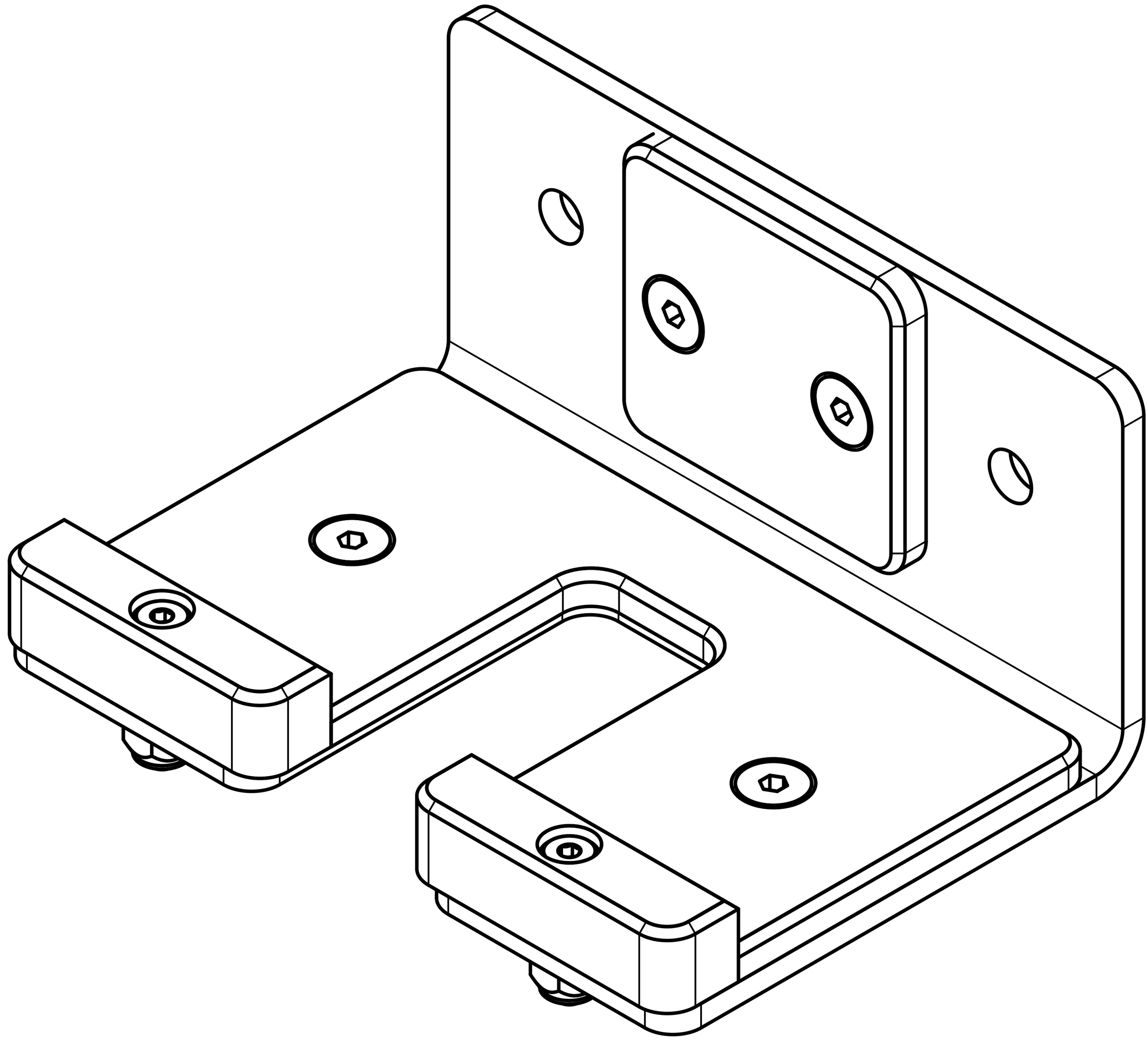
ROGUE®

VERTICAL 1-BAR HANGER 2.0 WALL MOUNT



⚠ IMPORTANT SAFETY INFORMATION

DISCLAIMER:

Resistance training, gymnastics training, and activities at height are potentially dangerous and may lead to severe injury or even death. Use common sense when training, obtain instruction in the proper execution of movements, and understand your limitations. This equipment must only be used by competent and responsible persons. Obtaining instruction in appropriate techniques and methods of use is your own responsibility. You assume all risks and responsibilities for all damage, injury or death which may occur during or following incorrect use of this equipment in any matter whatsoever. Rogue Fitness bears no liability beyond the replacement value of the equipment in question.

WARNING:

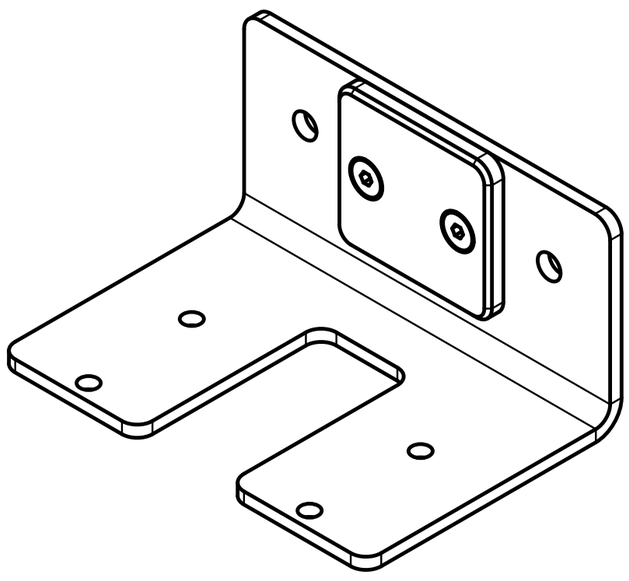
MISUSE OF THIS PRODUCT CAN RESULT IN SEVERE INJURY.

Both Rogue Fitness and buyer disclaim any express or implied warranty, including, without limitation, warranties or merchantability and/or fitness for a particular purpose with respect to the equipment. Buyer assumes all liability to use of equipment.

INCLUDED PARTS

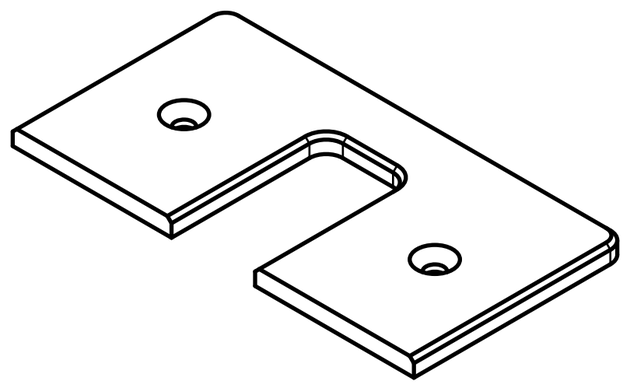
Note: Images not shown at scale

1 Qty: **1x**



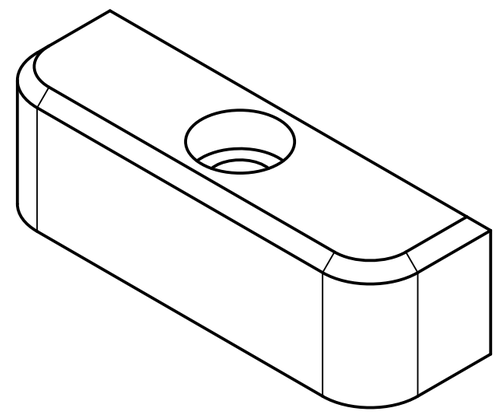
1-Bar Wall Hanger

2 Qty: **1x**



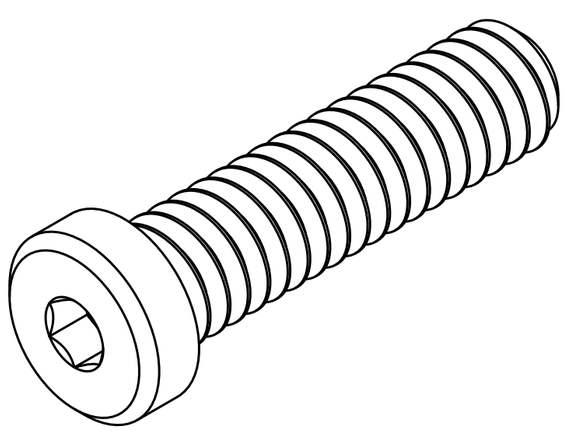
1-Bar Hanger Plastic

3 Qty: **2x**



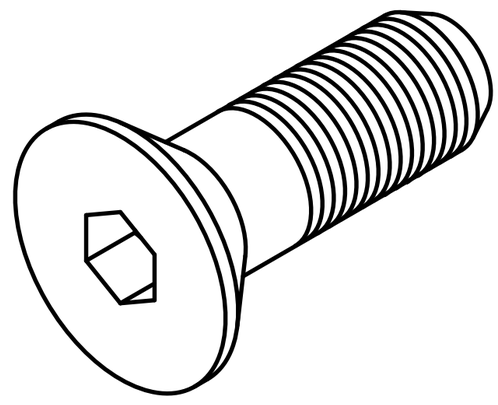
3-Bar Hanger Front Lip Plastic

4 Qty: **2x**



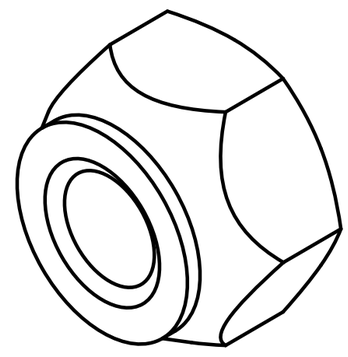
1/4” x 1” Low Profile Socket Head Screw

5 Qty: **2x**



1/4” x 3/4” Flat Head Socket Screw

6 Qty: **4x**

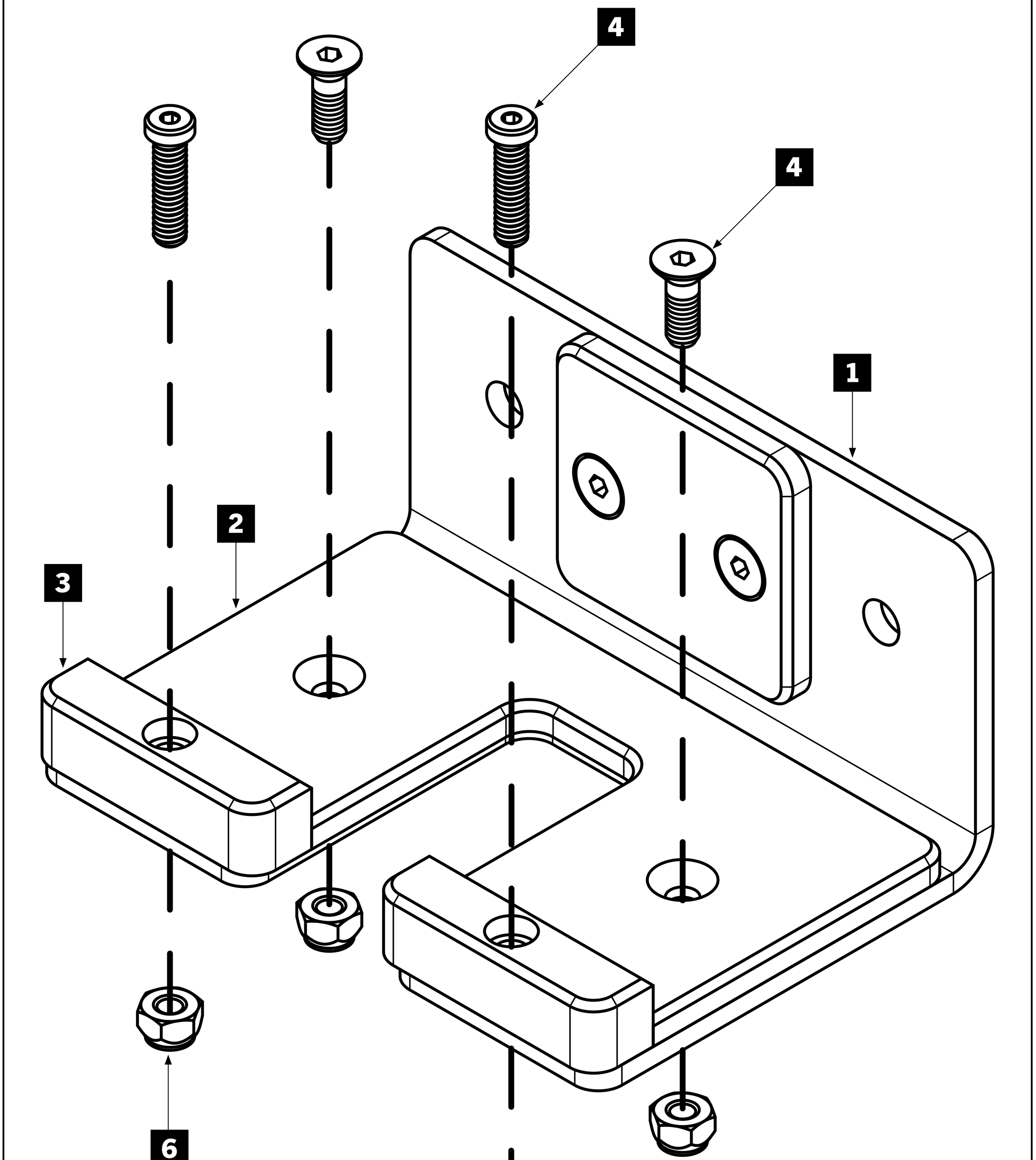


1/4” Nyloc Nut

STEP 1

- NOTE: If you are not confident in your mechanical skills, please seek the help of a professional to perform the installation. It is the buyers responsibility to install the bar hanger in a location and with hardware capable of supporting the aggregate weight of the bar hanger and bars mounted on it.
- Attach 1-Bar Hanger Plastic [**2**] to the 1-Bar Wall Hanger [**1**] using 1/4” x 1” Low Profile Socket Head Screw [**4**] and 1/4” Nyloc Nut [**6**].
- Attach 1-Bar Hanger Front Lip Plastic [**3**] to the 1-Bar Wall Hanger [**1**] using 1/4” x 3/4” Flat Head Socket Screw [**4**] and 1/4” Nyloc Nut [**6**].
- It is **NEVER** recommended to install the Bar Hanger on a drywall, wood or metal stud wall without a stringer or additional support.
- Test unit for stability before each use.
- **Anchor to wood or solid concrete as follows: Wood - 5/16” x 3.5” Wood Lag Bolts, Solid Concrete - 5/16” x 3.5” Concrete Wedge Anchor.**
- **NOTE: Anchoring/Mounting hardware not included.**

1-A



ROGUE

SCAN FOR INSTRUCTIONS

IRON GAME PROGRAMMING

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