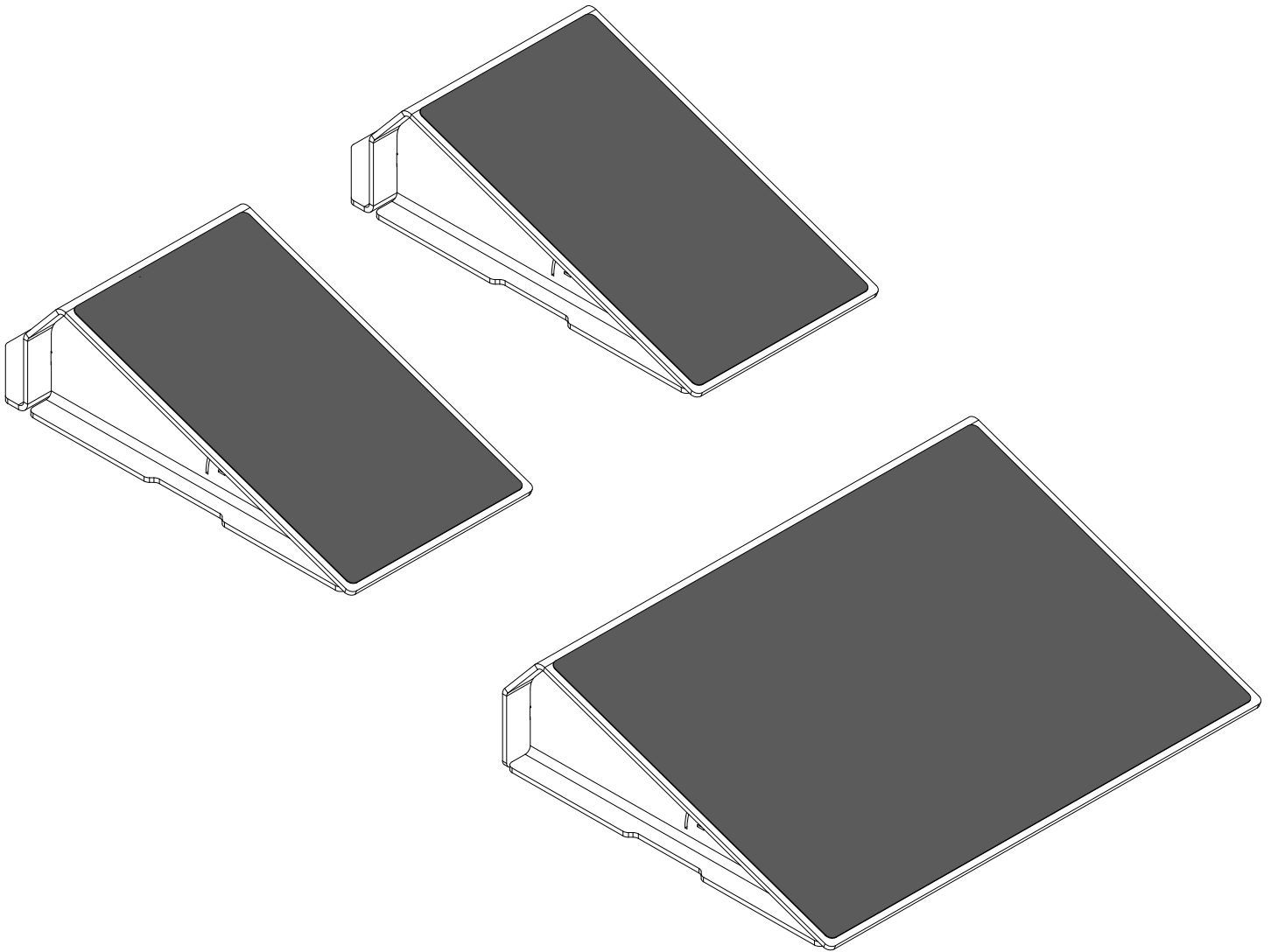


ROGUE®

SQUAT WEDGE



IMPORTANT SAFETY INFORMATION

DISCLAIMER:

Resistance training, gymnastics training, and activities at height are potentially dangerous and may lead to severe injury or even death. Use common sense when training, obtain instruction in the proper execution of movements, and understand your limitations. This equipment must only be used by competent and responsible persons. Obtaining instruction in appropriate techniques and methods of use is your own responsibility. You assume all risks and responsibilities for all damage, injury or death which may occur during or following incorrect use of this equipment in any matter whatsoever. Rogue Fitness bears no liability beyond the replacement value of the equipment in question.

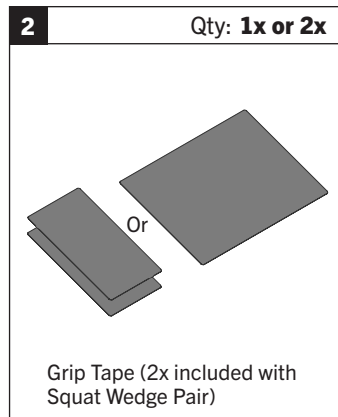
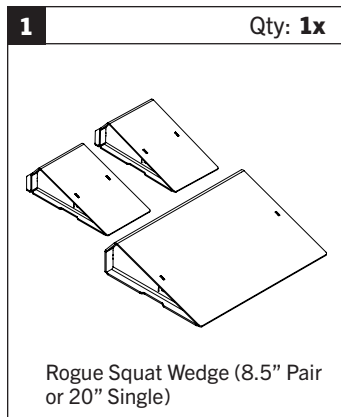
WARNING:

MISUSE OF THIS CAN RESULT IN SEVERE INJURY.

Both Rogue Fitness and buyer disclaim any express or implied warranty, including, without limitation, warranties or merchantability and/or fitness for a particular purpose with respect to the equipment. Buyer assumes all liability to use of equipment.

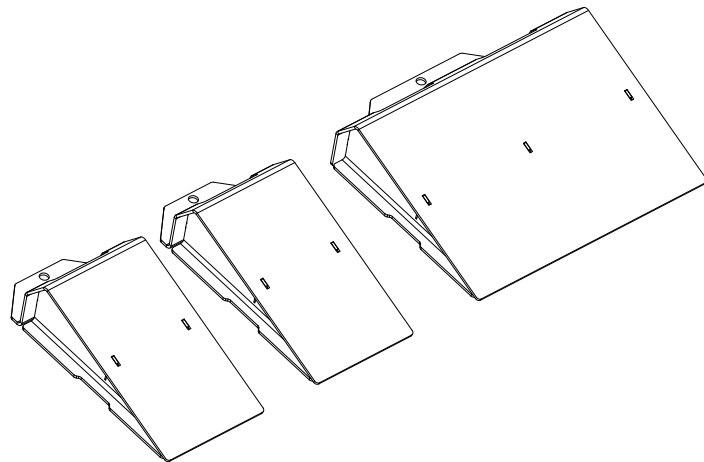
INCLUDED PARTS

Note: Images not shown at scale



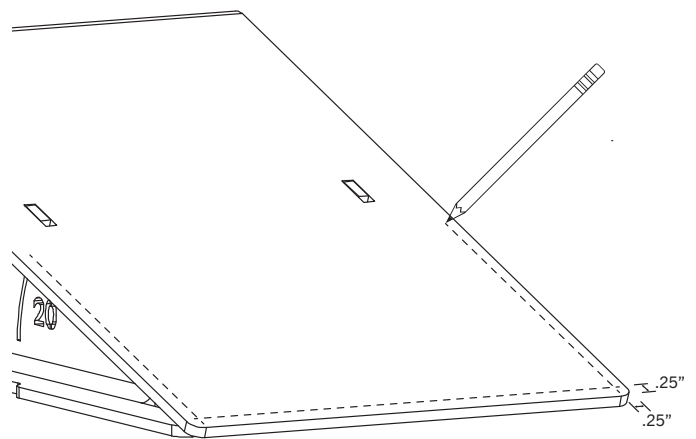
STEP 1

- Wipe down top surface and ensure area is free of any dust or debris.



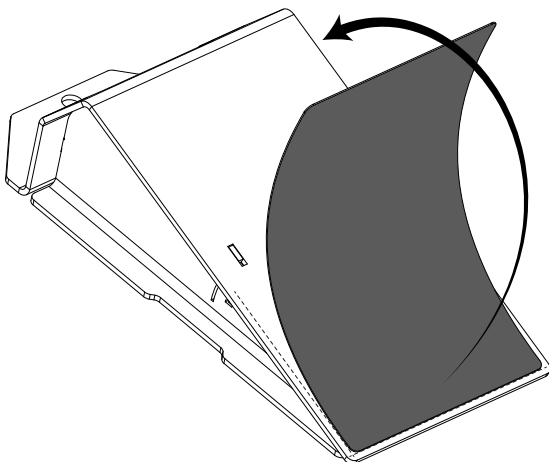
STEP 2

- Using a pencil, lightly mark .25" margin lines from the bottom and side edges as indicated by the dashed line below.



STEP 3

- Remove Grip Tape backing and align to pencil margins. Starting from the bottom edge, carefully place tape and ensure edges are even. Once applied, press down firmly.



WARNING!

- If storing on an Upright, support the Squat Wedge and ensure area below Wedge is clear prior to removing the Detent Pin. Detent Pins are sold separately.

