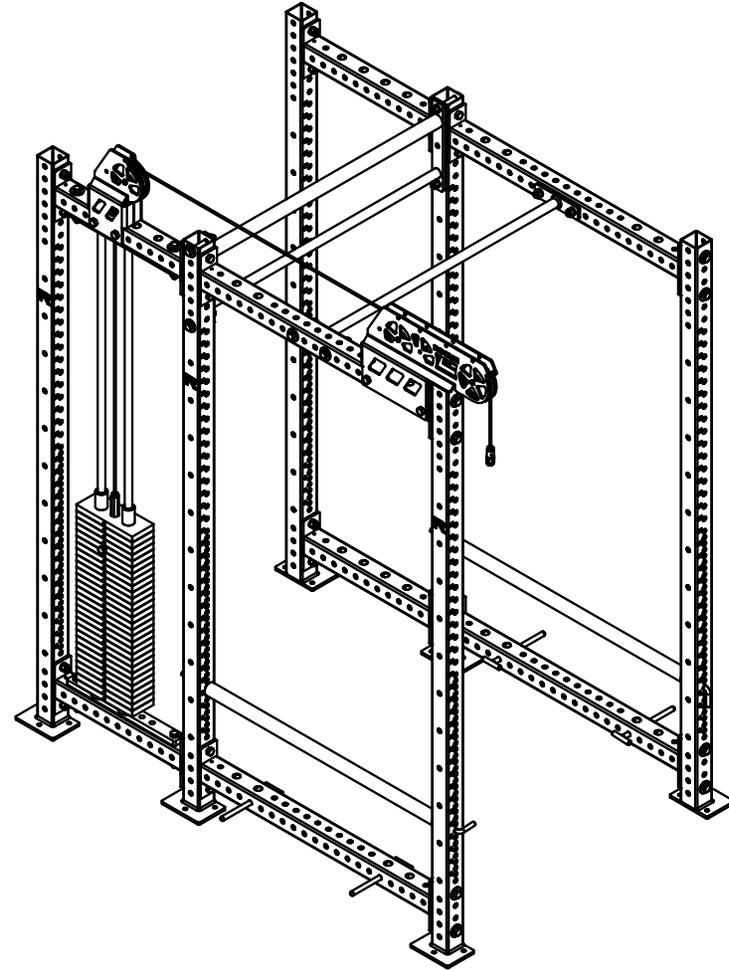


ROGUE

SLML-6 Monster Lite Weight Stack Slinger

Tools Required:

- 15/16" Wrench/Socket
- 9/16" Wrench/Socket
- 7/32" Hex Key
- 3/4" Wrench



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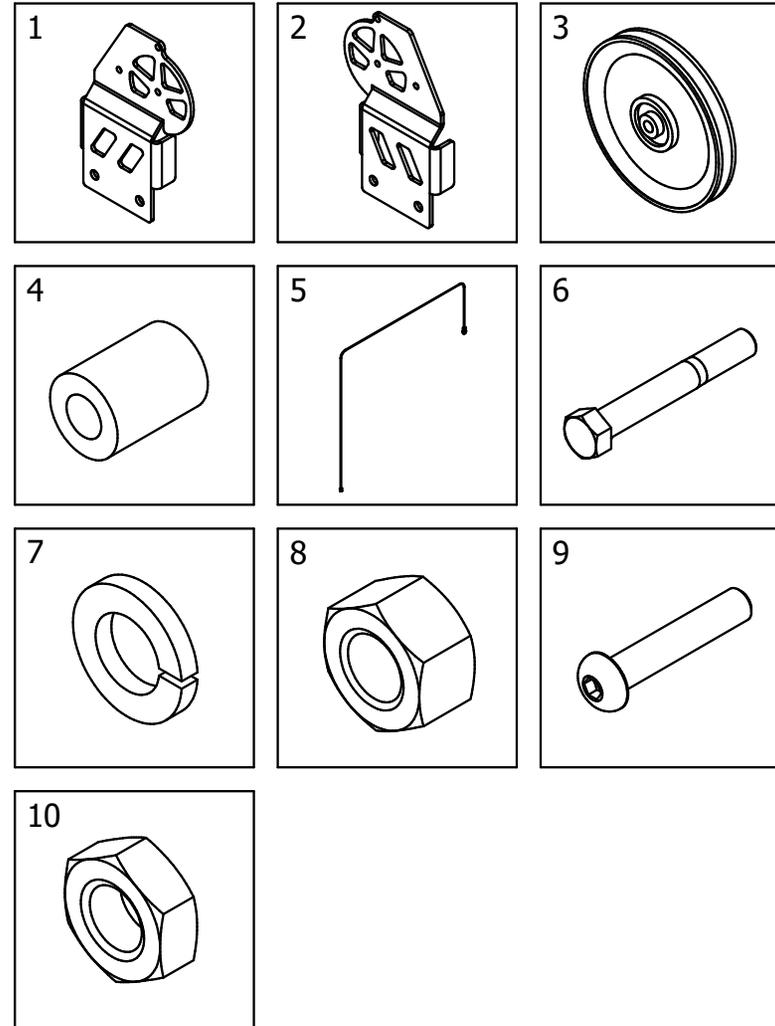
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SLML-6 Monster Lite Weight Stack Slinger

INCLUDED PARTS
*NOTE: IMAGES NOT SHOWN TO SCALE

PARTS LIST		
ITEM	QTY	PART NUMBER
1	1	Left Slinger Bracket
2	1	Right Slinger Bracket
3	1	Pulley
4	2	Plastic Spacer
5	1	Cable
6	2	5/8" x 4-1/2" Hex Bolt
7	2	5/8" Split Lock Washer
8	2	5/8" Hex Nut
9	3	3/8" x 2" Button Head
10	3	3/8" Thin Nylock Nut



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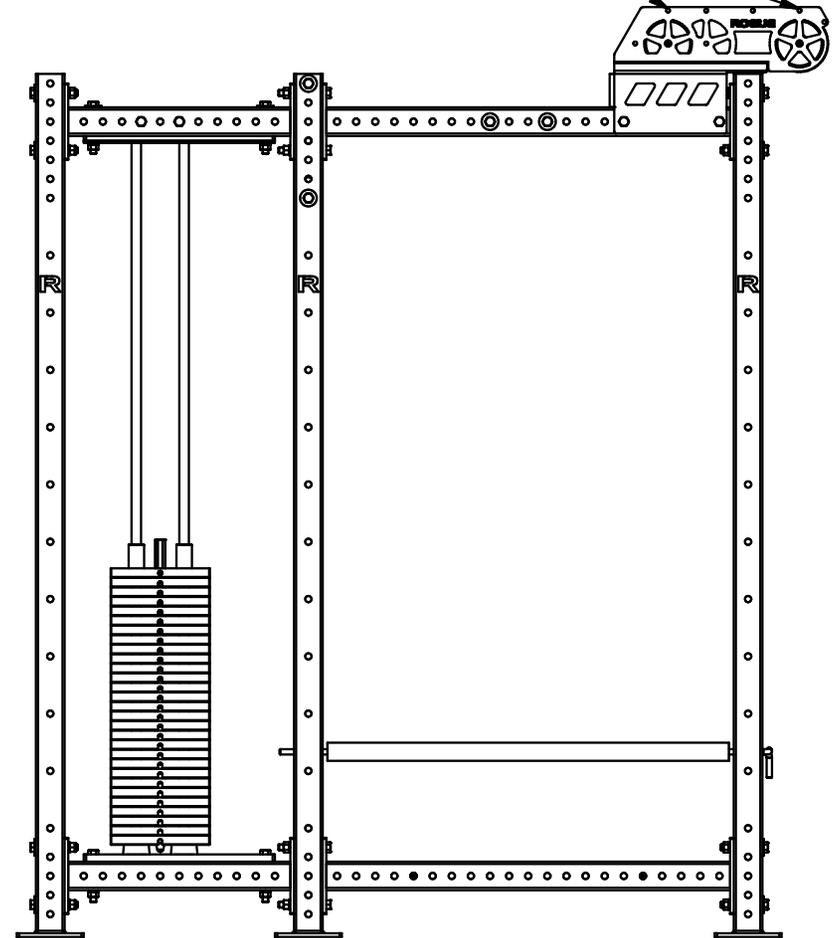
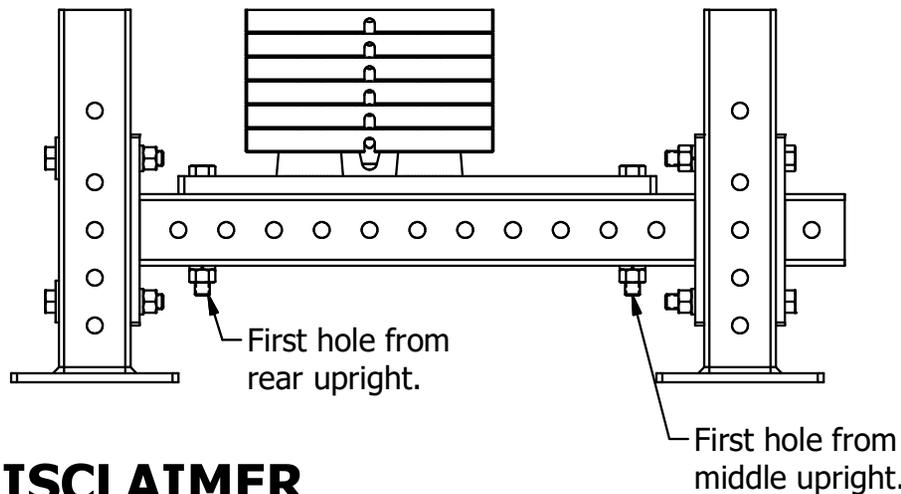
STEP 1:

Ensure your weight stack is correctly assembled, without a cable, at the back half of your RML-690. It is important that the weight stack be located correctly. Also ensure that your Monster Lite slinger brackets are correctly assembled at the front half of your RML-690, without the plastic spacers.

NOTE:

See Monster Lite Slinger Instructions for details on assembly.

No Plastic Spacers or Bolts.



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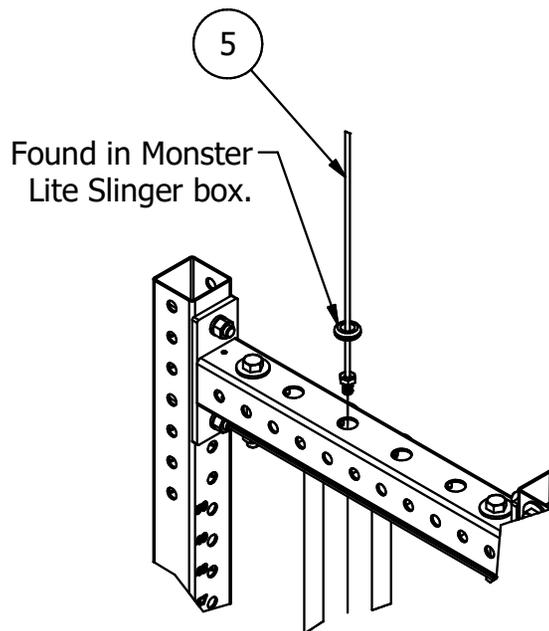
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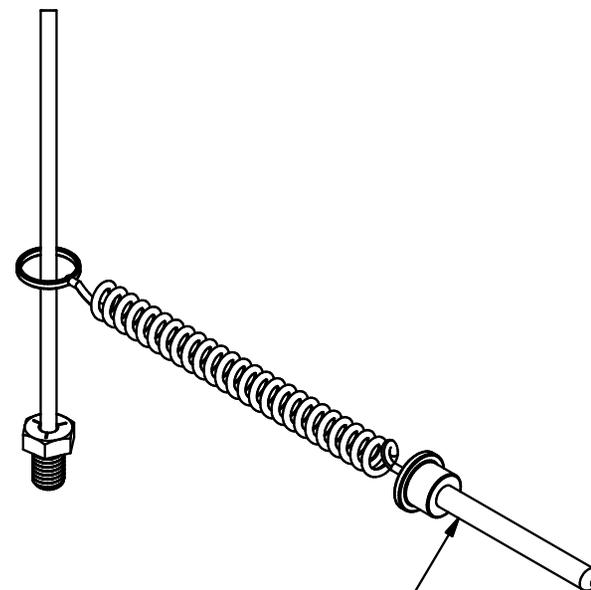
SLML-6 Monster Lite Weight Stack Slinger



STEP 2:
Pass the *Rubber Grommet over the Cable bolt and pass the Cable through 3rd hole from the rear upright.

STEP 3:
Attach the *Selector Pin to the Cable.

*Found in Monster Lite Slinger box.



Found in Monster Lite Slinger box.

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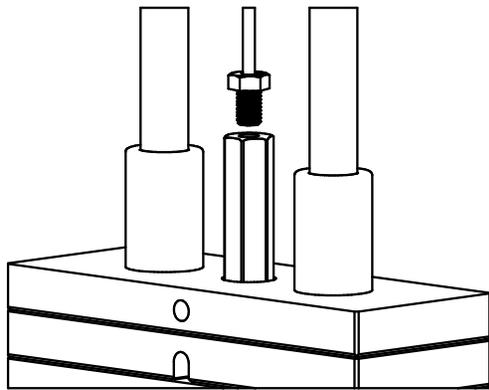
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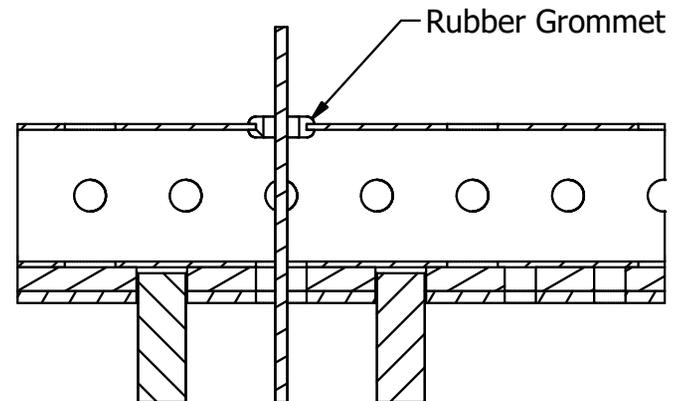
STEP 4:

Thread the Cable bolt into the Selector Rod.
(Fully Tighten)



STEP 5:

Secure the Rubber Grommet to the top 1" hole of the crossmember that the Cable passes through.



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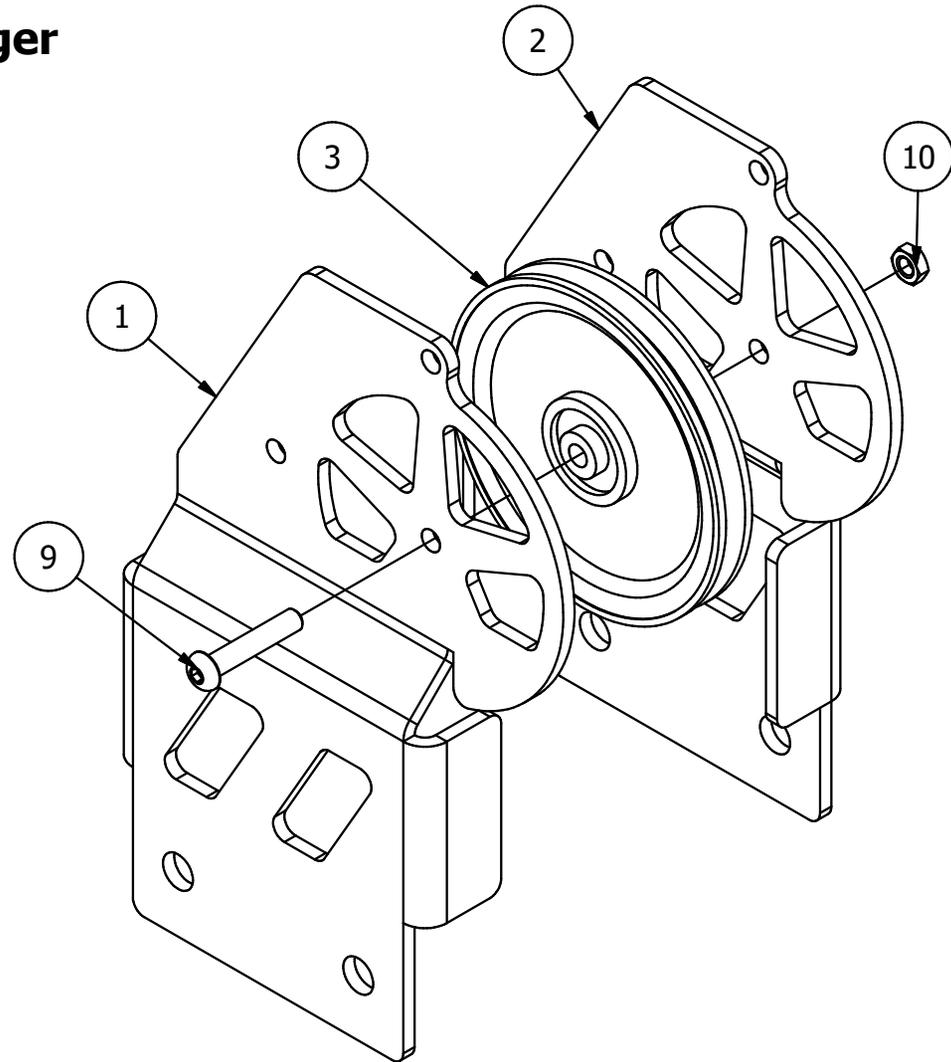
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STEP 6:

Attach the Pulley to the Right and Left Slinger Brackets through the center hole using a 3/8" x 2" Button Head and 3/8" Thin Nylock Nut. (Loosely Hand Tighten).



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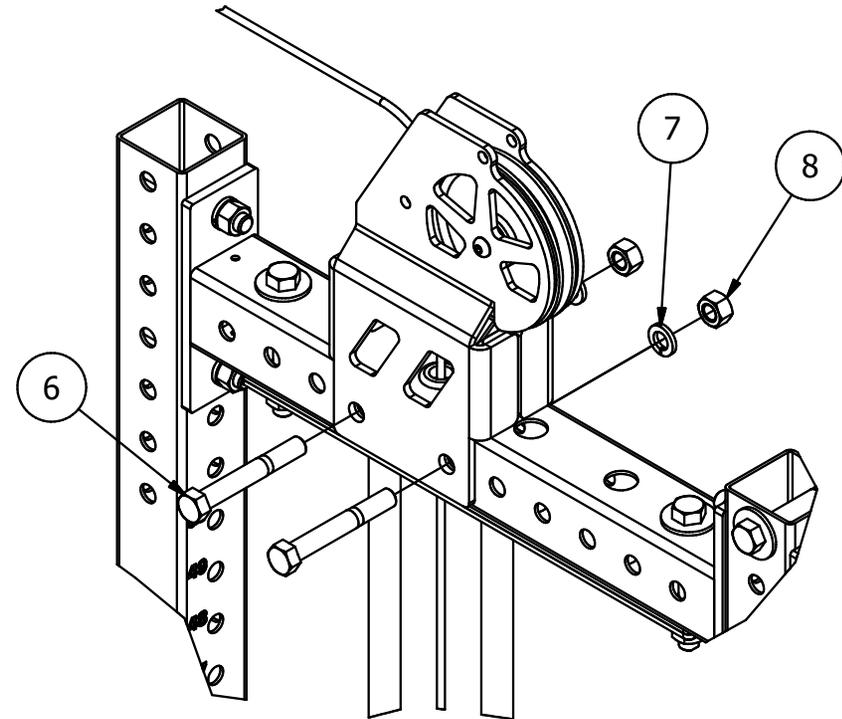
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SLML-6 Monster Lite Weight Stack Slinger

STEP 7:

Attach the Left and Right Slinger Brackets to the 24" Top Crossmember of the RML-690 (above the weight stack) using 5/8" x 4-1/2" Hex Bolts, 5/8" Split Lock Washers, and 5/8" Hex Nuts. The Brackets should be attached at the 4th and 6th holes from the back upright. (Loosely Hand Tighten).



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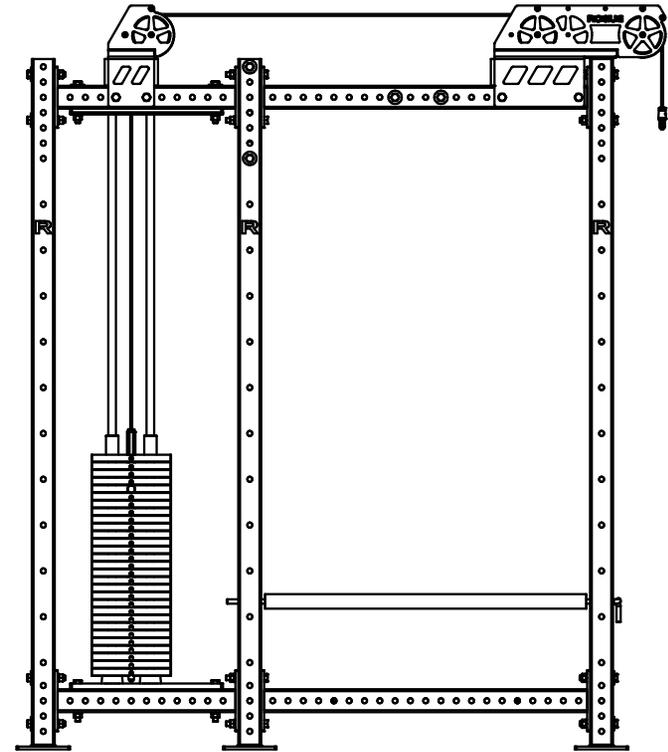
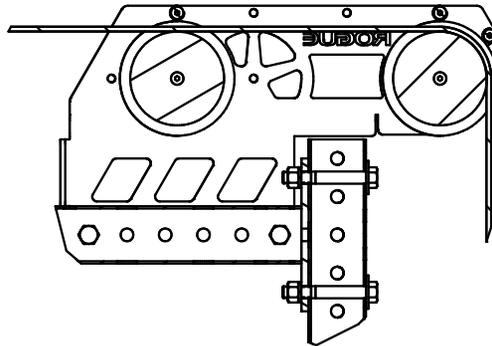
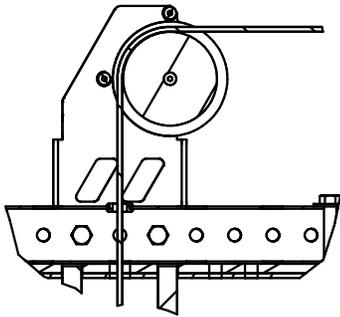
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STEP 8:

Run the Cable along the pulleys of both bracket sets so it rests as shown.



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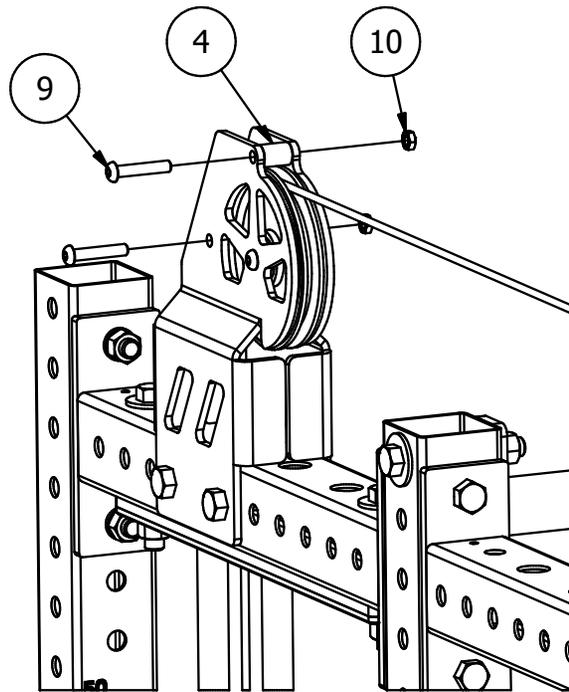
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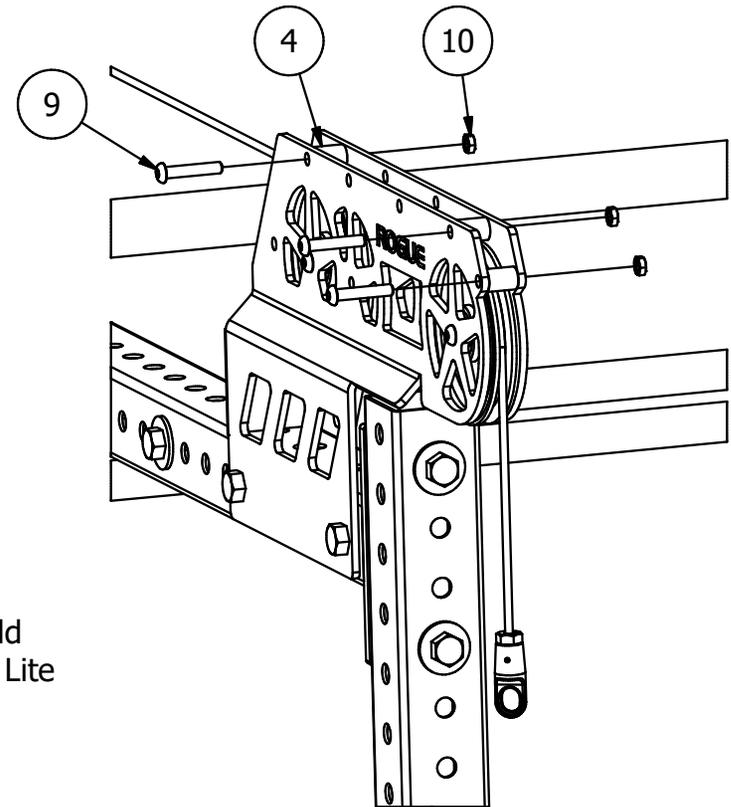


STEP 9:

Insert the Plastic Spacers between both sets of Monster Lite Slinger Brackets and secure them using 3/8" x 2" Button Heads and 3/8" Thin Nylock Nuts. Once all Plastic Spacers are secure, all hardware can be fully tightened.

NOTE:

(2) remaining sets of Button Heads, Nuts, and Spacers should come with the SLML-6 Monster Lite Weight Stack Slinger and (3) with the Monster Lite Slinger.



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