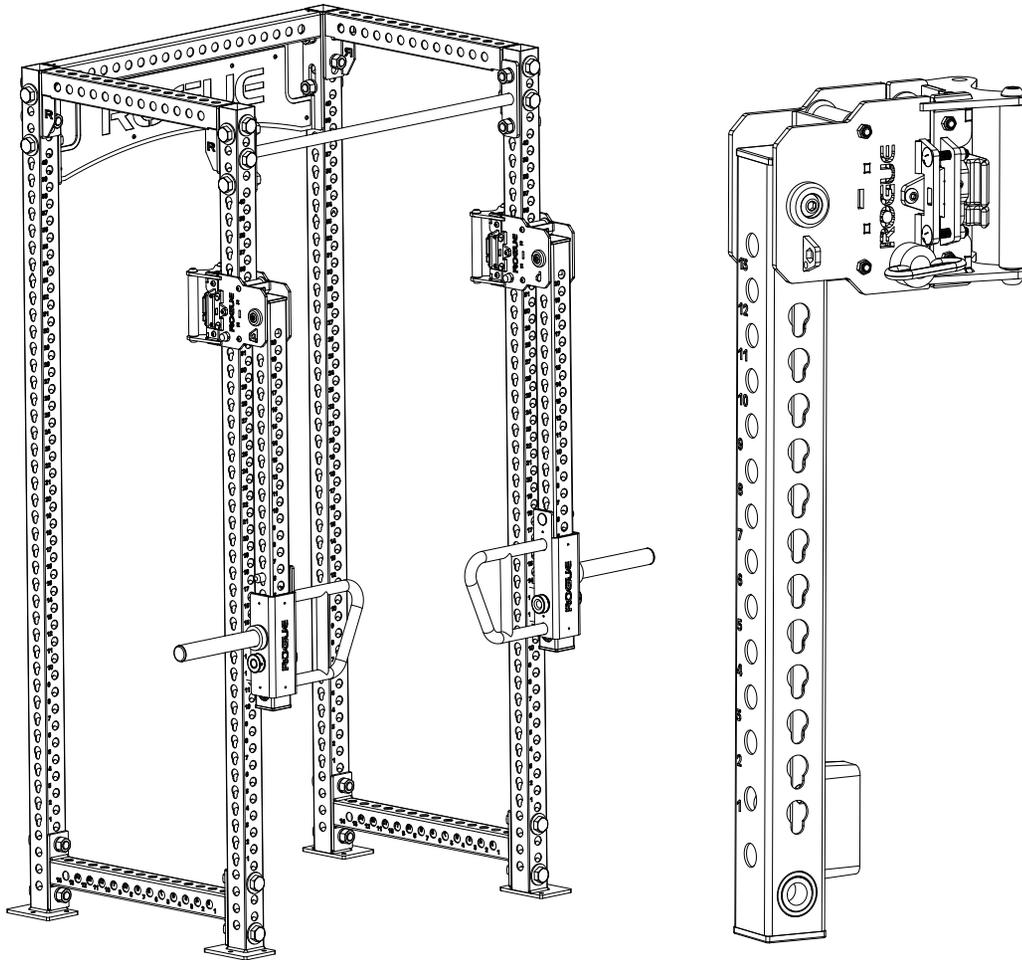


ROGUE

MONSTER LT-1 50 CAL TROLLEY 2.0



GENERAL GUIDELINES:

- PLEASE READ THESE CUSTOMER INSTRUCTIONS THOROUGHLY PRIOR TO ASSEMBLING.
- 48" OR 35" LEVER ARMS CAN BE INSTALLED TO THE FRONT OF ANY MONSTER RIG OR RACK. 35" LEVER ARMS CAN BE INSTALLED IN ANY 43" DEPTH SPACE.
- UNIT MUST BE BOLTED TO THE FLOOR FOR USE. FLOOR MOUNTING HARDWARE IS NOT INCLUDED.
- ENSURE 1" DETENT PIN IS ENGAGED THROUGH SIDE OF TROLLEY PRIOR TO EACH USE.

TOOLS REQUIRED:

- 7/32" ALLEN/HEX WRENCH
- TWO 3/8" ALLEN/HEX WRENCHES
- 9/16" SOCKET OR CRESCENT WRENCH (OPTIONAL)

DISCLAIMER

Resistance training, gymnastics training, and activities at height are potentially dangerous and may lead to severe injury or even death. Use common sense when training, to obtain instruction in the proper execution of movements, and understand your limitations. This equipment must only be used by competent and responsible persons, or under the direct and visual control of a competent and responsible person. Obtaining instruction in appropriate techniques and methods of use is your own responsibility. You assume all risks and responsibilities for all damage, injury or death which may occur during or following incorrect use of this equipment in any matter whatsoever. Rogue Fitness bears no liability beyond the replacement value of the equipment in question.



MISUSE OF THIS CAN RESULT IN
SEVERE INJURY

BOTH ROGUE FITNESS AND BUYER DISCLAIM ANY EXPRESS OR IMPLIED WARRANTY, INCLUDING, WITHOUT LIMITATION, WARRANTIES OR MERCHANTABILITY AND/OR FITNESS FOR A PARTICULAR PURPOSE WITH RESPECT TO THE EQUIPMENT. BUYER ASSUMES ALL LIABILITY IN USE OF EQUIPMENT.

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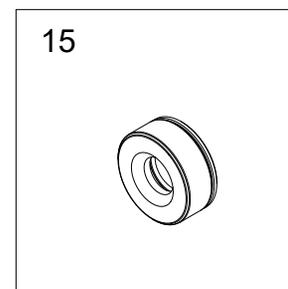
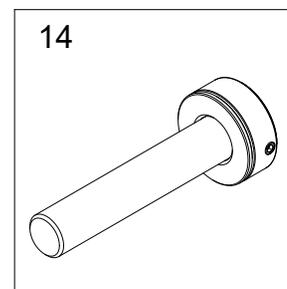
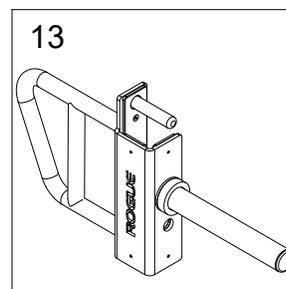
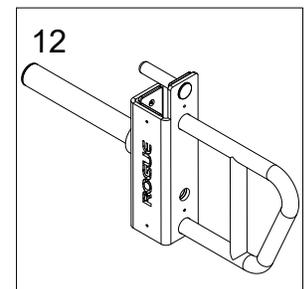
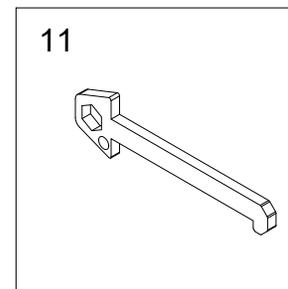
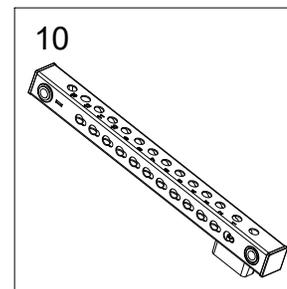
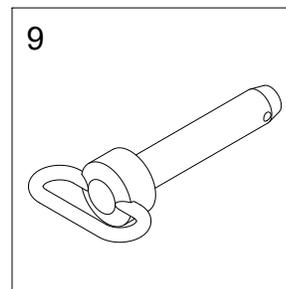
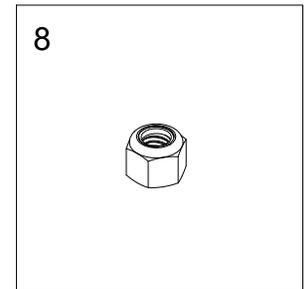
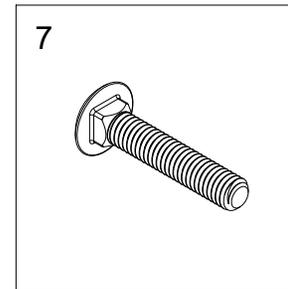
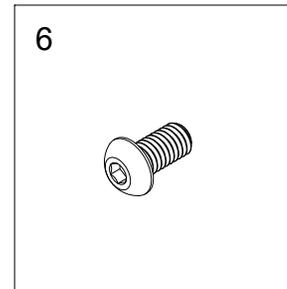
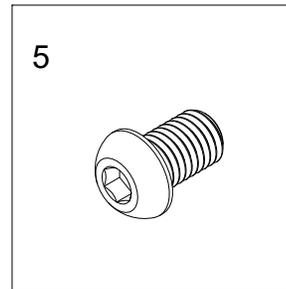
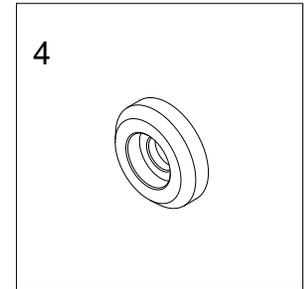
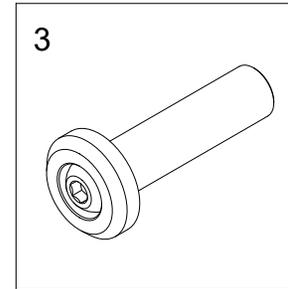
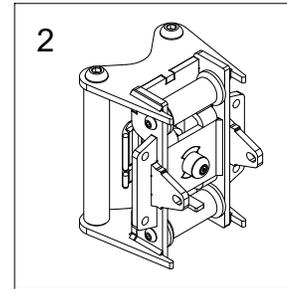
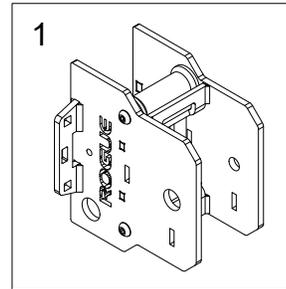
MONSTER LT-1 50 CAL TROLLEY 2.0

INCLUDED PARTS

*NOTE: IMAGES NOT SHOWN TO SCALE

PARTS LIST		
ITEM	QTY	DESCRIPTION
1	2	Front Trolley Assembly
2	2	Rear Trolley Assembly
3	2	Pivot Pin
4	2	Machined Washer
5	2	5/8" x 1" Button Head Bolt
6	4	3/8" x 3/4" Button Head Bolt
7	4	3/8" x 2" Carriage Bolt
8	8	3/8" Nylock Nut
9	2	1" Detent Pin
10	2	Lever Arm (48" or 35")
11	2	Locking Key
12*	1	Neutral Handle Attachment (Left)
13*	1	Neutral Handle Attachment (Right)
14*	2	Handle Connecting Pin
15*	2	Threaded Knurled Knob

* MAY OR MAY NOT BE INCLUDED
DEPENDING ON HANDLE SELECTION MADE
AT CHECKOUT.

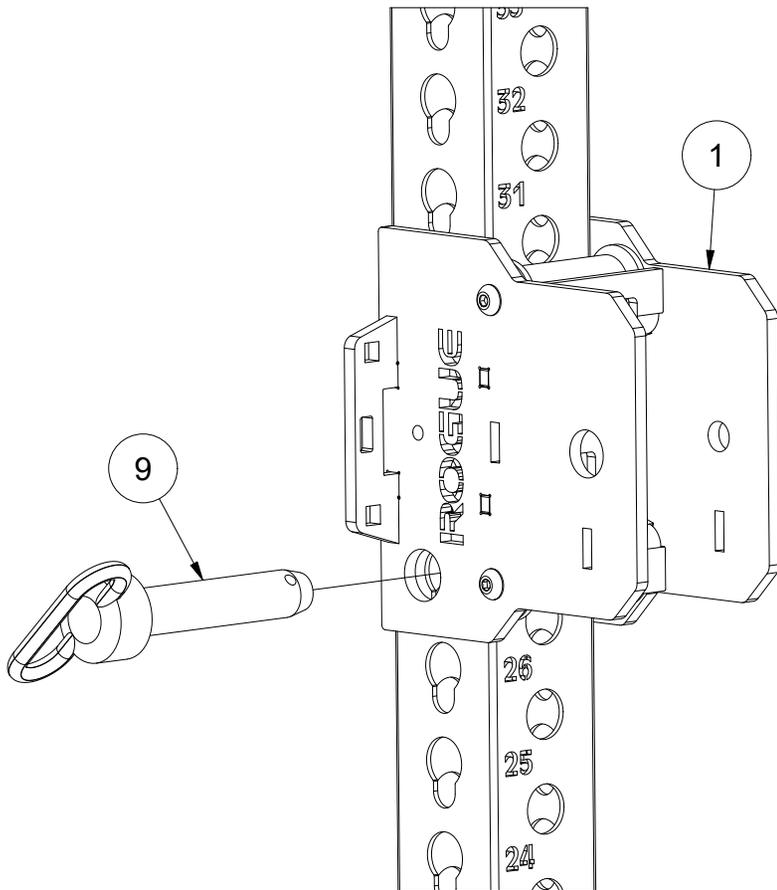


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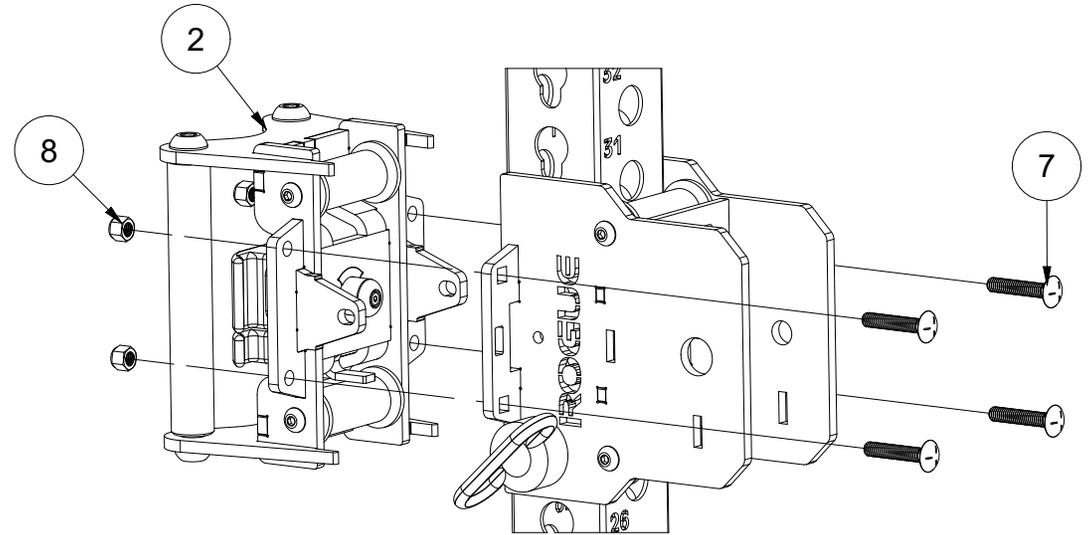
STEP 1:

PLACE THE FRONT TROLLEY ASSEMBLY (ITEM 1) AROUND THE UPRIGHT AND SECURE WITH THE 1" DETENT PIN (ITEM 9).



STEP 2:

SLIDE THE REAR TROLLEY ASSEMBLY (ITEM 2) INTO THE BACK OF THE FRONT TROLLEY ASSEMBLY. PLACE 3/8" CARRIAGE BOLTS (ITEM 7) THROUGH THE FRONT TENSIONING PLATE OF THE FRONT TROLLEY. SECURE THE REAR ASSEMBLY IN PLACE WITH 3/8" LOCK NUTS (ITEM 8). **HAND TIGHTEN ONLY.**



ROGUE

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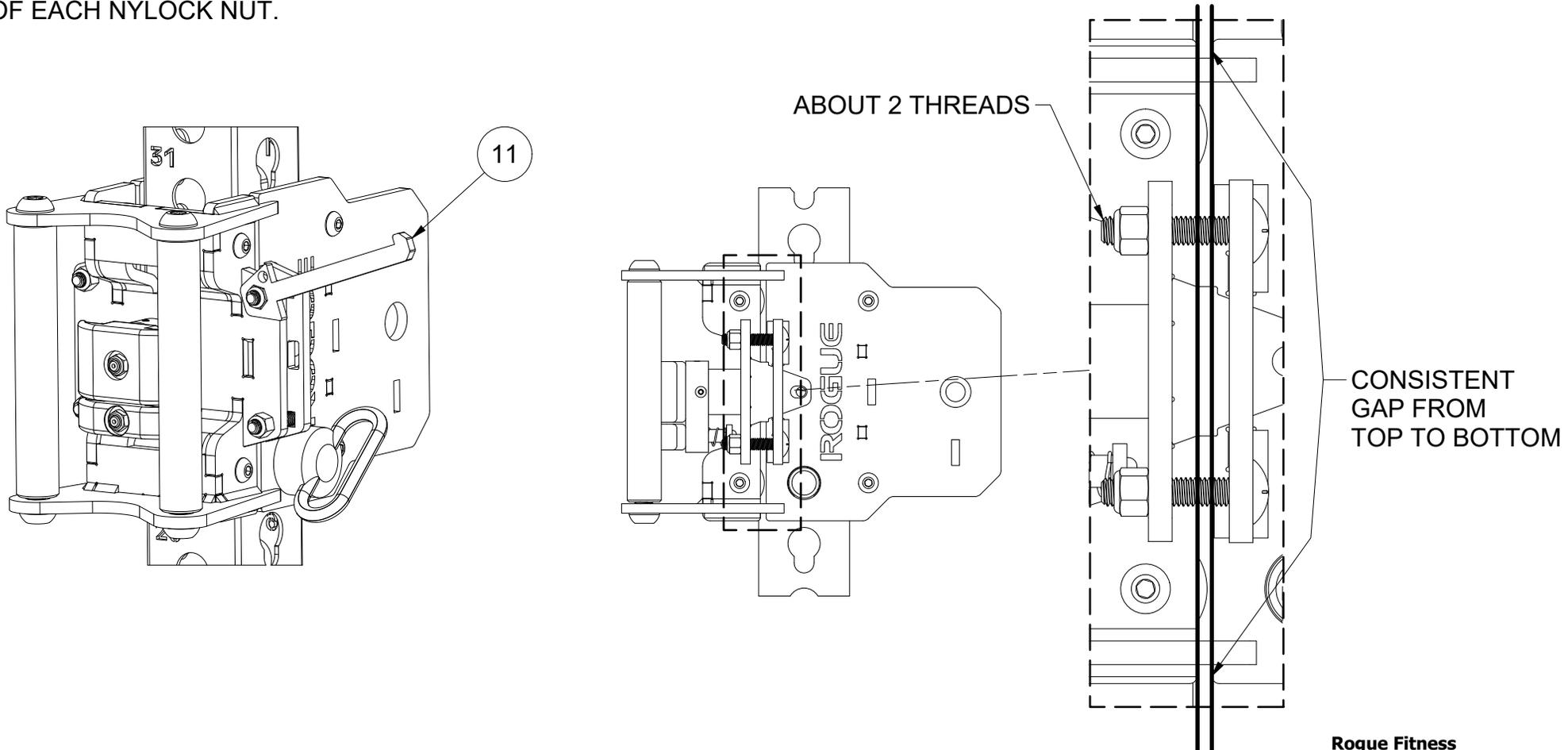
STEP 3:

USE THE BACK END OF THE LOCKING KEY (ITEM 11) OR A 9/16" WRENCH/SOCKET TO TIGHTEN THE 3/8" NYLOCK NUTS.

TIGHTEN NUTS A 1/4 TURN AT A TIME, MOVING TO EACH NUT IN A CLOCKWISE SEQUENCE. MONITOR THE GAP BETWEEN THE FRONT AND REAR ASSEMBLIES TO ENSURE CONSISTENCY FROM TOP TO BOTTOM.

TIGHTEN ALL NUTS UNTIL THE TROLLEY IS SNUG ON THE UPRIGHT BUT CAN STILL ROLL UP AND DOWN SMOOTHLY. IF NECESSARY, TIGHTEN/LOOSEN THE NYLOCK NUTS BY A 1/4 TURN, THEN RE-TEST AND REPEAT AS NECESSARY.

TIP: TROLLEY WILL BE TIGHT ON THE UPRIGHT WHEN THERE ARE ABOUT 2 THREADS SHOWING THROUGH THE BACK OF EACH NYLOCK NUT.



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MONSTER LT-1 50 CAL TROLLEY 2.0

STEP 4:

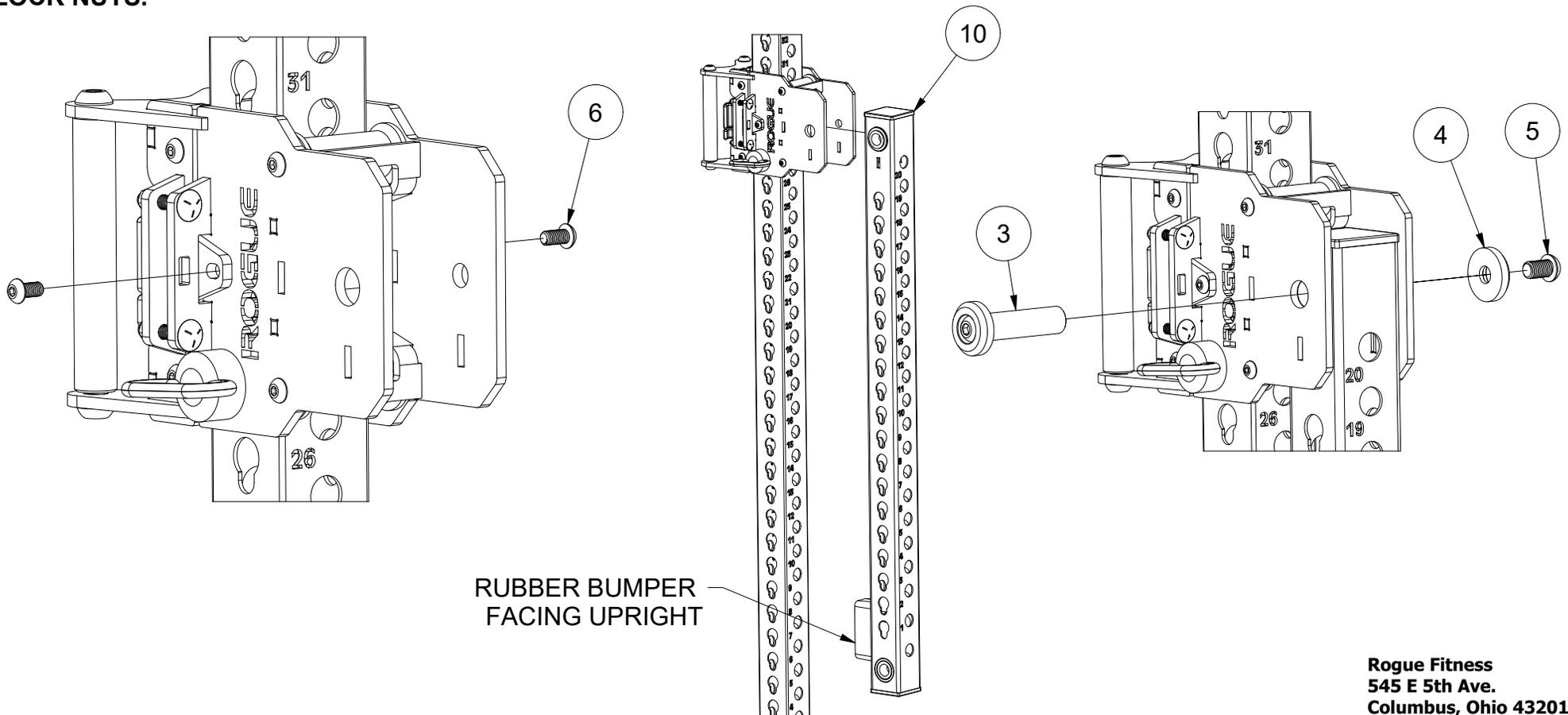
ONCE THE CARRIAGE BOLTS HAVE BEEN TENSIONED CORRECTLY, USE A 7/32" ALLEN/HEX WRENCH TO SCREW THE 3/8" X 3/4" BUTTON HEAD BOLTS (ITEM 6) INTO BOTH SIDE PLATES OF THE TROLLEY.

THIS WILL LOCK THE FRONT AND REAR ASSEMBLIES IN PLACE. **IF FUTURE ADJUSTMENTS ARE NEEDED, LOOSEN THESE TWO BOLTS BEFORE ADJUSTING THE 3/8" LOCK NUTS.**

STEP 5:

WITH THE RUBBER BUMPER FACING THE UPRIGHT, PLACE THE LEVER ARM (ITEM 10) INTO THE FRONT OF THE TROLLEY SO THAT THE PIVOT HOLES ALIGN.

SLIDE THE PIVOT PIN (ITEM 3) THROUGH THE TROLLEY AND LEVER ARM. SECURE THE PIVOT PIN ON THE OTHER SIDE WITH THE MACHINED WASHER (ITEM 4) AND 5/8" X 1" BUTTON HEAD BOLT (ITEM 5). TIGHTEN WITH TWO 3/8" ALLEX/HEX WRENCHES. **DO NOT OVER-TIGHTEN.** LEVER ARM SHOULD BE ABLE TO SWING WITHOUT RESISTANCE.



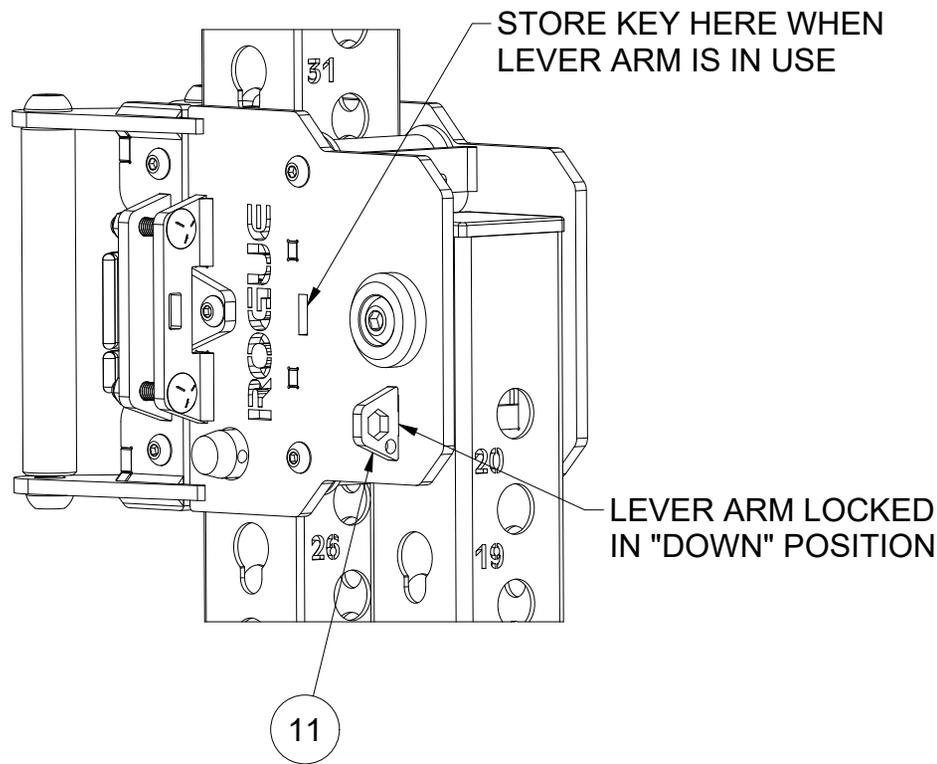
ROGUE

MONSTER LT-1 50 CAL TROLLEY 2.0

STEP 6:

TO LOCK THE LEVER ARM IN THE "DOWN" POSITION, PLACE THE LOCKING KEY (ITEM 11) THROUGH THE SLOT AT THE FRONT OF THE TROLLEY AND THROUGH THE LEVER ARM UNTIL IT SEATS IN THE OTHER SIDE OF THE TROLLEY.

WHEN USING THE LEVER ARM, STORE THE KEY IN THE SLOT CLOSEST TO THE "ROGUE" LOGO.



STEP 7:

ASSEMBLE NEUTRAL HANDLE ATTACHMENTS (ITEMS 12 & 13) BY INSERTING PIN INTO HOLE AT SIDE OF LEVER ARM, THEN SWINGING HANDLE DOWNWARD ONTO ARM.

SECURE HANDLE ATTACHMENT BY INSERTING CONNECTING PIN (ITEM 14) THROUGH HOLE IN THE HANDLE ATTACHMENT AND LEVER ARM, THEN SCREWING THE KNURLED KNOB (ITEM 15) ONTO THE OPEN SIDE OF THE PIN. **NOTE: PLASTIC WASHER ON KNURLED KNOB SHOULD FACE INWARD (TOWARDS ARM).**

**IF ARTICULATING HANDLES WERE PURCHASED, REFERENCE THE INSTRUCTIONS INCLUDED IN ARTICULATING HANDLES PACKAGING.

