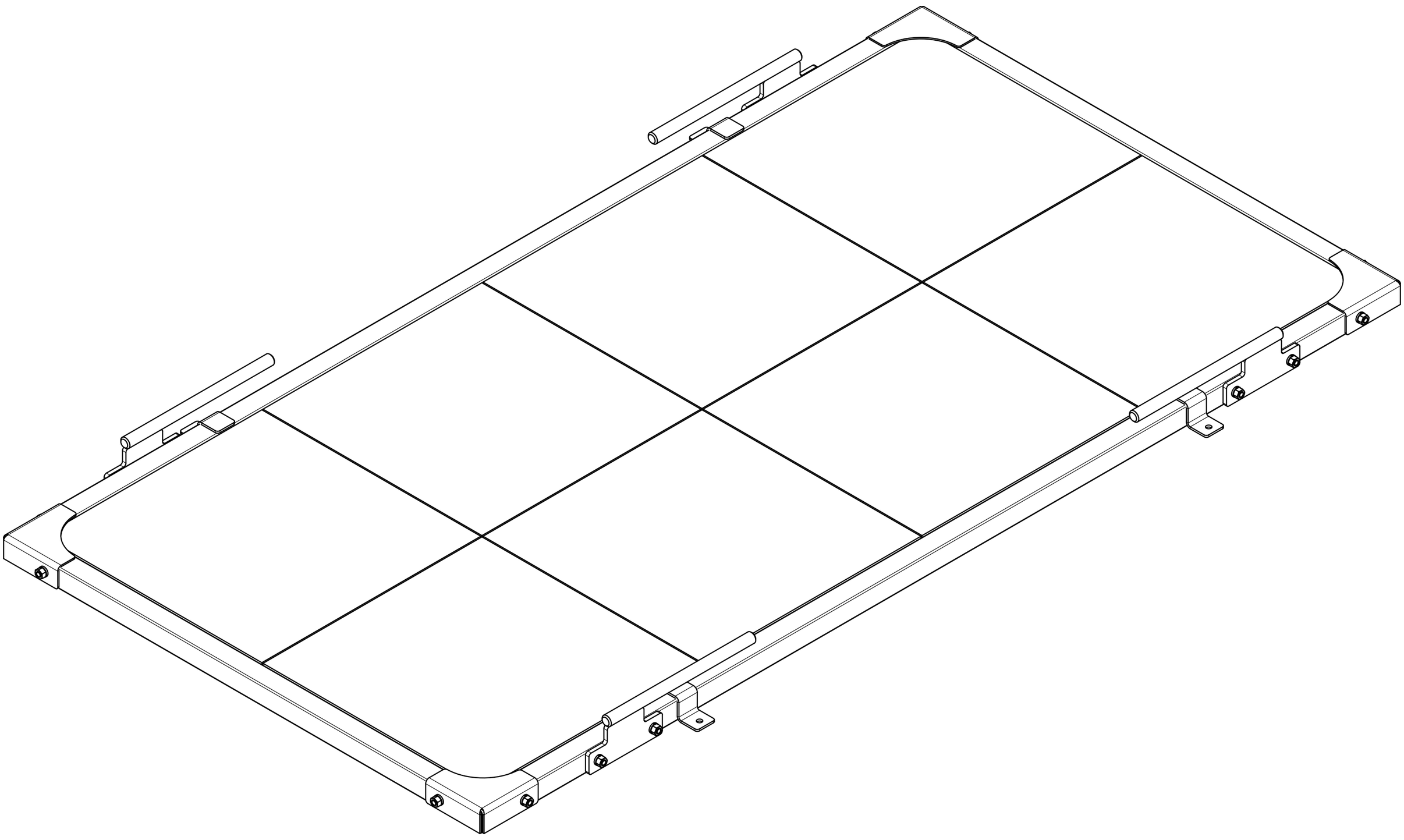
ROGUE®

DEADLIFT PLATFORM



⚠ IMPORTANT SAFETY INFORMATION

DISCLAIMER:

Resistance training, gymnastics training, and activities at height are potentially dangerous and may lead to severe injury or even death. Use common sense when training, obtain instruction in the proper execution of movements, and understand your limitations. This equipment must only be used by competent and responsible persons. Obtaining instruction in appropriate techniques and methods of use is your own responsibility. You assume all risks and responsibilities for all damage, injury or death which may occur during or following incorrect use of this equipment in any matter whatsoever. Rogue Fitness bears no liability beyond the replacement value of the equipment in question.

WARNING:

MISUSE OF THIS PRODUCT CAN RESULT IN SEVERE INJURY.

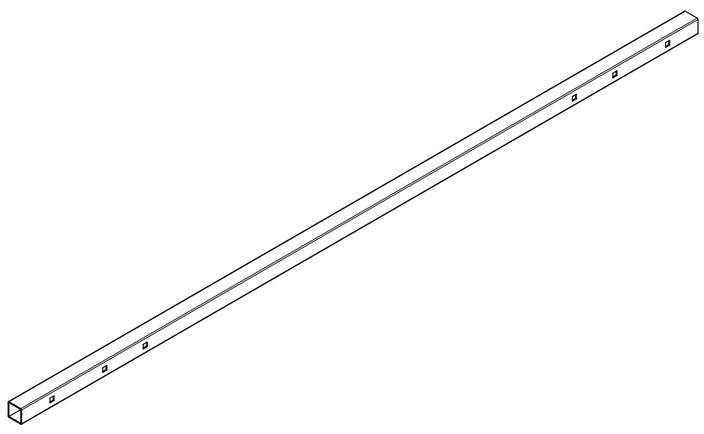
Both Rogue Fitness and buyer disclaim any express or implied warranty, including, without limitation, warranties or merchantability and/or fitness for a particular purpose with respect to the equipment. Buyer assumes all liability to use of equipment.

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INCLUDED PARTS

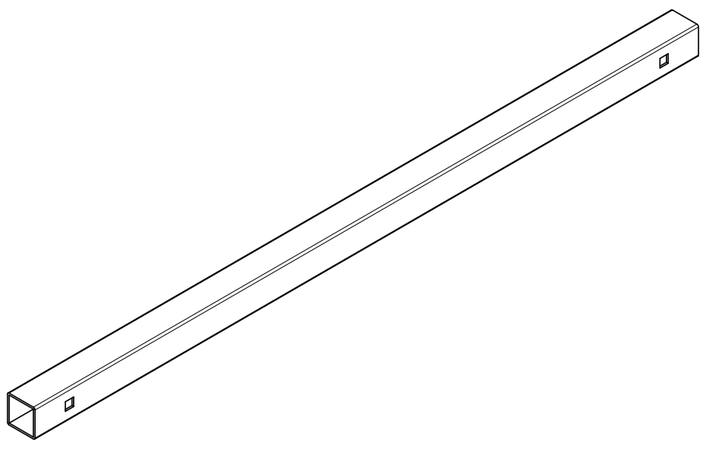
Note: Images not shown at scale

1 Qty: **2x**



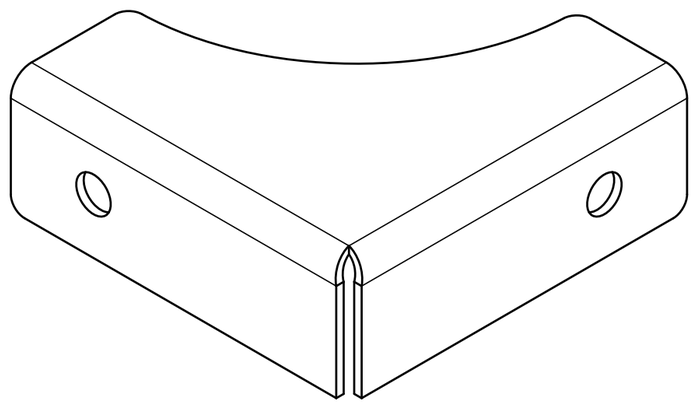
Long Frame

2 Qty: **2x**



Short Frame

3 Qty: **4x**



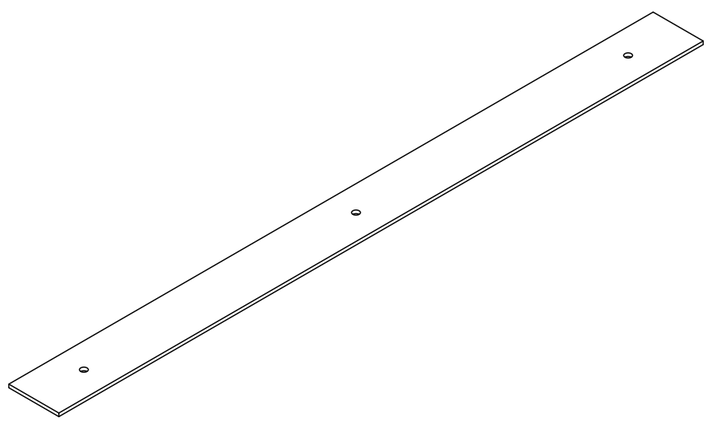
DLB Gusset

4 Qty: **4x**

Floor Clip

5 Qty: **2x**

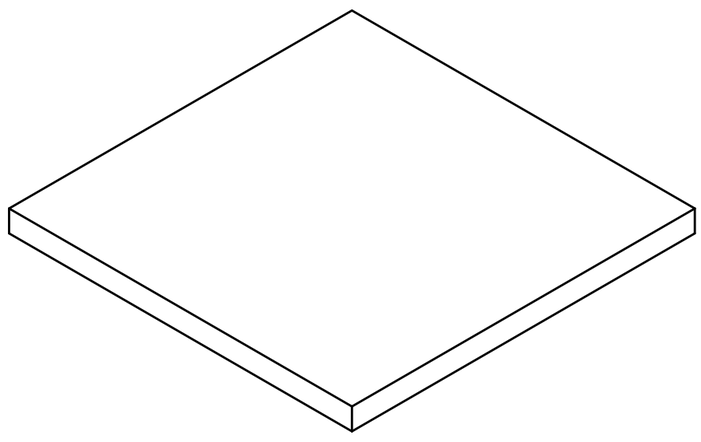
*



Floor Plate

6 Qty: **8x**

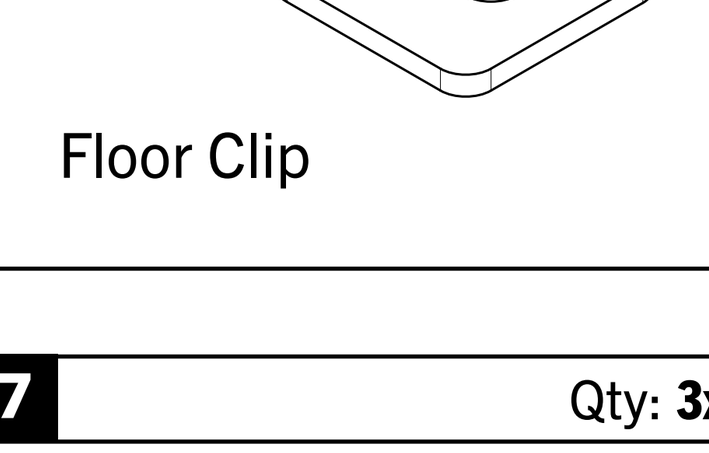
*



Rubber Tiles

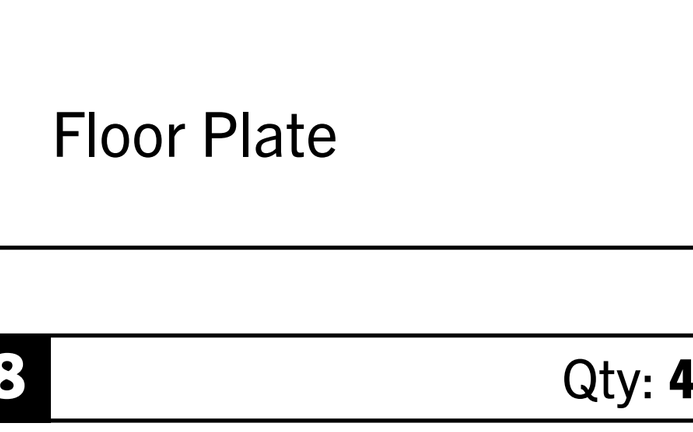
7 Qty: **3x**

*



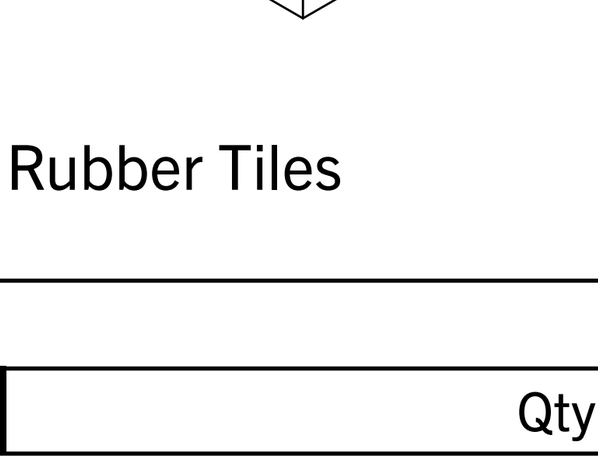
Platform Wood Inserts

8 Qty: **4x**



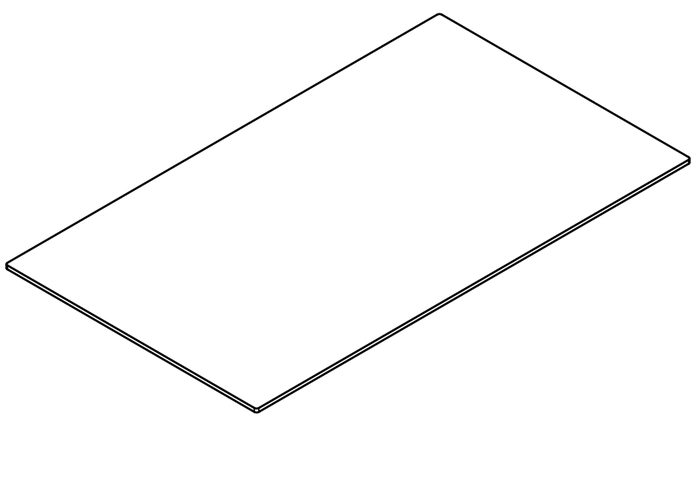
Band Peg

9 Qty: **8x**



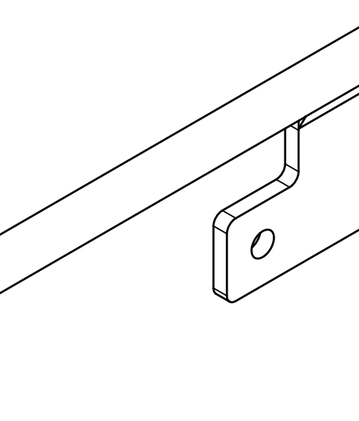
1/2” x 2.75” Carriage Bolt

10 Qty: **8x**



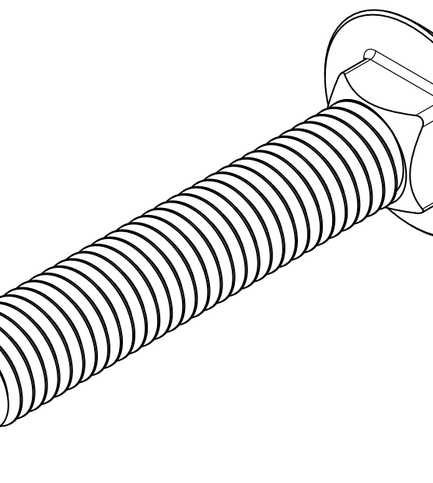
1/2” x 3” Carriage Bolt

11 Qty: **16x**



1/2” Lock Washer

12 Qty: **16x**



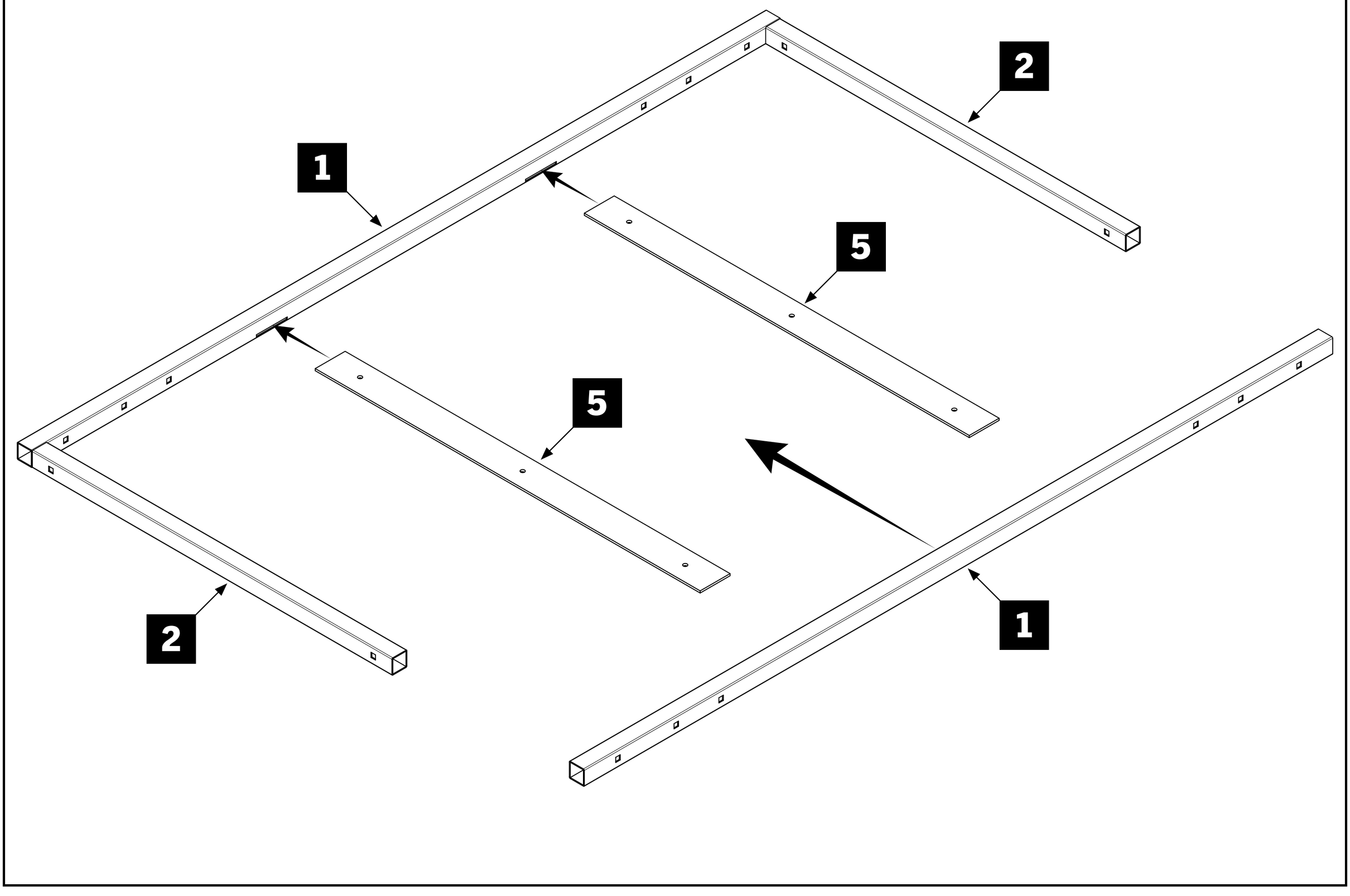
1/2” Hex Nut

* Only included if purchased at checkout.

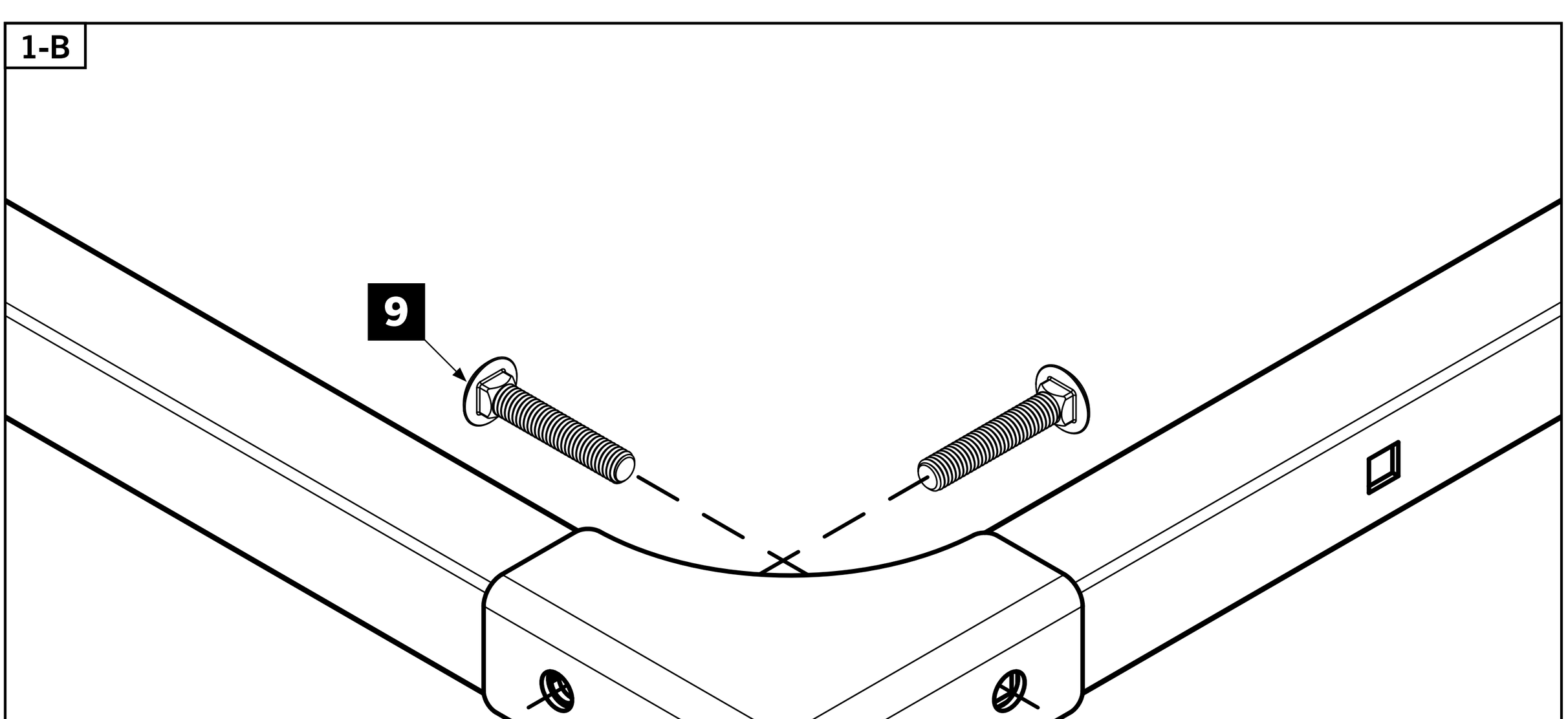
STEP 1

- Floor Plates [**5**] only inclued if purchased at checkout.
- Begin by laying out all 4 frame members in position. As you slide them together, fit the tabs of the Floor Plates [**5**] into the corresponding slots.
- Attach DLB Gussets [**3**] to Frames Members. Secure using provided 1/2” x 2.75” Carriage Bolts [**9**], 1/2” Lock Washers [**11**], and 1/2” Nuts [**12**].

1-A



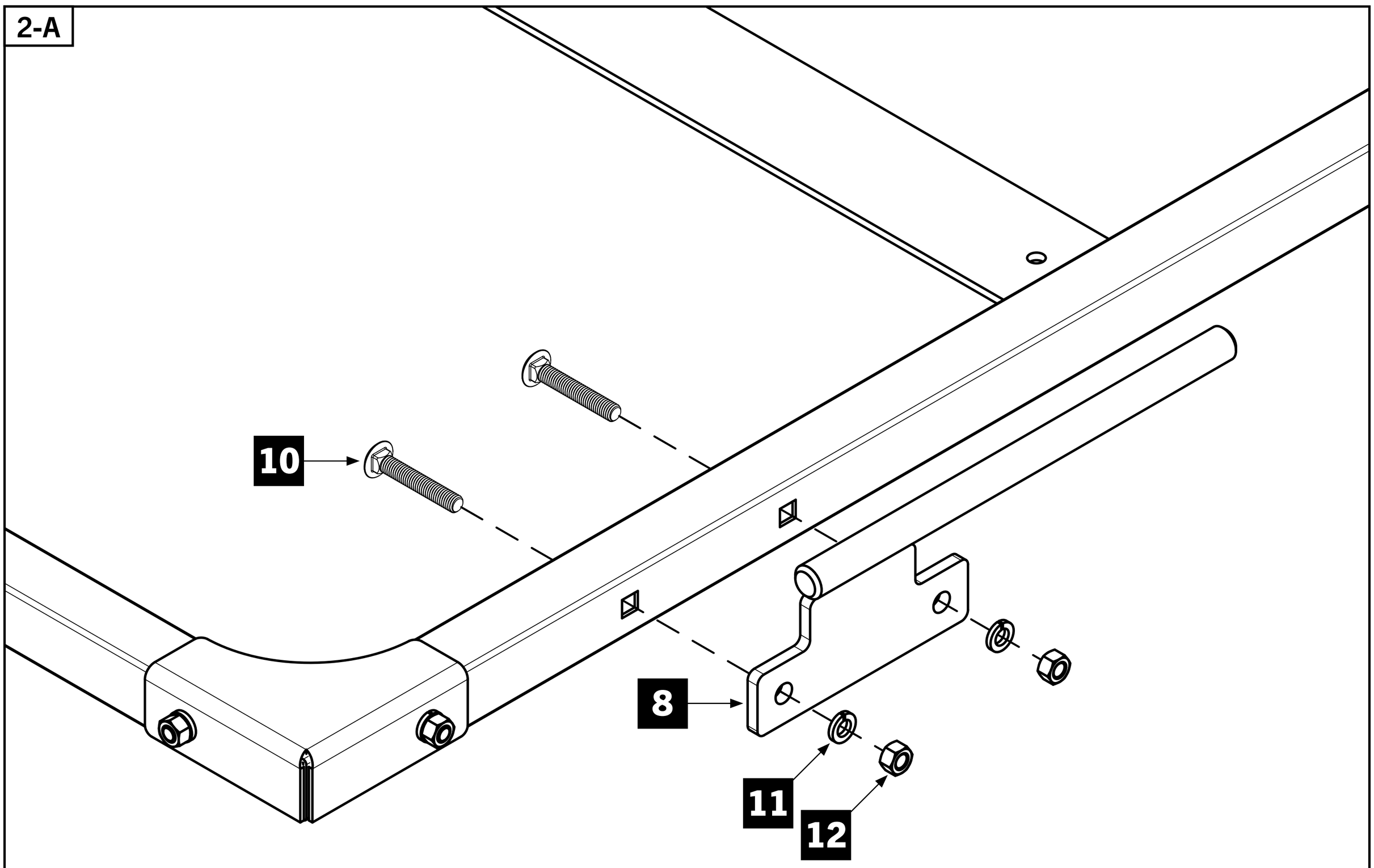
1-B



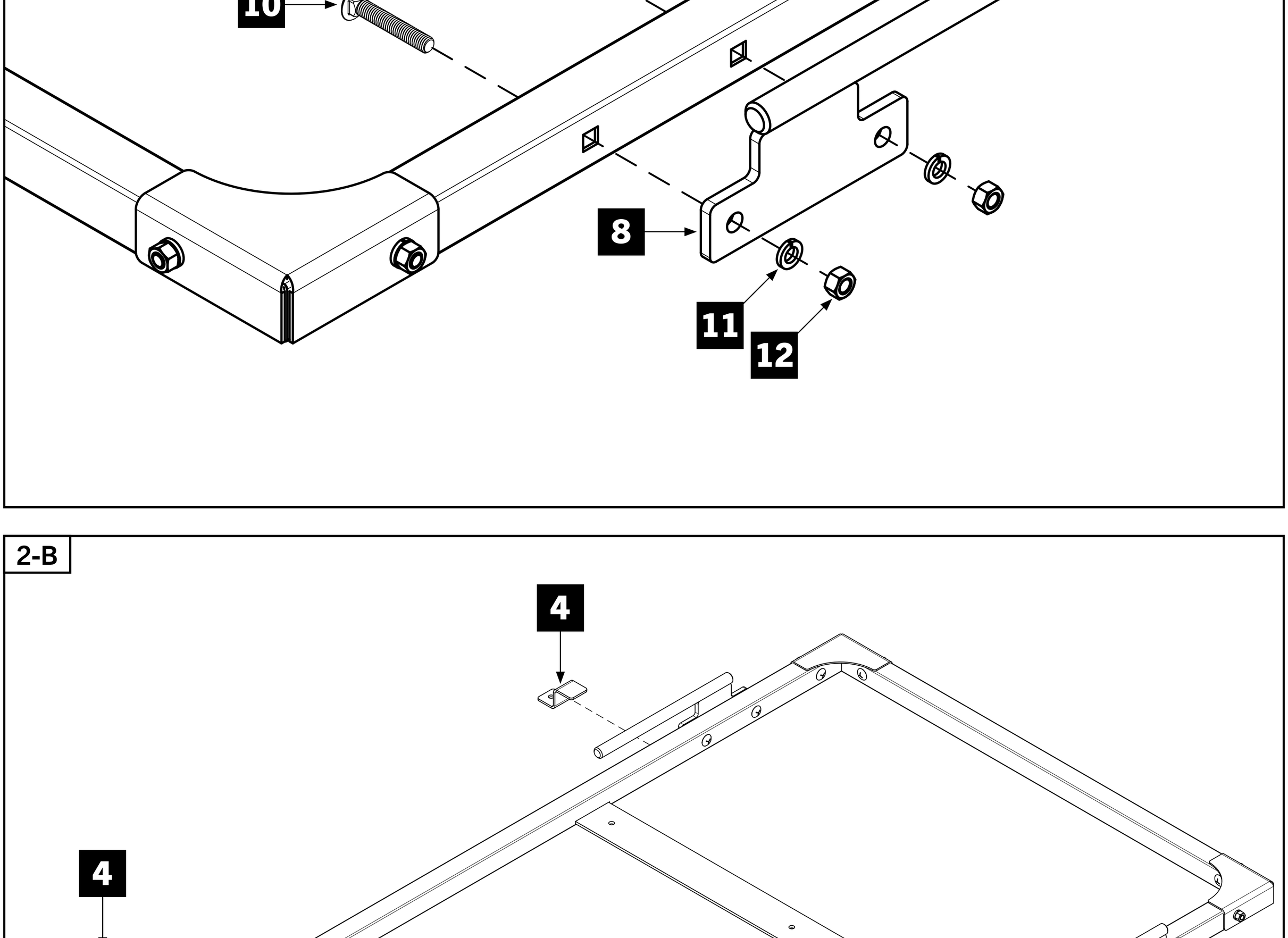
STEP 2

- Attach and secure Band Pegs [**8**] using provided 1/2” x 3” Carriage Bolts [**10**], 1/2” Lock Washers [**11**], and 1/2” Hex Nuts [**12**].
- Secure Platform to the floor using the 4 Floor Clips [**4**]. As an option, the platform can be addionally secured via holes in the Foot Plates [**5**].
- PLEASE NOTE: THIS UNIT MUST BE ANCHORED FOR USE. HARDWARE TO BOLT THE DEADLIFT PLATFORM TO THE FLOOR IS NOT INCLUDED. EVERY APPLICATION IS UNIQUE AND MOUNTING HARDWARE SHOULD BE APPROPRIATELY MATCHED TO THE USERS APPLICATION. A 3/8” x 3.5” CONCRETE WEDGE ANCHOR OR SIMILAR IS RECOMMENDED.

2-A



2-B

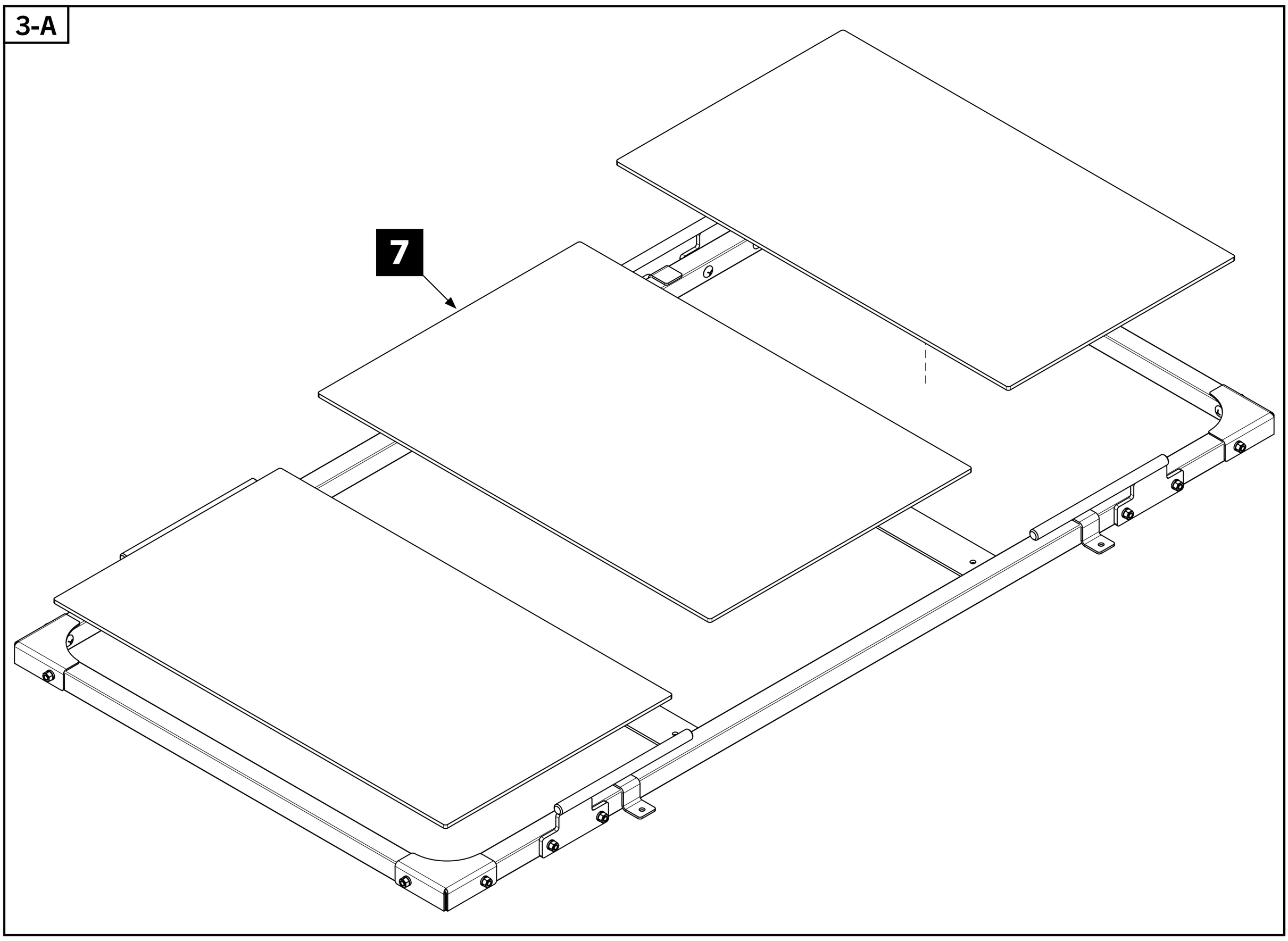


DETAIL

STEP 3

- Deadlift Platform Wood Inserts [**7**] only included if purchased at checkout.
- Place Wood Inserts [**7**] between frame and Floor Plates [**5**] as shown in **3-A**.
- Rubber Tiles [**6**] only included if purchased at checkout.
- Install 8 individual Rubber Tiles [**6**] between Frame Rails, making sure they are even and placed flat on the floor before use.

3-A



3-B

ROGUE

SCAN FOR INSTRUCTIONS

IRON GAME PROGRAMMING

IS0027-2