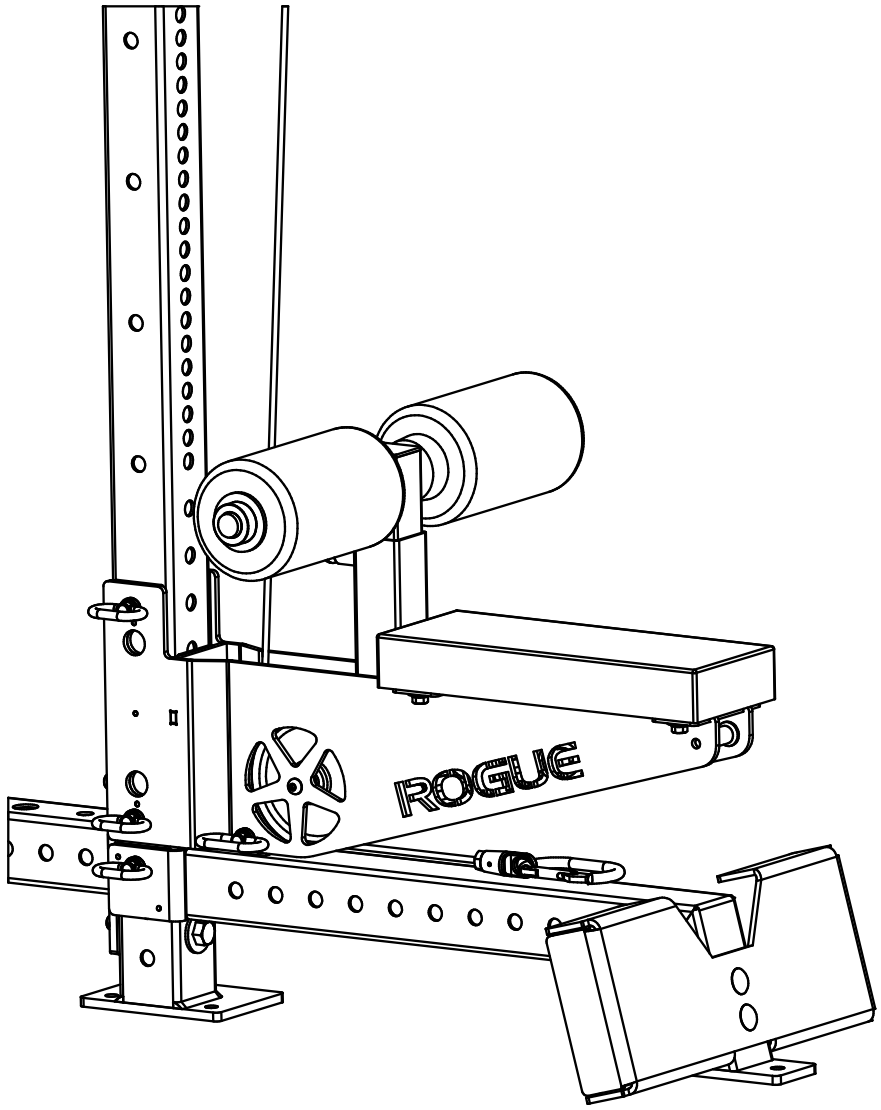
ROGUE
MONSTER LITE LOW ROW KIT



GENERAL GUIDELINES:

- PLEASE READ THESE CUSTOMER INSTRUCTIONS THOROUGHLY PRIOR TO ASSEMBLING.

TOOLS REQUIRED:

- 3/16" Hex Key
- 7/32" Hex Key
- 1/2" Wrench/Socket
- 9/16" Wrench/Socket
- 3/4" Wrench/Socket

* SEE SHEET 2 FOR ITEM DESCRIPTIONS AND QUANTITIES *

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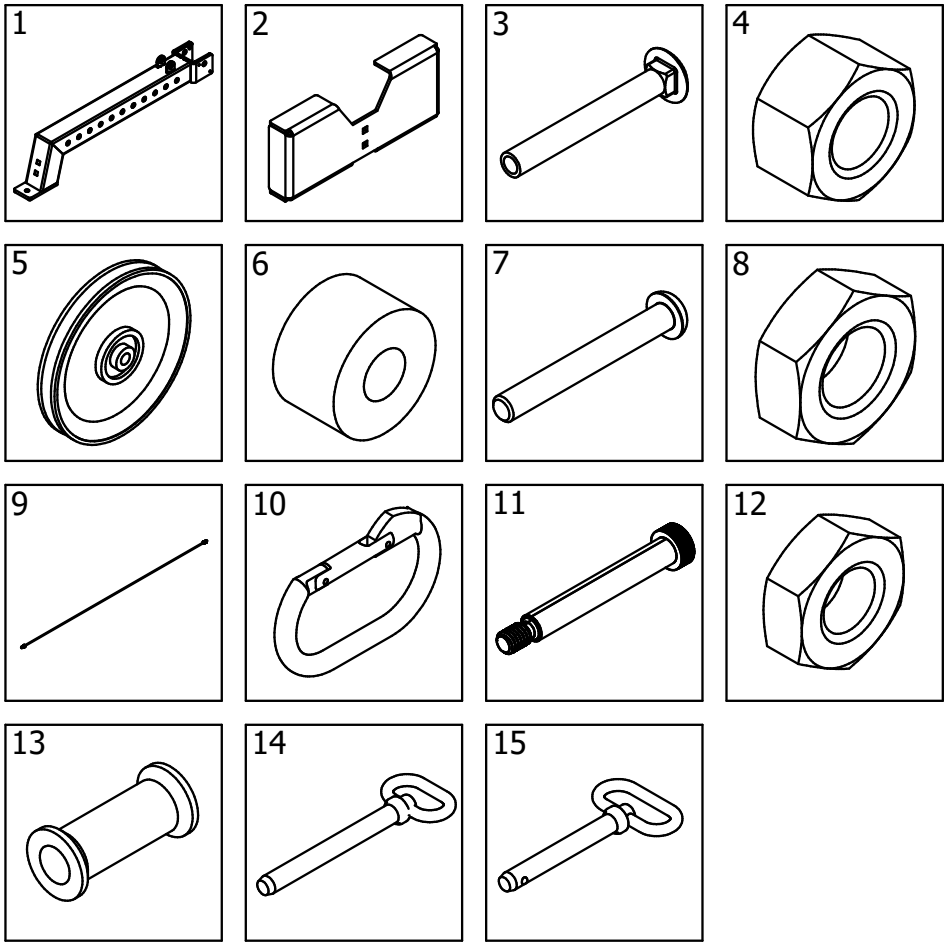
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PARTS LIST		
ITEM	QTY	DESCRIPTION
1	1	Single Foot Crossmember
2	1	Tread Plate
3	2	1/2" x 4" Carriage Bolt
4	2	1/2" Lock Nut
5	1	Cable Pulley
6	2	Plastic Spacer
7	1	3/8" x 3" Button Head Screw
8	1	3/8" Lock Nut
9	1	Cable
10	1	Carabiner
11	1	3/8" x 2-1/2" Shoulder Screw (5/16" Thread)
12	1	5/16" Lock Nut
13	1	Roller
14	1	*5/8" x 5" Detent Pin
15	1	5/8" x 4" Detent Pin

* (1) 5/8” x 5" Detent Pin is included with the Monster Lite Low Row Kit (2) more are included with the Monster Lat Pulldown Seat

INCLUDED PARTS

*NOTE: IMAGES NOT SHOWN TO SCALE



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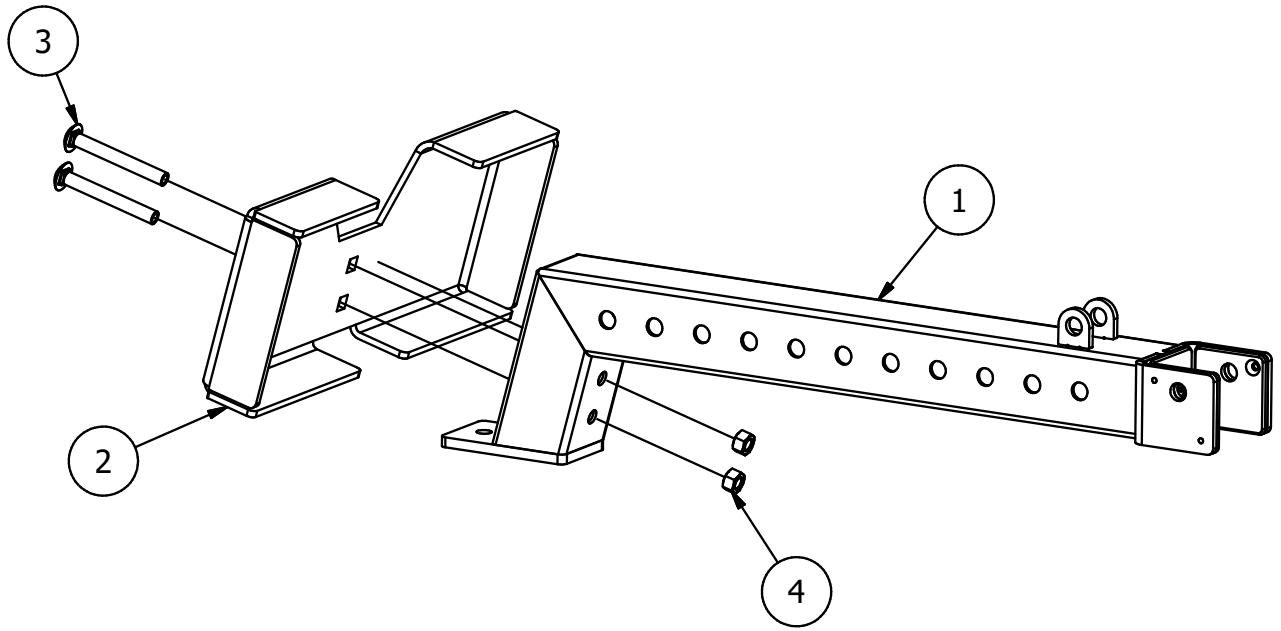
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STEP 1: Attach the Tread Plate to the Single Foot Crossmember using the 1/2" x 4" Carraige Bolts and 1/2" Lock Nuts.



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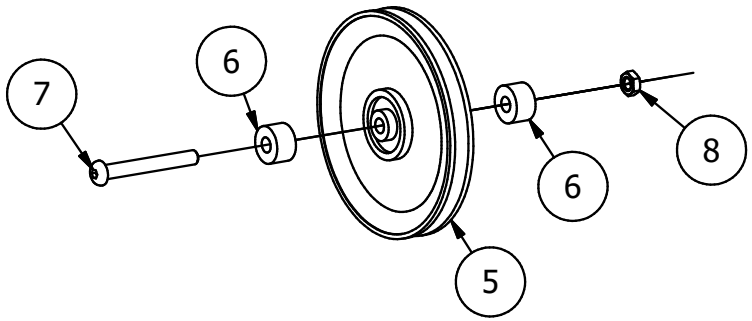
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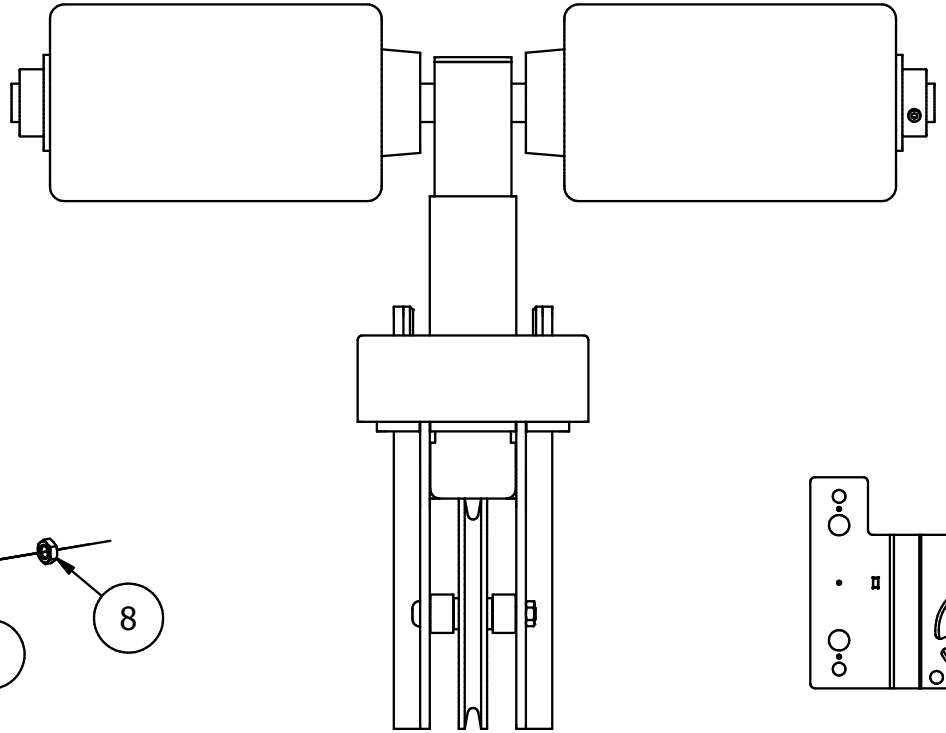
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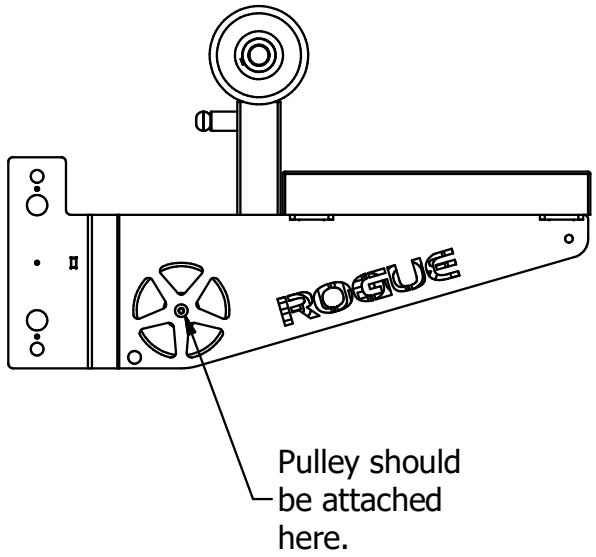
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STEP 2: Attach the Cable Pulley to the Lat Pulldown Seat at the specified location using the 3/8" x 3" Button Head Screw and 3/8" Lock Nut. Be sure to place a Plastic Spacer on the inside of the Lat Pulldown Seat and on each side of the Cable Pulley, as shown.







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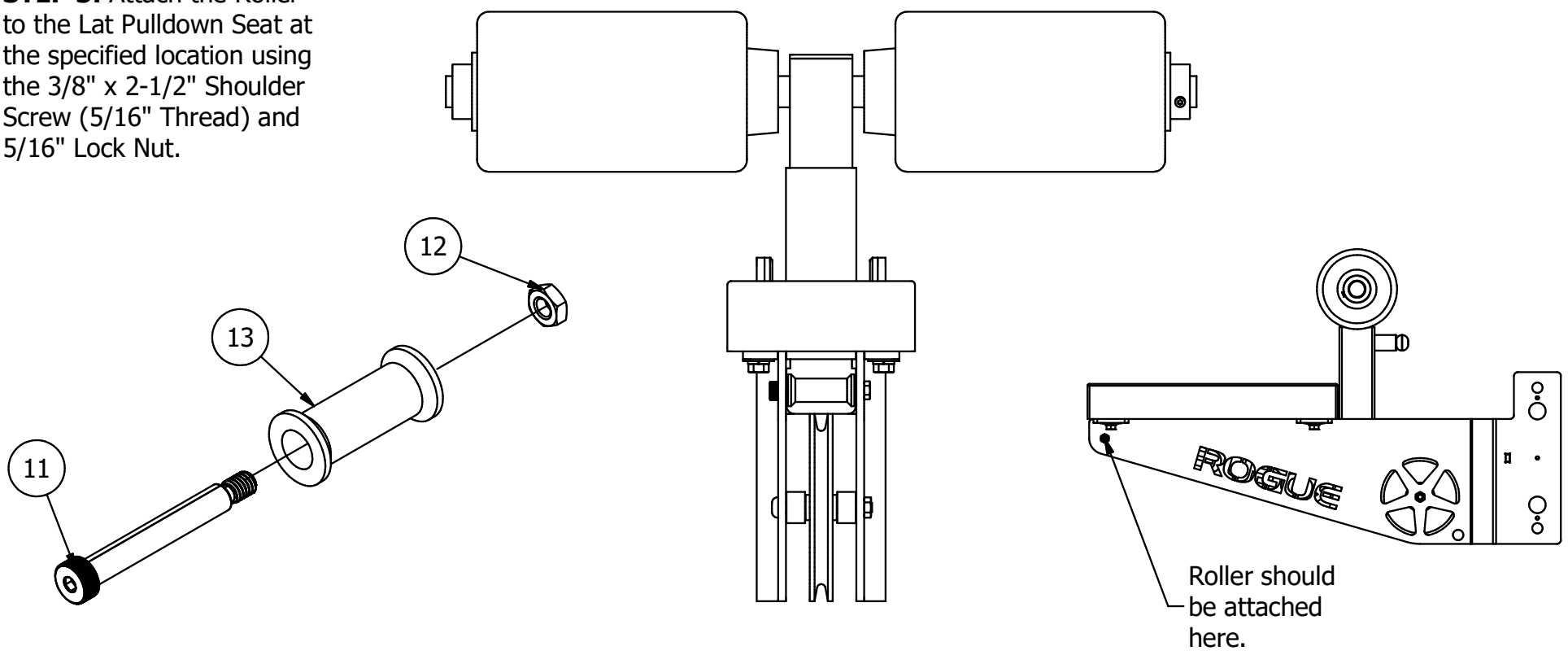
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STEP 3: Attach the Roller to the Lat Pulldown Seat at the specified location using the 3/8" x 2-1/2" Shoulder Screw (5/16" Thread) and 5/16" Lock Nut.



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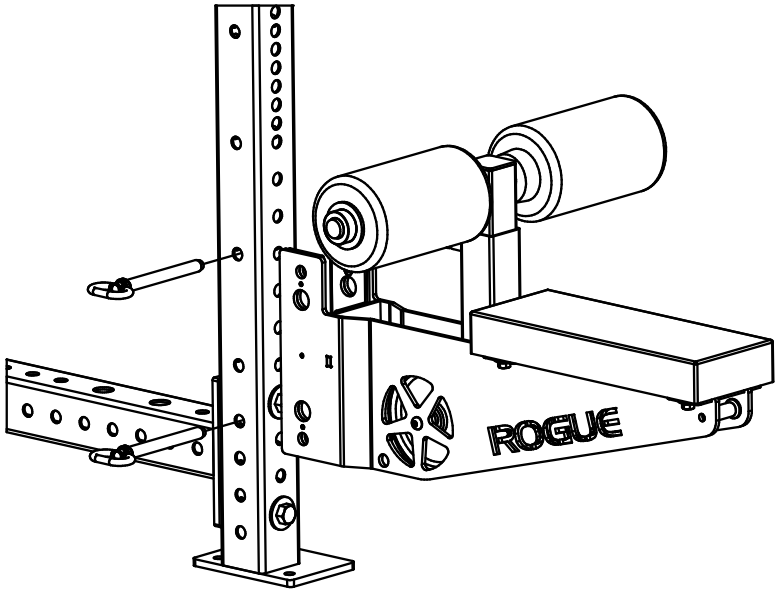
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STEP 4: Attach the assembled Lat Pulldown Seat to the upright using 5/8" x 5" Detent Pins. The 5/8" x 5" Detent Pins should be inserted on the upright at the 4th and 6th hole from the ground.

NOTE: Lat Pulldown Seat and (2) extra 5/8" x 5" Detent Pins are not included with the Monster Lite Low Row Kit.



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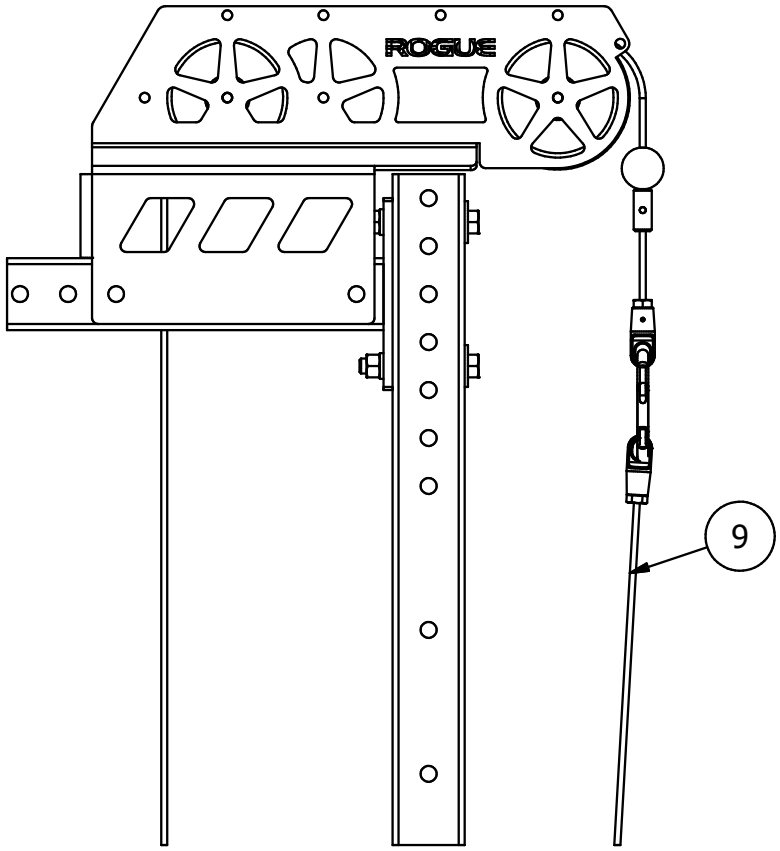
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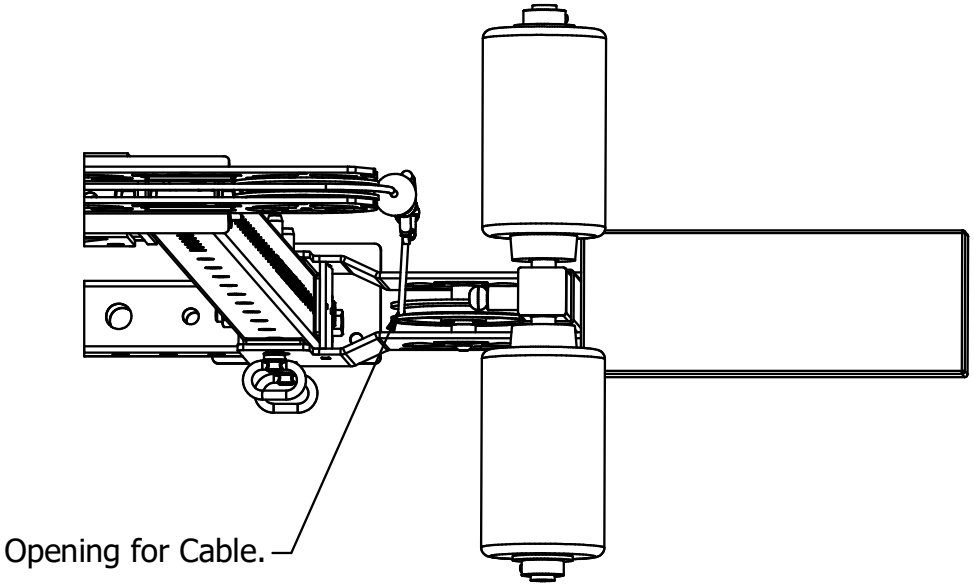
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STEP 5: Attach the Cable to the existing slinger cable. Pass the Cable through the opening in the Lat Pulldown seat, as shown.



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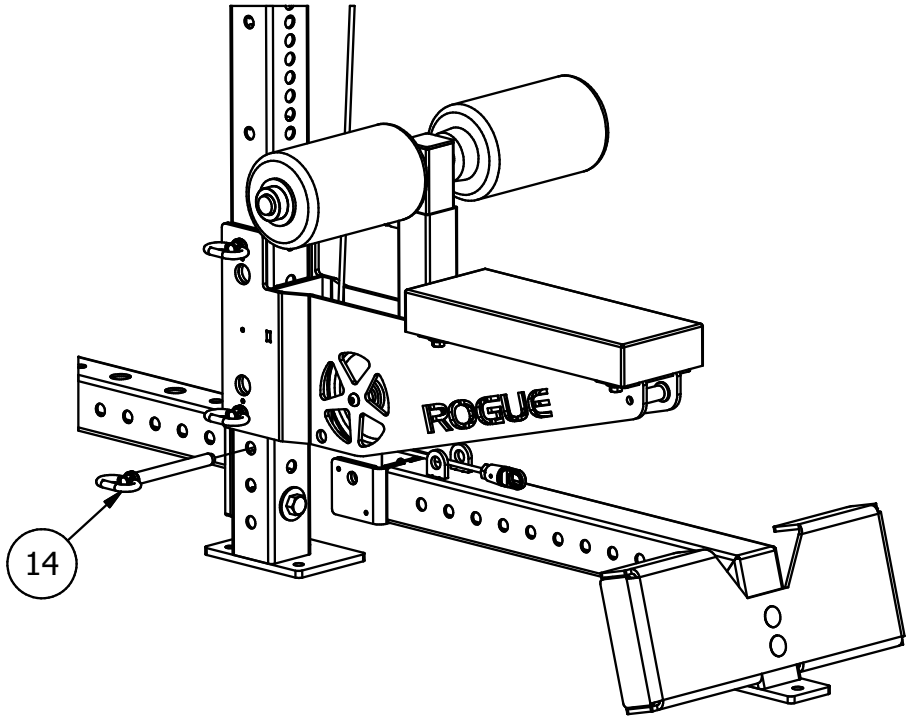
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STEP 6: Attach the Single Foot Crossmember to the upright using the 5/8" x 5" Detent Pin. The 5/8" x 5" Detent Pin should be inserted on the upright at the 3rd hole from the ground.

NOTE: As you are attaching the Single Foot Crossmember, ensure the anchoring tabs are on each side of the Cable Pulley. Also, make sure the Cable is pulled through and is aligned with the groove of the Cable Pulley, as it will be difficult to realign the pulley after this step.

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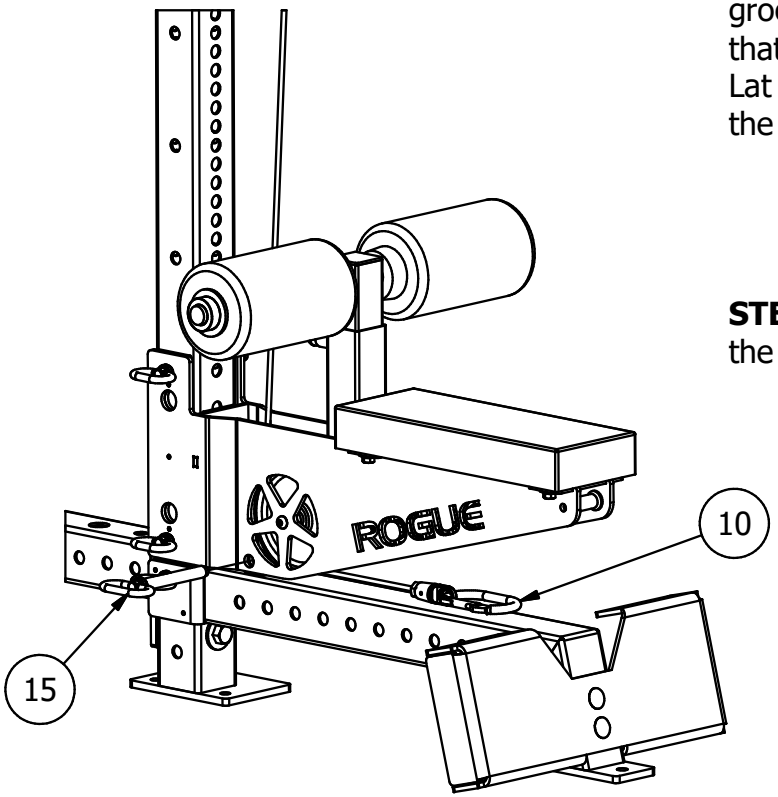
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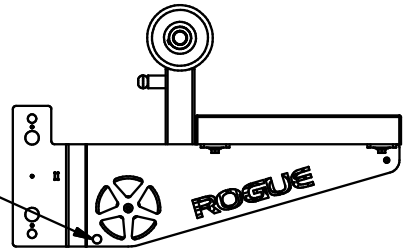
STEP 7: Secure the cable in place using the 5/8” x 4" Detent Pin.

NOTE: Ensure the cable is aligned with the groove of the Cable Pulley. Also, make sure that the 5/8” x 4" Detent Pin secures both the Lat Pulldown Seat and the anchoring tabs on the Single Foot Crossmember.

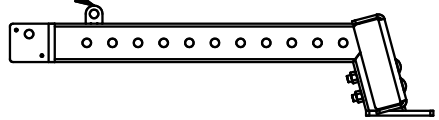


STEP 8: Attach the Carabiner to the end of the Cable and attach your choice of accessory.

Secure Lat Pulldown Seat with 5/8" x 4" Detent Pin here.



Secure Single Foot Crossmember at Anchoring Tab here.



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