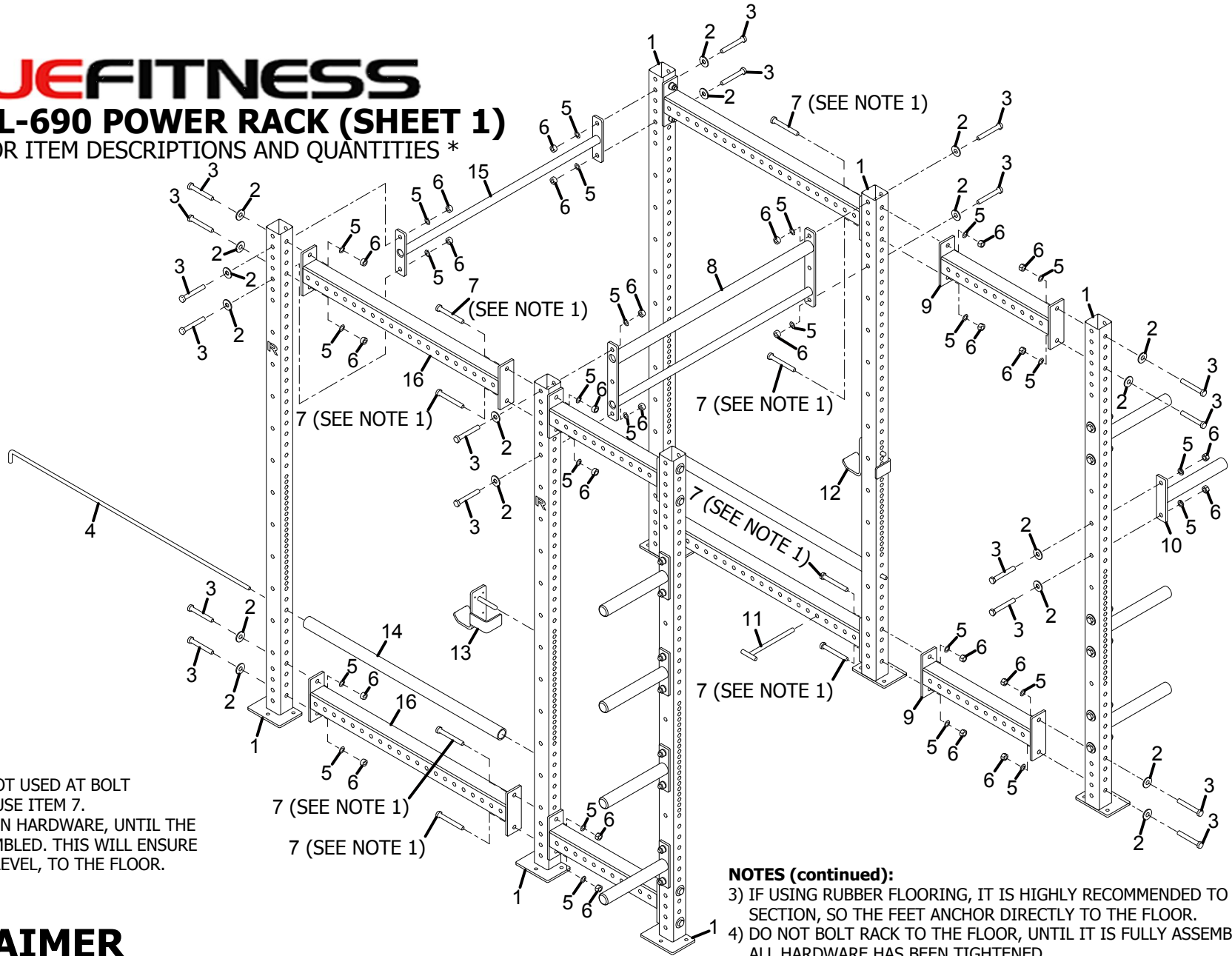


ROGUE FITNESS

ROGUE RML-690 POWER RACK (SHEET 1)

* SEE SHEET 2 FOR ITEM DESCRIPTIONS AND QUANTITIES *



NOTES:

- 1) FLAT WASHERS ARE NOT USED AT BOLT CONNECTIONS, THAT USE ITEM 7.
- 2) DO NOT FULLY TIGHTEN HARDWARE, UNTIL THE ENTIRE RACK IS ASSEMBLED. THIS WILL ENSURE THAT THE RACK SITS LEVEL, TO THE FLOOR.

NOTES (continued):

- 3) IF USING RUBBER FLOORING, IT IS HIGHLY RECOMMENDED TO CUT OUT SECTION, SO THE FEET ANCHOR DIRECTLY TO THE FLOOR.
- 4) DO NOT BOLT RACK TO THE FLOOR, UNTIL IT IS FULLY ASSEMBLED AND ALL HARDWARE HAS BEEN TIGHTENED.

DISCLAIMER

Resistance training, gymnastics training, and activities at height are potentially dangerous and may lead to severe injury or even death. Use common sense when training, to obtain instruction in the proper execution of movements, and understand your limitations. This equipment must only be used by competent and responsible persons, or under the direct and visual control of a competent and responsible person. Obtaining instruction in appropriate techniques and methods of use is your own responsibility. You assume all risks and responsibilities for all damage, injury or death which may occur during or following incorrect use of this equipment in any matter whatsoever. Rogue Fitness bears no liability beyond the replacement value of the equipment in question.



MISUSE OF THIS CAN RESULT IN SEVERE INJURY

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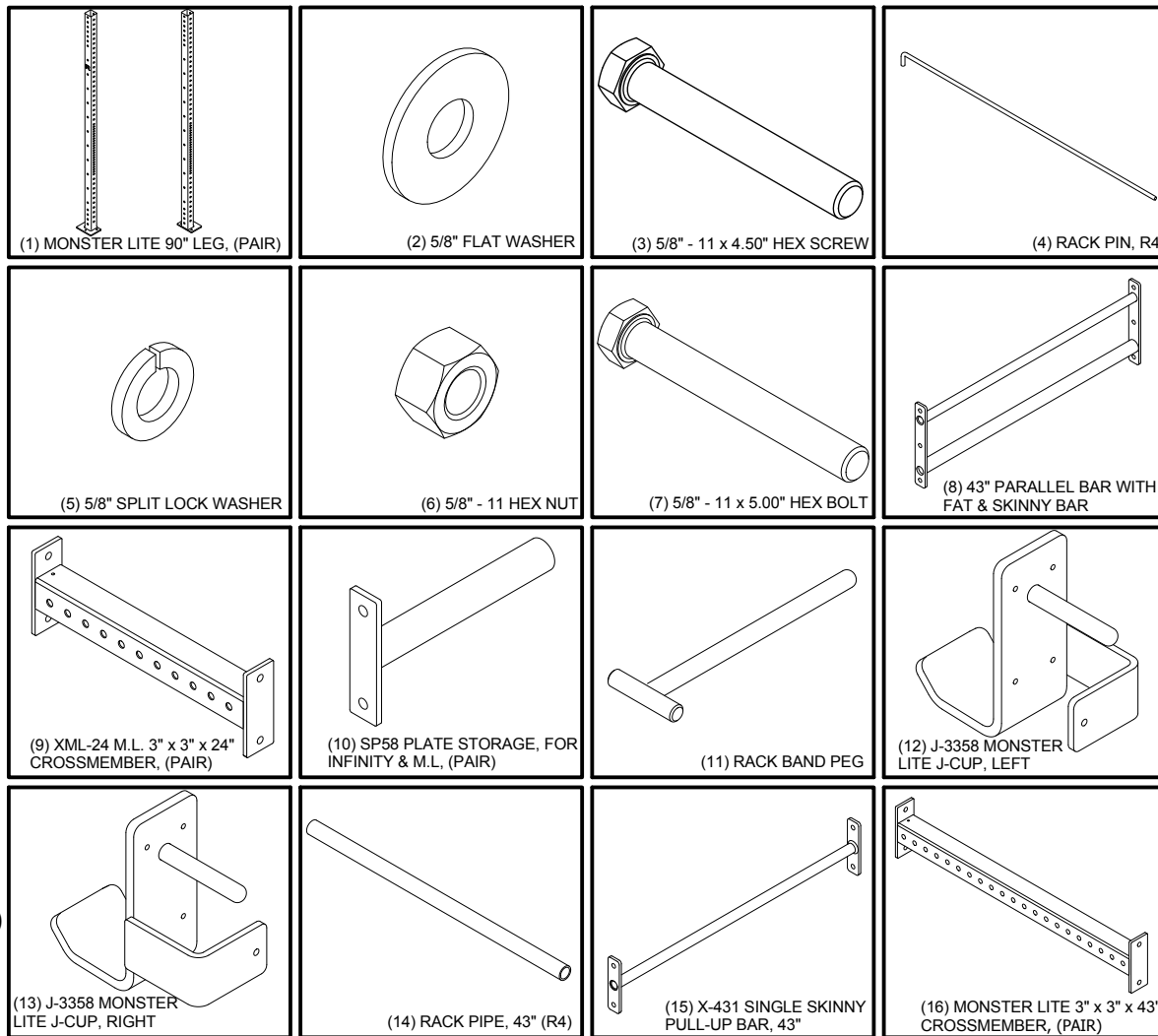
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ROGUE RML-690 POWER RACK (SHEET 2)

INCLUDED PARTS

*NOTE: IMAGES NOT SHOWN TO SCALE

ITEM	QTY.	DESCRIPTION
1	3	MONSTER LITE 90" LEG, (PAIR)
2	40	5/8" FLAT WASHER
3	40	5/8" - 11 x 4.50" HEX SCREW
4	2	RACK PIN, R4
5	48	5/8" SPLIT LOCK WASHER
6	48	5/8" - 11 HEX NUT
7	8	5/8" - 11 x 5.00" HEX BOLT
8	1	43" PARALLEL BAR WITH FAT & SKINNY BAR
9	2	XML-24 M.L. 3" x 3" x 24" CROSSMEMBER, (PAIR)
10	4	SP58 PLATE STORAGE, FOR INFINITY & M.L., (PAIR)
11	4	RACK BAND PEG
12	1	J-3358 MONSTER LITE J-CUP, LEFT
13	1	J-3358 MONSTER LITE J-CUP, RIGHT
14	2	RACK PIPE, 43" (R4)
15	1	X-431 SINGLE SKINNY PULL-UP BAR, 43"
16	2	MONSTER LITE 3" x 3" x 43" CROSSMEMBER, (PAIR)



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WARNING!

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