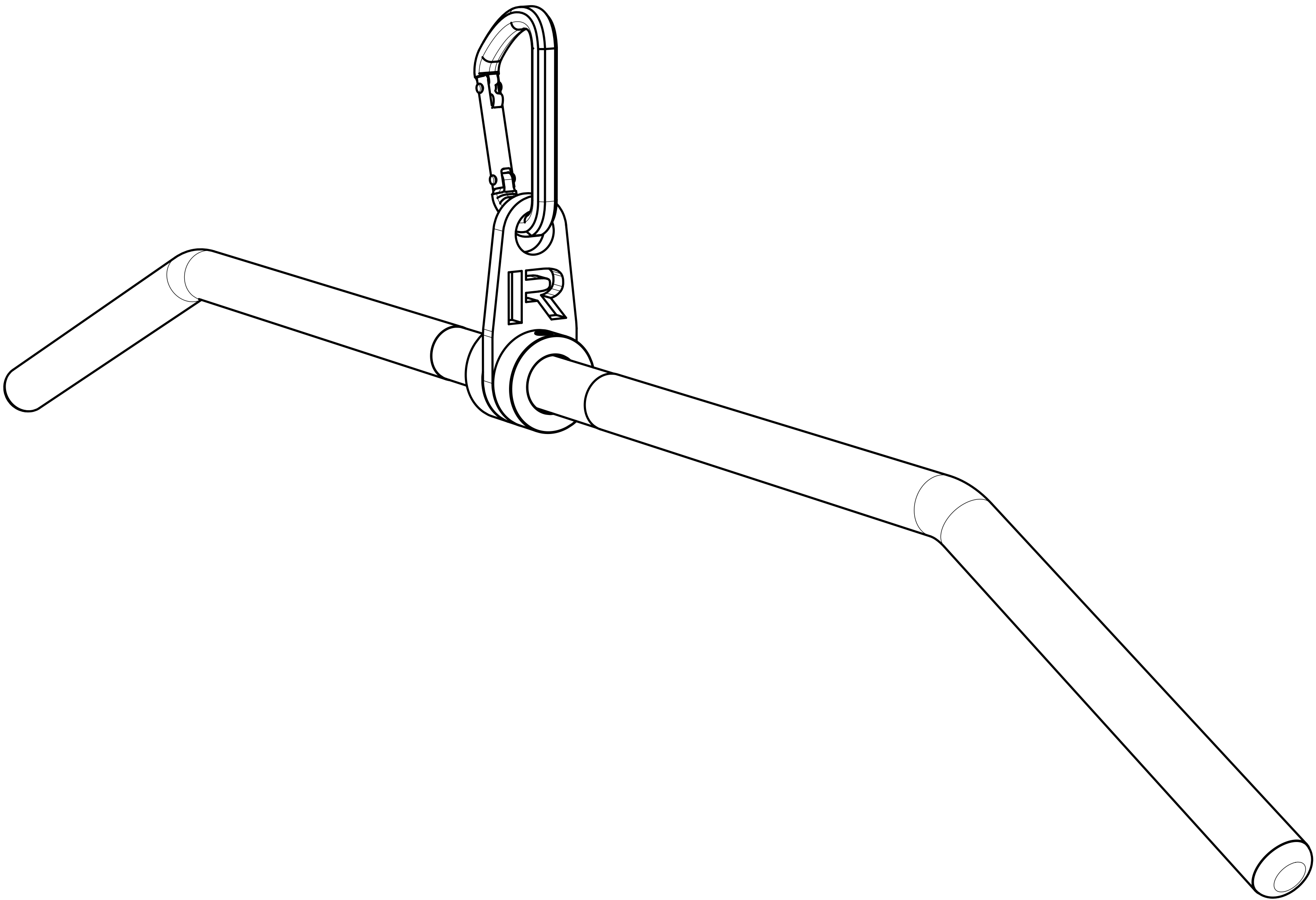


ROGUE®

ROGUE LAT BAR



⚠️ IMPORTANT SAFETY INFORMATION

DISCLAIMER:

Resistance training, gymnastics training, and activities at height are potentially dangerous and may lead to severe injury or even death. Use common sense when training, obtain instruction in the proper execution of movements, and understand your limitations. This equipment must only be used by competent and responsible persons. Obtaining instruction in appropriate techniques and methods of use is your own responsibility. You assume all risks and responsibilities for all damage, injury or death which may occur during or following incorrect use of this equipment in any matter whatsoever. Rogue Fitness bears no liability beyond the replacement value of the equipment in question.

WARNING:

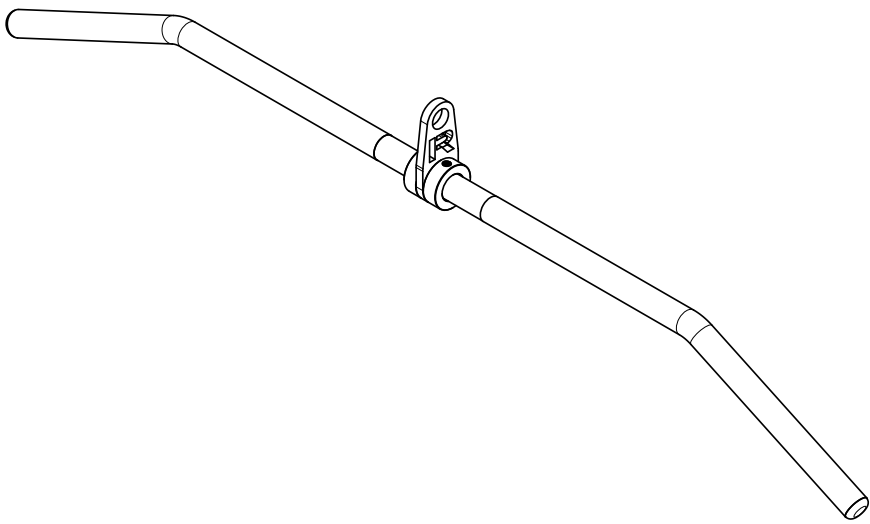
MISUSE OF THIS PRODUCT CAN RESULT IN SEVERE INJURY. Both Rogue Fitness and buyer disclaim any express or implied warranty, including, without limitation, warranties or merchantability and/or fitness for a particular purpose with respect to the equipment. Buyer assumes all liability to use of equipment.

INCLUDED PARTS

Note: Images not shown at scale

1

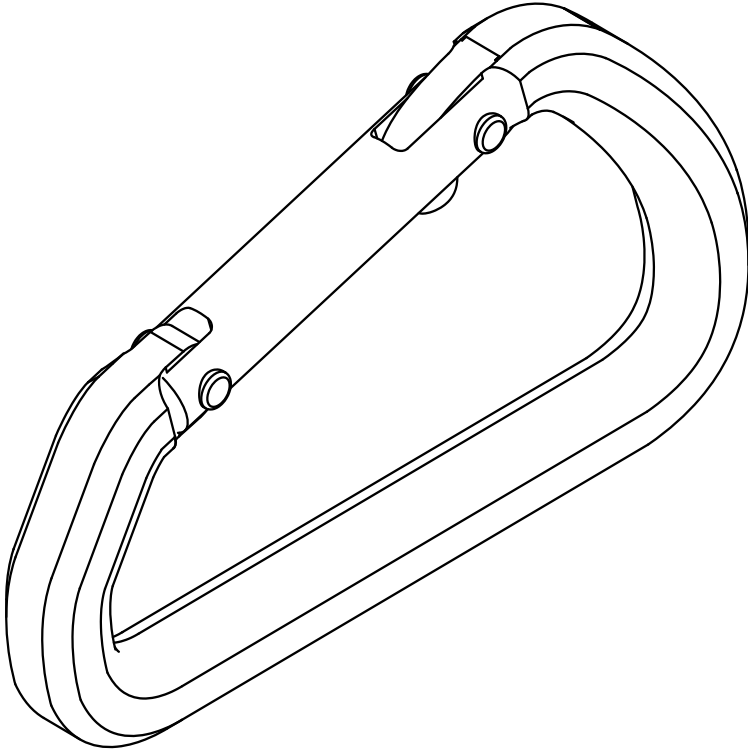
Qty: 1x



Lat Bar

2

Qty: 1x



Carabiner

3

Qty: 1x



Warning Sticker

STEP 1

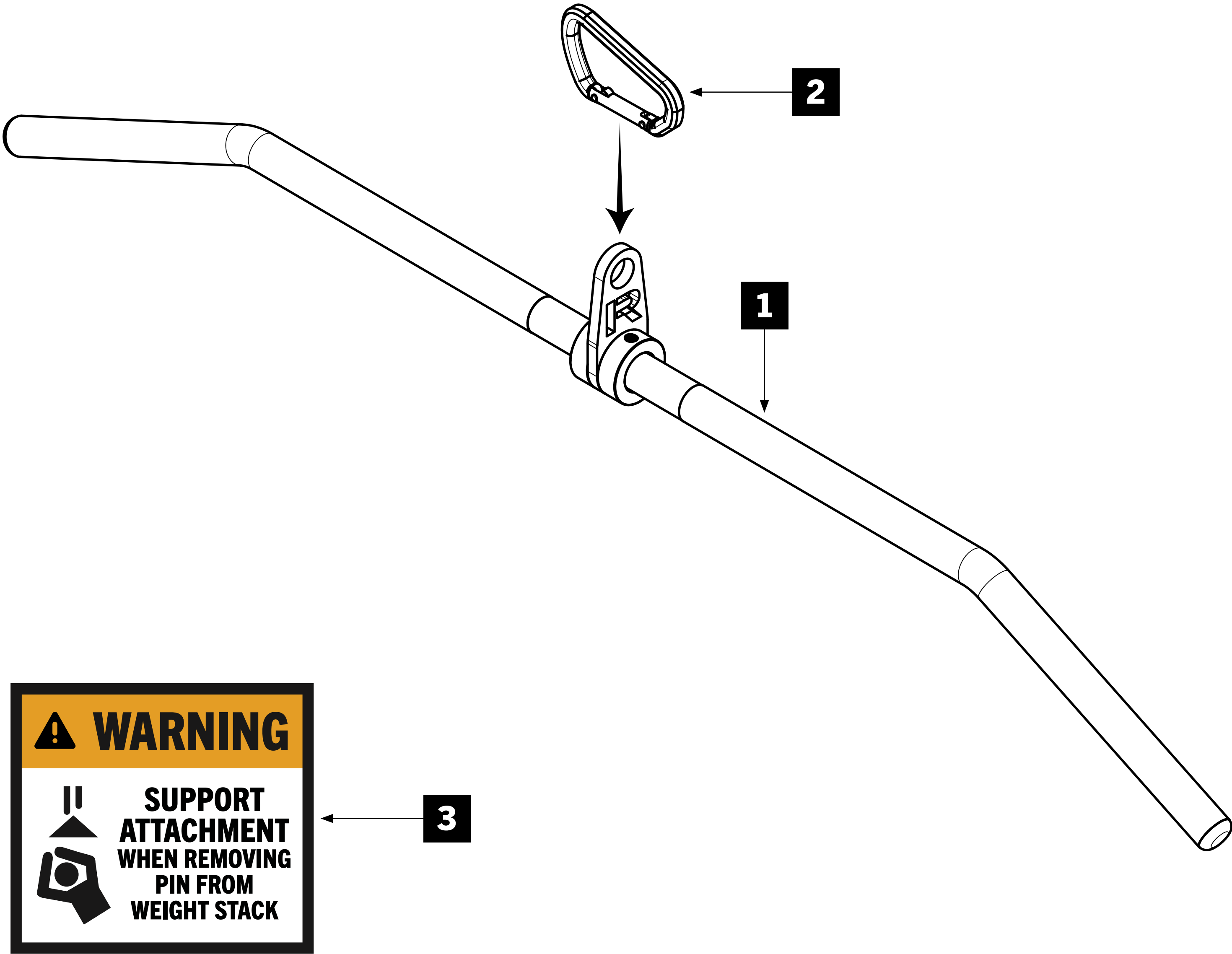
• Attach Carabiner [2] to Lat Bar [1].

• Warning Sticker [3] included to be placed on existing Cable Machine.

• NOTE: Sticker should be placed in a location that is clearly visible to any user of the unit.

• NOTE: Cable machines from different manufacturers will have different amounts of resistance when unloaded which may or may not balance the weight of the attachment. Therefore it is important that the attachment is always supported while changing the weight to prevent it from falling and causing injury.

1-A



page 2 of 2

ROGUE



**SCAN FOR
INSTRUCTIONS**



**IRON GAME
PROGRAMMING**

ER00464-1