THE ROWER..
- PLACE HORIZONTALLY.



▲ CAUTION
PINCH POINT WARNING
KEEP YOUR HANDS CLEAR
OF THE HINGE- DO NOT PUT
FINGERS ON THE LATCH WHEN
CLOSING

STEP 8

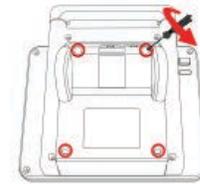
- TO SECURELY LOCK THE ROWER MAIN FRAME (80) LIFT THE LATCH HANDLE FULLY FORWARD UNTIL IT CATCHES THE HOOK THEN PULL THE HANDLE BACK DOWN AND PUSH IT FIRMLY CLOSED.
- WHEN THE ROWER IS IN USE, THE SEAT SPACER (PART 119) SHOULD BE CLIPPED TO THE UNDERSIDE OF THE MAIN RAIL FOR STORAGE.
- BEFORE FOLDING THE ROWER, TAKE THE SEAT SPACER (PART 119) AND PLACE IT BEHIND THE SEAT ON TOP OF THE MAIN RAIL AT THE REAR OF THE UNIT. THIS WILL PREVENT THE SEAT FROM TOUCHING THE GROUND DURING STORAGE.



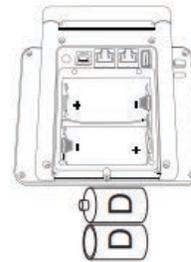
STEP 9

- BEFORE FIRST USE, CONNECT THE CONSOLE TO THE ROGUE APP AND PERFORM A FIRMWARE UPDATE. THIS ENSURES THE CONSOLE BENEFITS FROM THE LATEST PERFORMANCE ENHANCEMENTS AND STABILITY IMPROVEMENTS.
- IF THE BATTERIES ARE NOT PRE-INSTALLED INTO THE CONSOLE (PART 74), INSTALL THESE PRIOR TO ATTACHING THE CONSOLE TO THE ROWER FOLLOWING THE STEPS OUTLINED BELOW.

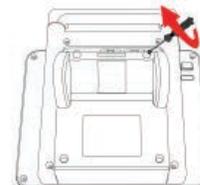
1. REMOVE THE BATTERY COVER FROM THE CONSOLE BY USING THE PROVIDED PHILLIPS HEAD SCREWDRIVER TO REMOVE THE FOUR SCREWS.



2. INSTALL 2 D-CELL (1.5V) BATTERIES ALIGNING POSITIVE AND NEGATIVE ENDS WITH THE CORRESPONDING SYMBOLS.



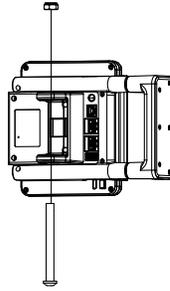
3. REATTACH THE BATTERY COVER WITH THE FOUR SCREWS FASTENED IN PLACE.



NOTE: REMEMBER TO REMOVE THE BATTERIES FROM THE MONITOR WHEN NOT IN USE FOR A PERIOD OF 3 MONTHS OR MORE.

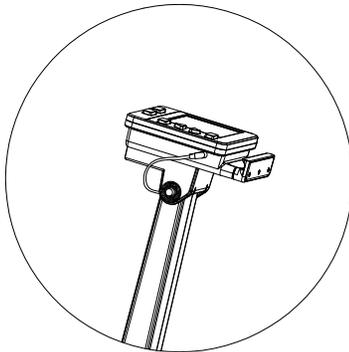
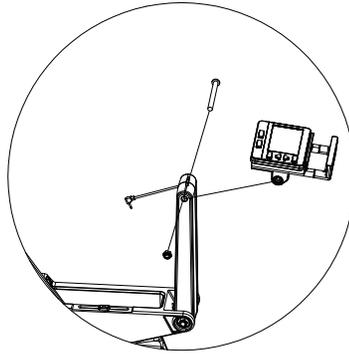
STEP 10

- REMOVE THE SINGLE THRU-BOLT AND NUT FROM THE REAR OF THE CONSOLE AND ALIGN THE CONSOLE WITH THE MOUNT POINT AT THE END OF THE PIVOT ARM, ENSURING THAT THE CONNECTING WIRE IS NOT TRAPPED OR PINCHED.



CAUTION: THE NUT TO SECURE THE CONSOLE THRU-BOLT MUST SIT IN THE HEX RECESS ON THE CONSOLE BODY. THIS WILL ALLOW THE THRU BOLT TO BE TIGHTENED WITH THE TORX T27 TOOL WITHOUT THE USE OF AN ADDITIONAL WRENCH.

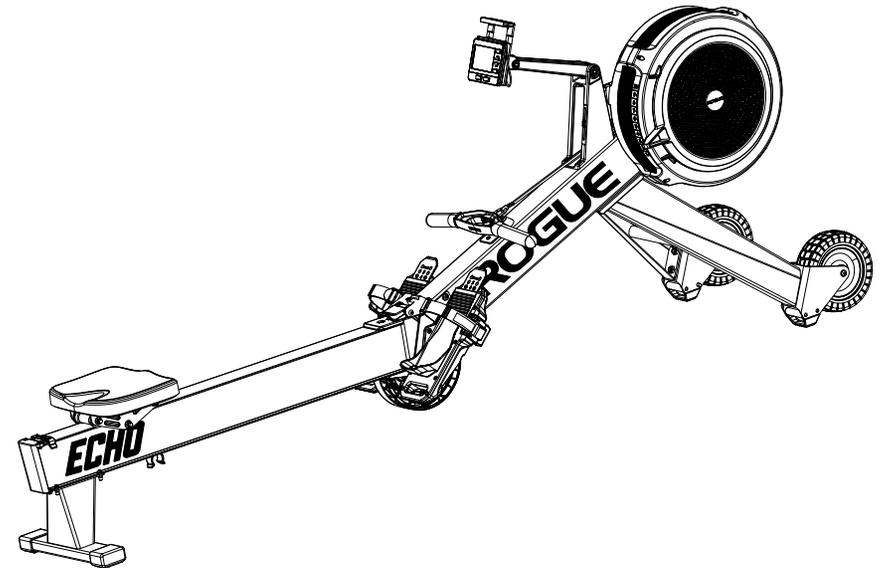
- REINSERT THE THRU-BOLT AND SECURE IT WITH THE T27 TORX WRENCH, TIGHTENING IT UP TO THE POINT WHERE IT HAS ENOUGH FRICTION TO HOLD THE MONITOR UP.
- INSERT THE CONNECTING WIRE INTO THE SIDE OF THE CONSOLE.
- BEFORE USING THE ROWER ENSURE THAT THE CONSOLE HAS BEEN UPDATED TO THE LATEST SOFTWARE. ALL SOFTWARE UPDATES ARE AVAILABLE THROUGH THE ROGUE APP, AVAILABLE IN THE [APP STORE](#) AND [GOOGLE PLAY](#).



STEP 11

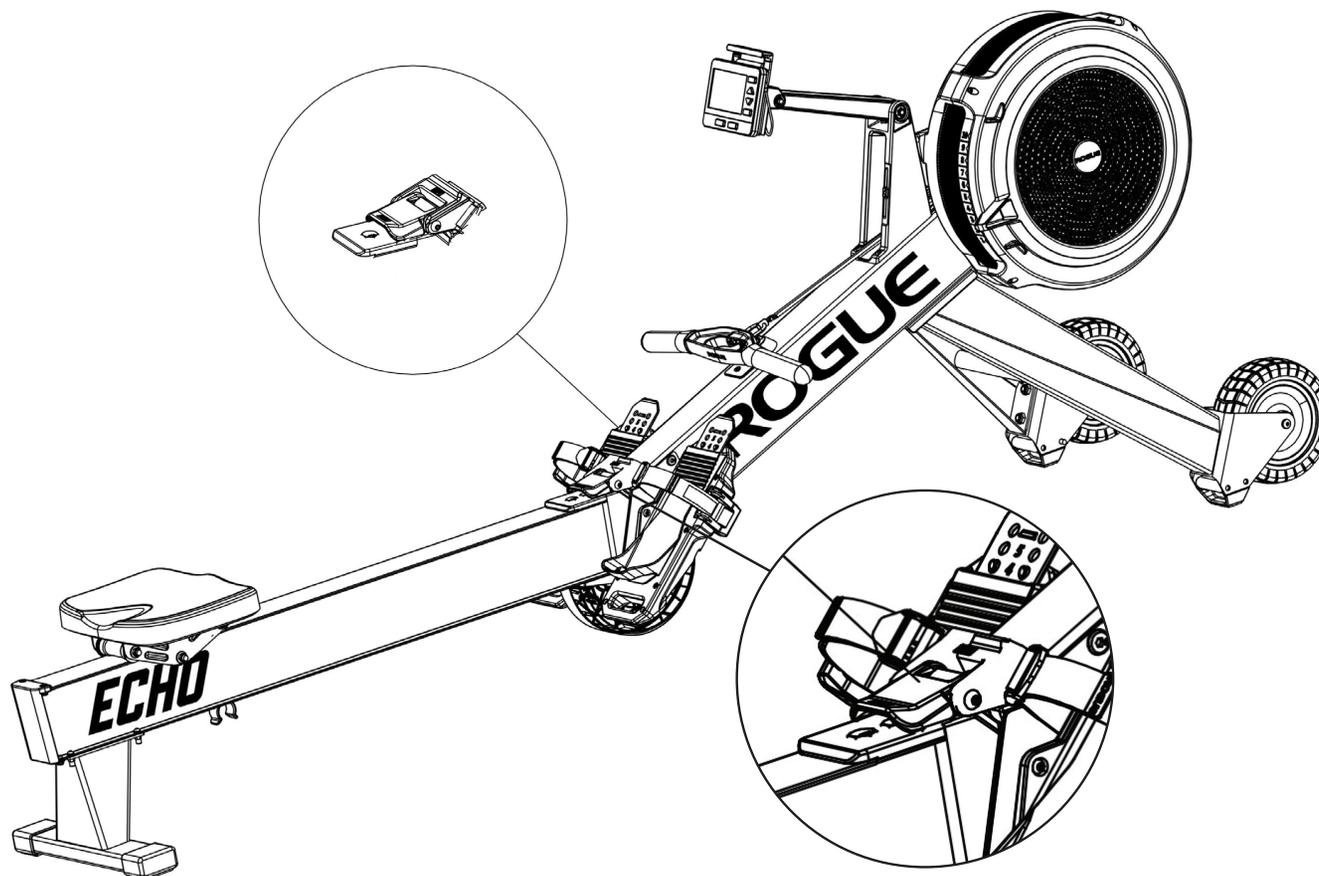
- BEFORE ROWING, CHECK TO MAKE SURE THE ROWER MAIN FRAME IS STABLE AND THE RAIL IS LOCKED, ALL FASTENERS ARE TIGHTENED AND SECURE AND ALL PACKAGING HAS BEEN REMOVED FROM THE ROWER AREA.
- ENSURE THE SEAT SPACER IS REMOVED FROM THE TOP RAIL AND STOWED SAFELY ON THE UNDERSIDE OF THE RAIL.

YOU ARE NOW READY TO ROW. ROW EASY AT FIRST TO CONFIRM FUNCTION.



FOLDING THE ROWER FOR STORAGE

- TO PREVENT THE SEAT FROM CONTACTING THE GROUND WHEN MOVING THE FOLDED ROWER, PLACE THE SEAT SPACER ON TOP OF THE MONORAIL, BEHIND THE SEAT, AND SLIDE IT TO THE REAR OF THE MONORAIL.
- LIFT THE REAR LATCH UP BY HAND, AND THE ENTIRE BUCKLE WILL BE RELEASED, ALLOWING THE FRONT AND REAR FRAMES TO FOLD UP.



⚠ CAUTION
PINCH POINT WARNING

