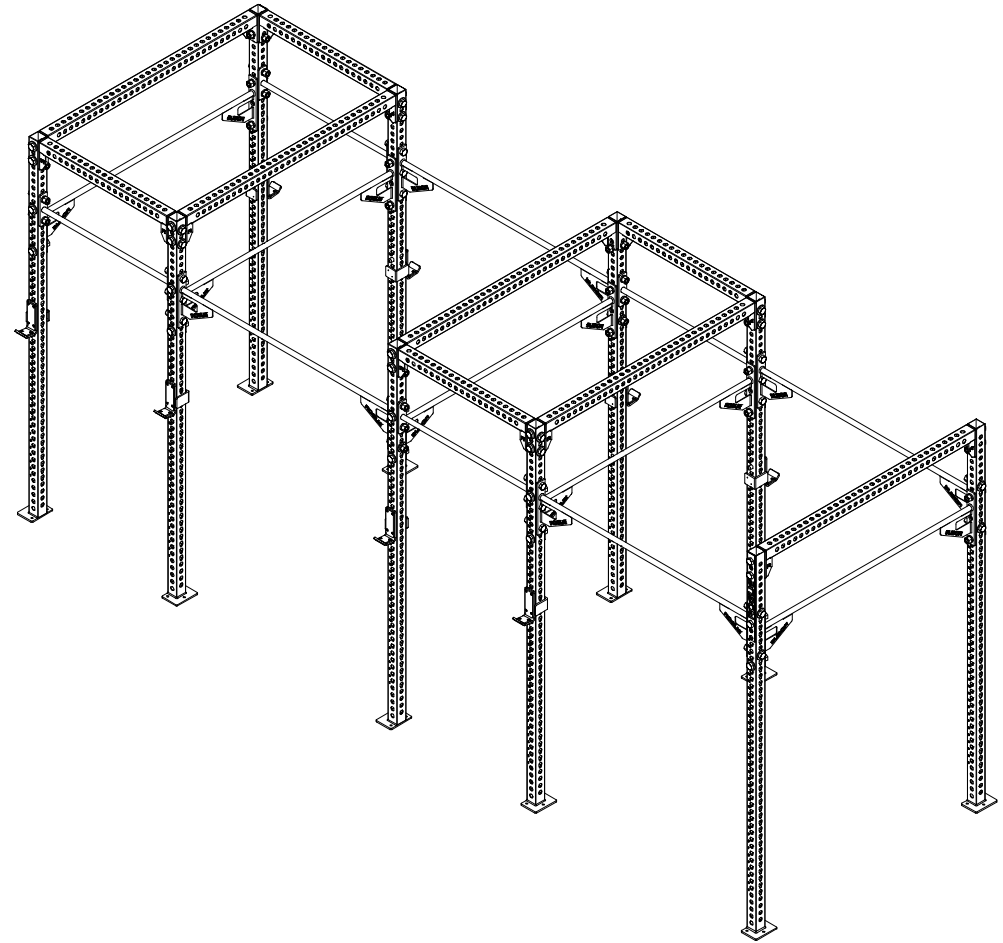


## MONSTER 2.0 M-20 RIG

\*NOTE: ASSEMBLING A RIG REQUIRES MULTIPLE PEOPLE.  
ASK YOUR FRIENDS FOR HELP WHEN BUILDING



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# ROGUE FITNESS

## MONSTER 2.0 M-20 RIG

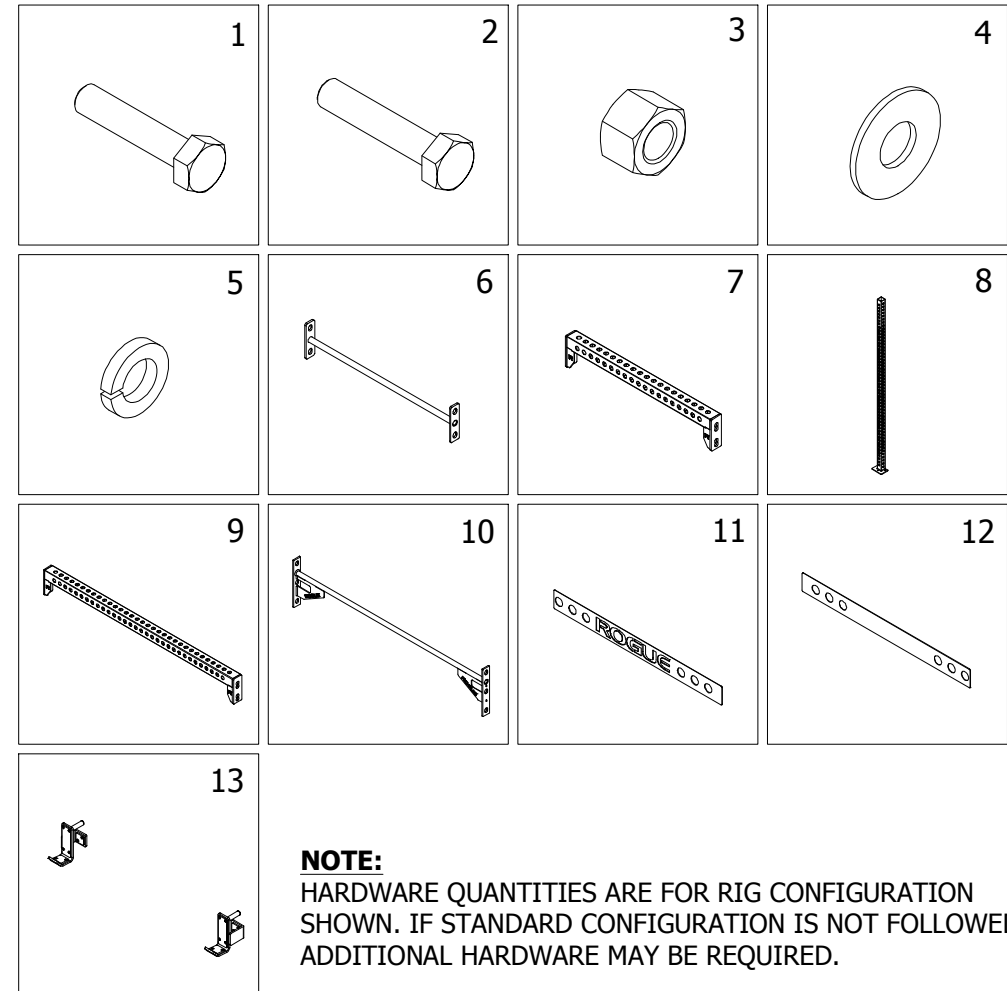
### INCLUDED PARTS

\*NOTE: IMAGES NOT SHOWN TO SCALE

PARTS LIST		
ITEM	QTY	DESCRIPTION
1	70	1"x4.75" HEX BOLT
2	12	1"x5" HEX BOLT
3	82	1" HEX NUT
4	64	1" FLAT WASHER
5	82	1" LOCK WASHER
6	4	43" SKINNY PULL-UP BAR
7	4	MONSTER 2.0 43" TOP CROSSMEMBER
8	10	MONSTER 2.0 108" UPRIGHT
9	5	MONSTER 2.0 70" TOP CROSSMEMBER
10	9	MONSTER 2.0 SINGLE 70" PULL-UP BAR
11	2	MONSTER 2.0 NAMEPLATE
12	2	MONSTER 2.0 NAMEPLATE SS BACKER
13	4	MONSTER J-CUP PAIR

#### NOTES:

- 1) IT IS HIGHLY RECOMMENDED THAT ALL RIGS ARE SECURELY ANCHORED TO THE FLOOR
- 2) DO NOT BOLT THE RIG TO THE FLOOR UNTIL IT IS FULLY ASSEMBLED AND ALL HARDWARE IS TIGHTENED.
- 3) ANCHOR UNIT TO THE FLOOR THROUGH HOLES IN FEET. IF USING RUBBER FLOORING, IT IS HIGHLY RECOMMENDED TO CUT OUT A SECTION OF FLOORING SO THE FEET ANCHOR DIRECTLY TO THE FLOOR.
- 4) ANCHOR TO A WOOD OR SOLID CONCRETE FLOOR AS FOLLOWS:
  - A) WOOD: 3/8" x 3.5" WOOD LAG BOLTS.
  - B) SOLID CONCRETE: 3/8" x 3/5" CONCRETE WEDGE ANCHORS.
  - C) **ANCHORING / MOUNTING HARDWARE NOT INCLUDED.**



#### NOTE:

HARDWARE QUANTITIES ARE FOR RIG CONFIGURATION SHOWN. IF STANDARD CONFIGURATION IS NOT FOLLOWED ADDITIONAL HARDWARE MAY BE REQUIRED.

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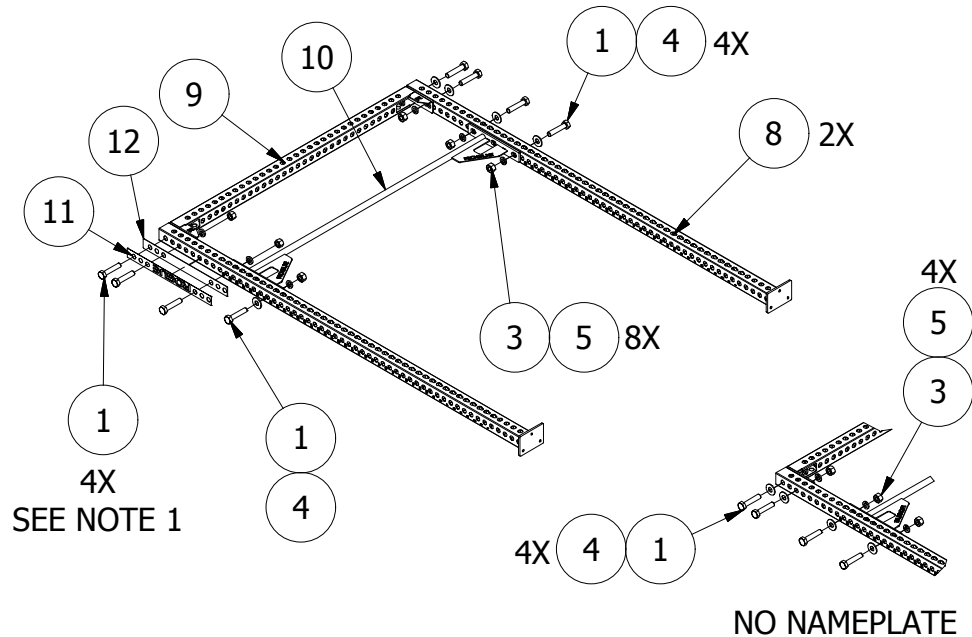
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# ROGUE FITNESS

## MONSTER 2.0 M-20 RIG



### STEP 1:

BUILD SIDE FRAMES USING ITEM # 8, 9, 10. SECURE USING 1"x4.75" BOLTS, 1" FLAT WASHERS, 1" LOCK WASHERS, AND 1" HEX NUTS.

\*BUILD (2) FRAMES WITH NAMEPLATES AND (3) WITHOUT.

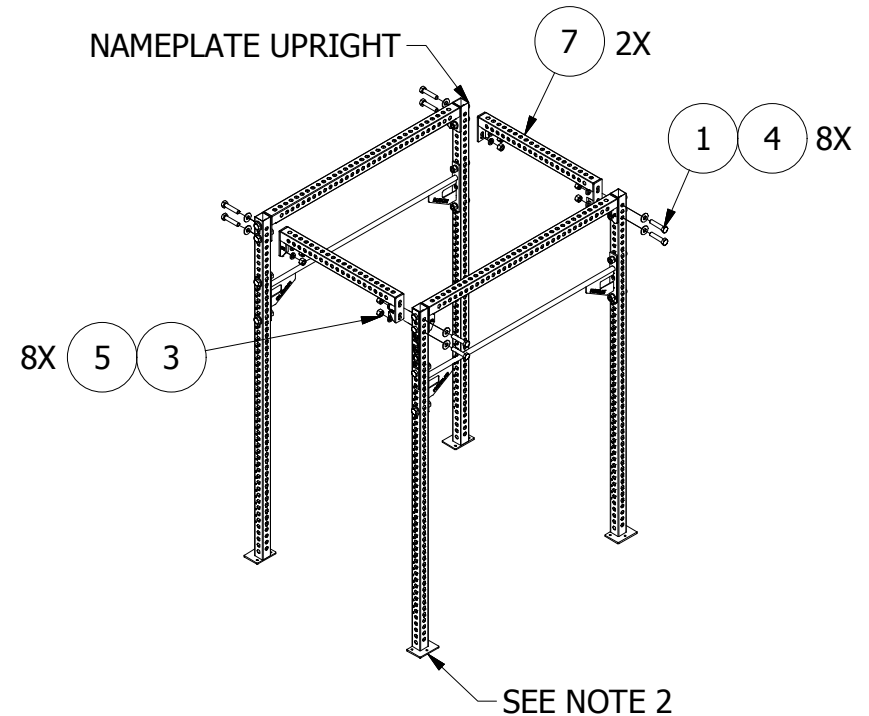
\*DO NOT FULLY TIGHTEN HARDWARE UNTIL ENTIRE RIG IS ASSEMBLED

### NOTE 1:

THE NAMEPLATE ACTS AS A FLATWASHER. ANY BOLTS USED TO MOUNT THE NAMEPLATE WILL NOT USE A FLATWASHER.

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### STEP 2:

BUILD CAGE USING (1) FRAME NAMEPLATE AND (1) WITHOUT. CONNECT WITH ITEM # 7. SECURE USING 1"x4.75" HEX BOLTS, 1" FLAT WASHERS, 1" LOCK WASHER, 1" HEX NUTS.

### NOTE 2:

ENSURE FEET FACE OUT IN EACH 43" SECTION



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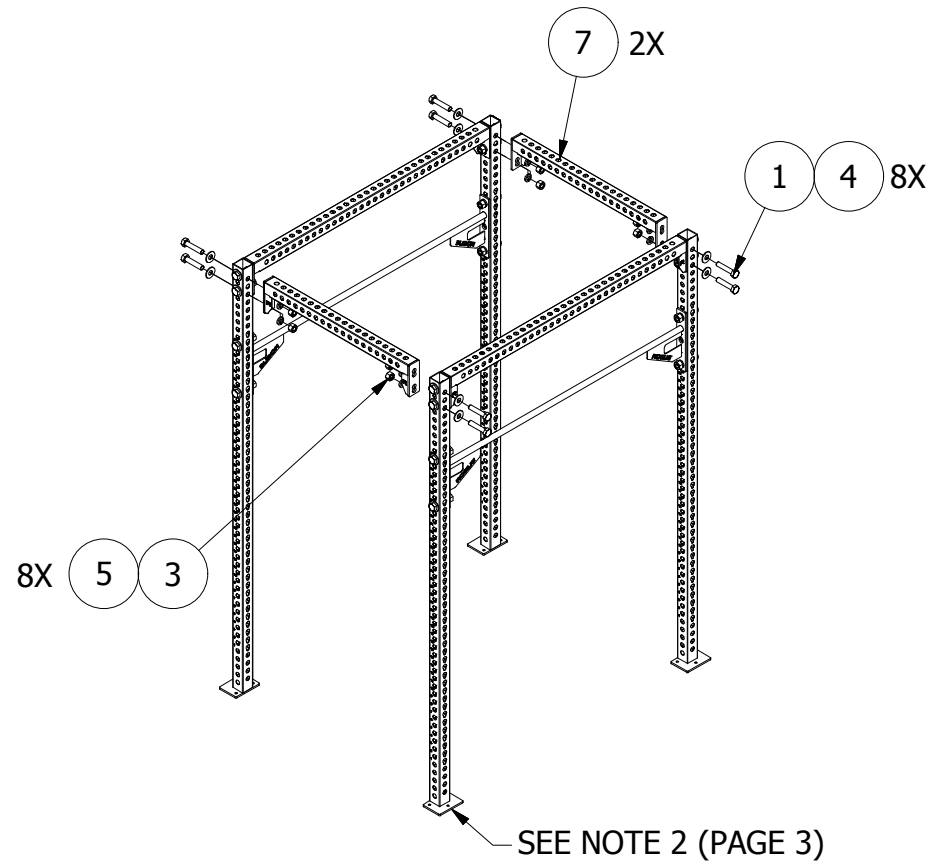
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# ROGUE FITNESS

## MONSTER 2.0 M-20 RIG

### STEP 3:

BUILD (1) CAGE USING (2) FRAMES WITHOUT NAMEPLATES.  
CONNECT WITH ITEM # 7. SECURE USING 1"x4.75" HEX BOLTS,  
1" FLAT WASHERS, 1" LOCK WASHER, 1" HEX NUTS.



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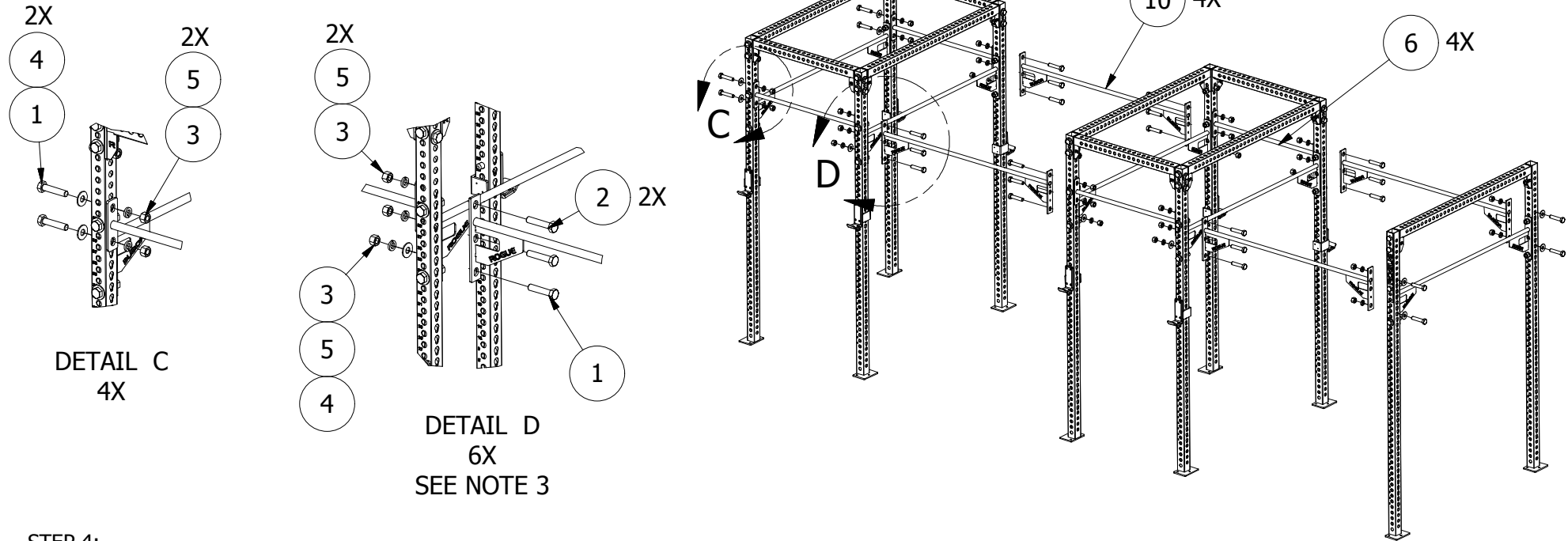
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## MONSTER 2.0 M-20 RIG



### STEP 4:

ASSEMBLE (2) CAGES AND (1) FRAME USING THE PULL-UP BARS SHOWN. SECURE USING 1"x4.75" & 1"x5" HEX BOLTS, 1" FLAT WASHERS, 1" LOCK WASHERS, 1" HEX NUTS.

\*BE SURE THAT THE NAMEPLATE IS ON THE OPPOSITE SIDE OF THE OTHER NAMEPLATE UPRIGHT.

\*FULLY TIGHTEN ALL HARDWARE

### NOTE 3:

ANY HEX BOLT SHARED BETWEEN 43" SINGLE PULL-UP BAR, ITEM # 6, & 70" SINGLE PULL-UP BAR, ITEM #10, WILL NOT USE A FLAT WASHER. SEE DETAIL D

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